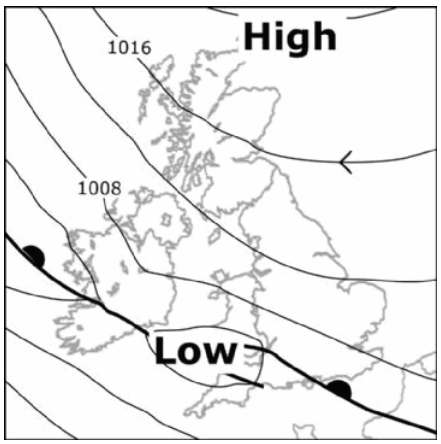
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

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General Summary for Sunday, 22 November, 2026



British Mountain Summary:
Based on forecast chart for noon 22 November, 2026

Windy across upland Britain, gales some higher areas, particularly Snowdonia. Extensively dry and cold and much terrain will be at least partially frozen. However, cloud progressively thicker southward across Wales, with an almost stationary area of rain South Wales.

Headline for Southern Uplands

Upland wind near gale. Fine; intermittent sunshine.

Detailed Forecast for Sunday, 22 November, 2026

How windy? (On the summits)	Easterly 25 to 35mph, locally very gusty, sometimes on lower slopes. Strongest wind west of M74, where sometimes 40mph. Very gusty in places, sudden gusts penetrating to some lower slopes and valleys.
Effect of wind on you?	**Considerable wind chill and sometimes abrupt, gusty winds will make balance difficult in places; sometimes on lower slopes.**
How wet? (Precipitation and its impact)	**Precipitation very unlikely** East of M74 isolated very light showers, giving or snow flurries highest tops.
Cloud on the hills?	**Little if any** A few patches may shroud tops above 750m
Chance of cloud free summits?	**80%**
Sunshine? Air clarity (below cloud)	Bright sunshine frequently, banks of cloud will come and go - most widely east of M74. Visibility excellent.
How Cold? (at 750m)	0C. Will feel as cold as minus 8C directly in the wind.
Freezing Level	800m. After a frost, terrain largely frozen lower slopes, particularly those out of the sun.

Southern Uplands - Looking Ahead

	Monday 23 November	Tuesday 24 November
How windy? (On the summits)	Southeasterly between 15 and 25mph, strongest Galloway.	South to southeaesterly, strengthening quickly with height a very gusty 35-55mph. Ferocious gusts; some reaching valleys.
Effect of wind on you?	**Fairly small.**	**Severe wind chill and very difficult walking where exposed. Gusts may well knock you over - even on some lower slopes.**
How wet? (Precipitation and its impact)	**Precipitation very unlikely** Possibly the odd very light shower.	**Frequently raining; snow Border hills** An area of rain will extend eastwards, probably during morning, possibly before dawn. Will fall as snow above about 500m, mainly east of M74.
Cloud on the hills?	**Very little: Confined to highest tops** Banks of cloud may come and go above 700m.	**Very extensive; lowest cloud base toward the south** Most hills could start cloud free. In rain, cloud base will drop, generally to around 600 or 700m toward central belt, but 300-500m east from the Cheviots to Moffat area an Galloway.
Chance of cloud free summits?	**80%**	**20%**
Sunshine? Air clarity (below cloud)	Patchy sunshine and very good visibility.	Dull and misty with visibility very poor or appalling in snow.
How Cold? (at 750m)	1C. Will feel as cold as minus 5C in the wind.	Varied: -1 to 3C, tending to rise from west. Will feel as cold as minus 12C in the wind.
Freezing Level	800m. Some lower areas partly frozen after a frost in sheltered valleys.	600m, tending to lift above the summits from the west.

Planning Outlook

All mountain areas of Britain from Monday, 23 November, 2026

Colder than normal most mountain areas throughout next week. Precipitation and temporarily warmer conditions will occasionally penetrate across most southern and western mountains, but particularly later in the week, freezing level across Britain may drop to a few hundred metres - with much higher terrain persistently frozen. Most considerable snowfall is likely over the SE Highlands and perhaps Scottish Border hills.

Forecast issued at 12:20 on Saturday, 21 November, 2026

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