

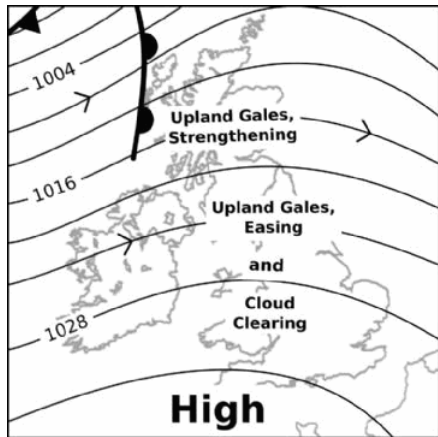
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 26 January, 2024



British Mountain Summary: Based on forecast chart for noon 26 January, 2024

Highlands: Upland gales getting stronger through the day. Snow and hail on and off all day along the west coast but mostly dry in the east.
England, Wales & Southern Uplands: Upland gales tending to ease and becoming dry with only very isolated showers. Many summits cloud free and bursts of sunshine. Remaining cool.

Headline for West Highlands Upland gales getting stronger

Detailed Forecast for Friday, 26 January, 2024

How windy? (On the Munros)	Westerly 45 to 50mph in the morning, although slightly lower on Arran. Gradually backing to southwesterly 50 to 55mph in the afternoon, risk higher.
Effect of wind on you?	Walking increasingly difficult on higher areas; at times gusts could blow you over, particularly near precipitation. Significant wind chill.
How wet? (Precipitation and its impact)	Snow and hail Occasional snow and hail on and off all day. Rain only in and just above valleys.
Cloud on the hills? Chance of cloud free Munros?	Rarely clearing higher tops Varying cloud base: patches below 450 to 600m near precipitation (generally highest easternmost hills). Otherwise, base typically 800 to 1000m, again generally highest well inland, where highest tops may briefly clear. 20%
Sunshine? Air clarity (below cloud)	Bursts of sunshine, most widely lower easternmost slopes. Hazy, and abruptly very poor visibility in snow.
How Cold? (at 900m) Freezing Level	-2C. Will feel as cold as -20C directly in the wind. Warming into evening night. 750m. Lifting above summits overnight.

West Highlands - Looking Ahead

	Saturday 27 January	Sunday 28 January
How windy? (On the Munros) Effect of wind on you?	Lochaber: Southwesterly 50 to 60mph Lomond and Arran: Southwesterly 40mph. May ease a little everywhere in afternoon. Lochaber: Difficult walking conditions; you may be blown over in Lochaber. Loch Lomond: Foot placements and balance challenging. Severe wind chill.	Southwesterly 60 to 80mph. Walking very challenging. Very powerful gusts will occasionally reach lower sheltered slopes. Severe wind chill.
How wet? (Precipitation and its impact)	Rain/snow showers, heavy in afternoon Rain and snow showers on and off through the day, particularly near coastal mountains. Becoming heavier and more widespread in the afternoon. Loch Lomond NP and Arran may have occasional drizzle.	Rain moving in Risk of pockets drizzle near coast in the morning will reduce through the day. Rain probably setting in from the afternoon or evening, initially Lochaber.
Cloud on the hills?	Extensive Cloud down to lowest slopes near coast and southern Loch Lomond NP. Cloud base will be mid-slopes or higher well inland.	Extensive Extensive cloud mid-slopes may clear toward higher summits intermittently in Lochaber. Persistently very low cloud near the coast.
Chance of cloud free Munros?	20%	30%
Sunshine? Air clarity (below cloud)	Little or no sunshine. Hazy, particularly near the coast.	Little or no sun except, perhaps, on higher summits. Very hazy.
How Cold? (at 900m) Freezing Level	Around 0C. Feeling around -15C in the wind. 800 to 1000m, coldest Lochaber.	4C, feeling below -10C in the wind. Above summits

Planning Outlook

All mountain areas of Britain from Saturday, 27 January, 2024

Total rainfall will be very small in Wales, the Peak District and the southern Pennines over the weekend and beyond. High winds over the weekend will temporarily ease for a day to two early next week. Periods of freezing temperatures will be brief on higher summits away from the Highlands, whilst across the Scottish Highlands, there will be a series of freeze-thaw cycles. Fronts continue to move across the Highlands, particularly the north west.

Forecast issued at 16:20 on Thursday, 25 January, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.