

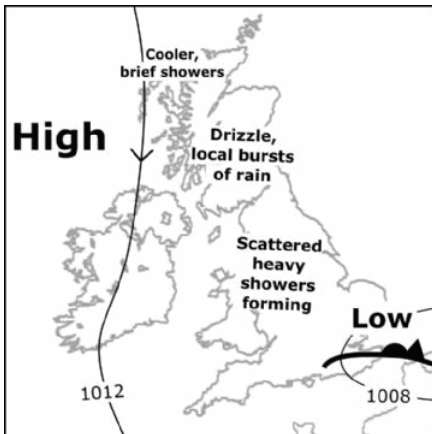
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Monday, 6 May, 2024



### British Mountain Summary:

#### Based on forecast chart for noon 6 May, 2024

Central, east and southern Scotland sees areas of rain from early in the day - these then redeveloping into local thundery downpours into afternoon. For England and Wales, scattered heavy and locally thundery showers also forming later. Winds fairly light overall. Varied cloud bases, limited sun.

### Headline for West Highlands

Thundery bursts forming south; brighter Lochaber. Light winds.

## Detailed Forecast for Monday, 6 May, 2024

<p><b>How windy? (On the Munros)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Light and variable 5-10mph inland, but northerly down west coast 15mph, locally 20mph Mull.</p> <p>Risk local gusts 25mph inland around heavy showers.</p> <p><b>Mostly small, but feeling noticeable cooler if exposed to stronger breezes.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Rain mostly inland and southern areas, risk local thunderstorms afternoon.</b></p> <p>Local rain or drizzle from before dawn into morning, mainly toward central highlands with odd heavier bursts. In afternoon, slow-moving heavy bursts focused around Loch Lomond NP, risk localised thunderstorms forming. For much of Lochaber, just isolated showery bursts. Most west coastal mountains largely dry. Some patchy rain Arran.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free Munros?</b></p>	<p><b>Extensive, lifting with some breaks</b></p> <p>Banks of low cloud widely, varied heights from lower slopes up in morning. Slow rise in bases, with the best breaks developing across Lochaber in the afternoon. Ragged patches lowering in heavy showers.</p> <p><b>30% rising to 60%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Mostly overcast with rare glimpses of sun. May become sunnier coasts afternoon. Hazy, with rather murky conditions, improving to be good Lochaber and coast.</p>
<p><b>How Cold? (at 900m)</b></p> <p><b>Freezing Level</b></p>	<p>6 to 8C, coolest coastal hills near Mull (wind chill here feeling near to freezing); dropping slightly into evening, to 3 or 4C from dusk especially Lochaber.</p> <p>Above the summits</p>

## West Highlands - Looking Ahead

	<b>Tuesday 7 May</b>	<b>Wednesday 8 May</b>
<b>How windy? (On the Munros)</b>	Variable 5-10mph or less.	South to southwesterly 15 to 25mph, may strengthen to 30-35mph with time Ben Nevis range to Mull.
<b>Effect of wind on you?</b>	<b>Small</b>	<b>Fairly small, but increasingly breezy over some higher terrain, affecting comfortable walking and balance where exposed.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Local showers may form</b> Pockets of drizzle early in the day fading. Chance of local showers forming into the afternoon, mainly inland and around Loch Lomond NP.	<b>Risk a little rain</b> Patchy drizzly rain may develop from the west, risk becoming steadier rain over west coastal mountains near Mull.
<b>Cloud on the hills?</b>	<b>Lifting with increasing breaks</b>  Banks of cloud at various heights in the morning, patchy fog in some glens. Will lift toward higher slopes with some breaks forming toward tops, best Lochaber.	<b>Risk lowering from west</b>  Varied banks of cloud over the hills, some breaks inland for periods. Risk of lowering cloud filling in toward coastal mountains.
<b>Chance of cloud free Munros?</b>	<b>60%</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly cloudy, sun best near west coast in afternoon. Misty in places early in the day, visibility becoming good.	Occasional sun, high cloud may thicken to become overcast from west. Visibility good, but reducing to become poor if rain develops near coast.
<b>How Cold? (at 900m)</b>	4 to 6C.	4 to 6C. Feeling sub-zero on tops in increasing wind.
<b>Freezing Level</b>	Above the summits	Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 7 May, 2024**

High pressure builds from the west to be centred over England and Wales into midweek. A fair amount of dry weather in the outlook which may well last through next weekend. Isolated afternoon showers some days. Some weak fronts drifting in from the Atlantic on southwesterly winds bring a risk of occasional rain to the West and Northwest Highlands, with mountains covered in cloud for periods here, especially near to coasts in west. Often dry with higher cloud bases toward the central and eastern Highlands. Briefly cooler in northern Scotland early in the week, but mostly fairly warm and winds often light.

**Forecast issued at 16:10 on Sunday, 5 May, 2024**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.