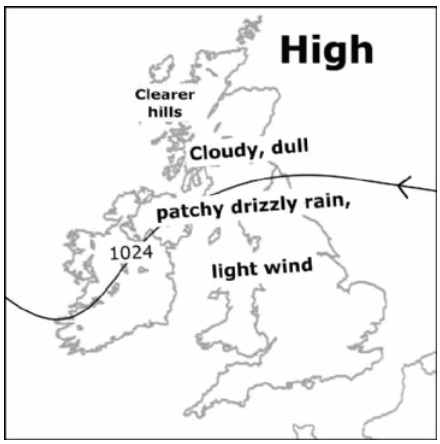
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

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General Summary for Saturday, 7 November, 2026



British Mountain Summary:
Based on forecast chart for noon 7 November, 2026

Extensively cloudy and dull, some drizzle or light rain, but total amounts small. Areas of fog in places from low terrain upward and cloud banks across hills. Some highest Scottish summits may just poke out above cloud, but local variations. Generally light wind.

Headline for Southern Uplands

Fog and drizzle most persistent east.

Detailed Forecast for Saturday, 7 November, 2026

How windy? (On the summits)	Easterly 10mph, but 15-20mph in the morning near the Lothans.
Effect of wind on you?	**Small**
How wet? (Precipitation and its impact)	**Patches of drizzly rain** Total rainfall small, but particularly east of then M74, drizzly rain may fall for a couple of hours or so.
Cloud on the hills?	**Extensive fog across the hills.** Persistent fog most or all hills, forming in and just above some valleys and widely above 300 to 450m up to the summits - the fog least prevalent west of M74.
Chance of cloud free summits?	**10%**
Sunshine? Air clarity (below cloud)	Cloudy or dull and extensively misty or foggy.
How Cold? (at 750m)	5C
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Sunday 8 November	Monday 9 November
How windy? (On the summits)	East to northeasterly 10mph.	Easterly 10mph or less in places, but Galloway hills may be more often 10-15mph, rising a little up to dusk.
Effect of wind on you?	**Negligible**	**Mostly negligible**
How wet? (Precipitation and its impact)	**Patchy drizzle** Local pockets of light or very light drizzle.	**No rain expected** Locally feeling damp where in fog.
Cloud on the hills?	**Extensive; cloud base sometimes very different on nearby slopes** Some local variations, but cloud likely extensive or persistent above 700m. Lower down, fog clinging to many slopes from valleys up all day, whilst others are fog free or between layers of cloud. Generally least foggy toward Galloway.	**Varied fog and low cloud** Some uncertainty, but cloud likely to fairly extensively cover high terrain, plus areas of fog in the valleys. Some slopes may be clearer between fog layers. May break up to be clearer toward west of the M74.
Chance of cloud free summits?	**10%**	**30%**
Sunshine? Air clarity (below cloud)	Cloudy or dull with extensive fog - some areas brighter with glimpses of sun and very good visibility toward Galloway.	Mostly little sun, best chance toward west, possibly breaking through in Galloway. Generally hazy, or foggy, some local improvements in west.
How Cold? (at 750m)	4C	3C.
Freezing Level	Above the summits.	Above the summits, but patchy frost some inland valleys early morning.

Planning Outlook

All mountain areas of Britain from Sunday, 8 November, 2026

High pressure persists into the start of the new week with light winds for much of Scotland, though an easterly wind will increase for England and Wales. The west and northwest Highlands most extensively dry with cloud breaks and sun. However, disappointing for other areas as 'gloomy' conditions predominate, with patches of light rain and extensive low cloud and fog. Into midweek, an area of low pressure will bring rain and wind in from the southwest but northern Scotland may escape most or all the rain. Late in the week, indications favour a switch to a colder northerly flow for a time in Scotland at least and brings scope for snow showers to northern mountains.

Forecast issued at 15:30 on Friday, 6 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.