

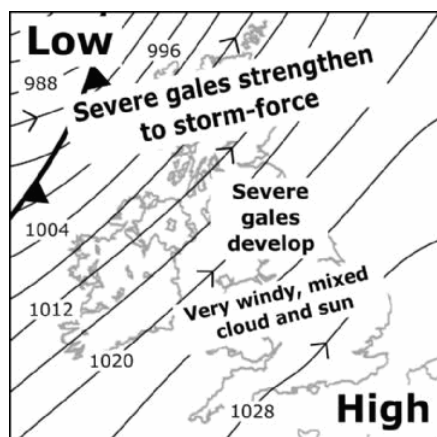
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 14 October, 2026



British Mountain Summary:

Based on forecast chart for noon 14 October, 2026

Gales in north England and Scotland, strengthening for severe conditions, storm-force over Munros. Cloud and patchy rain, mostly west, increasing through afternoon, steady heavy rain northwest highlands later. Near-gales for south Pennines and Wales, mixed cloud and sun, some patchy rain forming.

Headline for Southern Uplands

Gales become severe, powerful gusts; some patchy rain

Detailed Forecast for Wednesday, 14 October, 2026

How windy? (On the summits)	South-southwesterly, in range 40 to 60mph, notable increase with height. Strengthening afternoon, sustained speeds 50-60mph widely with powerful gusts.
Effect of wind on you?	Strenuous walking even on lower hills, gusts knocking you off balance, mobility increasingly difficult on high terrain.
How wet? (Precipitation and its impact)	A little rain mostly west Spots of rain in the wind, most frequent Dumfries & Galloway, substantially dry toward Pentlands and Lammermuir hills. Later, drizzle and patchy rain spreading more widely, then rain gradually sets in and spreads widely overnight.
Cloud on the hills?	Often covering western tops, variably more widely Banks of cloud most persistent in western areas from Moffat hills to Galloway, clinging to most hills above 600-700m, some lower patches near Solway during rain. Further northeast, cloud higher and more broken, though banks spread east around rain.
Chance of cloud free summits?	20% southwest, to 50% northeast
Sunshine? Air clarity (below cloud)	Glimpses of weak sun, mostly east and northeastern areas. Hazy southwestern areas, visibility fairly good northeast, though sometimes deteriorating as rain comes and goes.
How Cold? (at 750m)	7C rising to 10C, staying elevated overnight. Feeling like -5C directly in the wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Thursday, 15 October, 2026

Frontal rain into south Scotland and north England on Thursday, though details of how the front will move are currently uncertain. Starting on the milder side south of the front, fresher air arrives behind the rain Thursday into Friday, sun breaking out with a few showers - Scottish high summits drop back close to freezing with some snow falling on higher tops. Higher pressure builds on Friday, easing remaining showers with plenty of sun breaking out though a gusty northerly wind will persist for a time. A window of settled weather over the weekend and scope for local inversion conditions. Clear night skies allow for chilly mornings, ground frosts likely, and may remain breezy south Pennines and Wales. Pressure remains high into the next week though a few brief unsettled moments come and go.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.