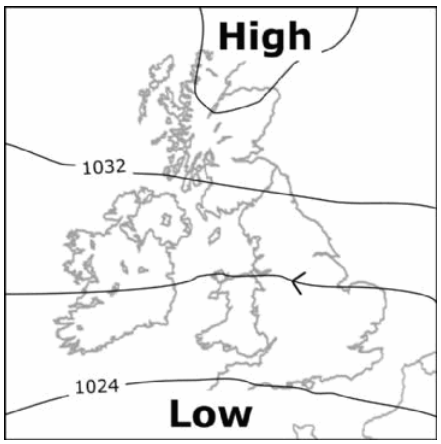
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Friday, 6 November, 2026



British Mountain Summary:
Based on forecast chart for noon 6 November, 2026

Fairly light wind and scattered patches of light rain, amounting to little in total. Cloud base will vary, extensive on higher mountains, but lower down some slopes cloud free, whilst sometimes adjacent slopes remain foggy (or even between cloud layers) - with changes occurring only slowly.

Headline for Southern Uplands

Blustery some higher slopes. Extensive fog higher areas.

Detailed Forecast for Friday, 6 November, 2026

How windy? (On the summits)	Easterly, 20 to 25mph. Will tend to ease through day.
Effect of wind on you?	**Fairly small**
How wet? (Precipitation and its impact)	**Pockets of rain, mainly Borders, wettest Cheviots.** Most possibly all areas west of M74 dry. But damp weather with pockets of light rain will come and go across the Borders - may fall for several hours on the Cheviot hills.
Cloud on the hills?	**Extensive, particularly more eastern hills** Broadly, cloud base typically 600 or 700m. However, mainly Borders, areas of fog will 'hang' on lower slopes most or all day, whilst others are largely cloud free.
Chance of cloud free summits?	**50%**
Sunshine? Air clarity (below cloud)	Occasional sunshine, mainly or only west of M74. The air generally very clear, though misty in rain and fog reaching some lower slopes.
How Cold? (at 750m)	4C Will feel as cold as minus 3C directly in wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 7 November	Sunday 8 November
How windy? (On the summits)	East or northeasterly 10mph, but nearer 20mph morning near the Lothans.	Generally northeasterly 10 to possibly 15mph.
Effect of wind on you?	**Small**	**Negligible**
How wet? (Precipitation and its impact)	**Patches of drizzly rain** Total rainfall small; nevertheless, particularly east of M74, drizzly rain may fall for a couple of hours or so.	**Patches of drizzle, total rainfall small** Little change with a few further pockets of light or very light drizzle.
Cloud on the hills?	**Extensive fog.** Persistent fog most or all hills, forming in and just above some valleys and widely above 300 to 450m - the fog least prevalent west of M74.	**Extensive; cloud base sometimes very different on nearby slopes** Detail uncertain: Cloud extensive or persistent above 700m. Lower down, fog clinging to many slopes from valleys up all day, whilst others are fog free or between layers of cloud. Generally least foggy toward Galloway.
Chance of cloud free summits?	**10%**	**10%**
Sunshine? Air clarity (below cloud)	Cloudy or dull and extensively misty or foggy.	Cloudy or dull with extensive fog - possibly brighter with glimpses of sun and very good visibility toward Galloway.
How Cold? (at 750m)	5C	4C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 7 November, 2026

High pressure will continue to be the main influence into next week, particularly W & NW Highlands where extensively dry and wind often light. However, disappointing for other areas as 'gloomy' conditions predominate" patches of light rain and extensive low cloud and fog.
Into next week, an area of low pressure will bring rain and wind in from the southwest but northern Scotland may escape most or all the rain.

Forecast issued at 8:10 on Friday, 6 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.