

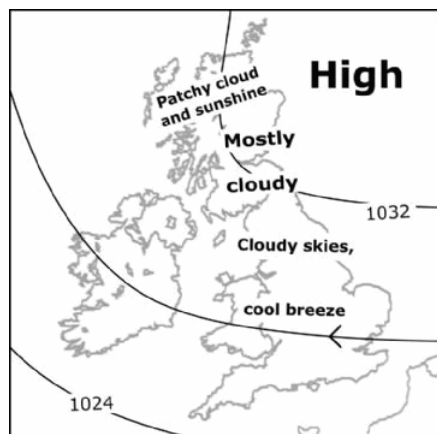
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Monday, 17 March, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 17 March, 2025

Staying near freezing on higher tops. Light winds for the Highlands, a chilly easterly breeze further south. Generally dry but rather cloudy, although much cloud lifting above the hills. Best sunshine toward the north and northwest of Scotland, also nearer western coasts in England and Wales.

### Headline for West Highlands

Chilly, but mostly light winds, dry with patchy sun.

## Detailed Forecast for Monday, 17 March, 2025

<b>How windy? (On the Munros)</b>	Easterly though at times variable, 10-15mph. Highest winds Arran.
<b>Effect of wind on you?</b>	Mostly small
<b>How wet?</b> (Precipitation and its impact)	No precipitation expected
<b>Cloud on the hills?</b>	<b>Mostly little, some caps over high tops</b> Patchy morning cloud over high terrain nearby Rannoch Moor and Ben Nevis. Bases lift for a mostly clear day, some high tops seeing passing banks.
<b>Chance of cloud free Munros?</b>	80%
<b>Sunshine?</b> Air clarity (below cloud)	Frequent sun, becoming extensive. Visibility excellent or superb.
<b>How Cold? (at 900m)</b>	-1C rising a degree or two in the south, near +2C north of Mull.
<b>Freezing Level</b>	Frost some glens and sheltered higher areas at dawn. Becoming near 1000m north of Mull, 900m to the south.

## West Highlands - Looking Ahead

	<b>Tuesday 18 March</b>	<b>Wednesday 19 March</b>
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	South to southeasterly 10-20mph, strongest winds over coastal mountains. Gusty. <b>Fairly small, risk of marked gusts on high coastal mountains.</b>	Southeasterly or variable, 5 to 10mph.  <b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No precipitation expected</b>	<b>No precipitation expected</b>
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Little to none</b>  Patchy mist in valley bottoms in the morning, some isolated clouds over high tops too. All clearing for cloud-free hills.  <b>Above 90%</b>	<b>Any early patches clearing</b>          <b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widespread sunshine. Excellent visibility, perhaps some haze near Loch Lomond and Arran.	Sunshine and thin high cloud. Visibility excellent, perhaps a little hazier toward the central belt.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	Around -1C, rising to +1 or 2C.  Frosts at dawn for sheltered slopes and glens. Rising to around 1100m though poorly defined.	2C, rising slightly higher by afternoon on south-facing slopes.  Slight frost many inland glens and sheltered higher areas at first. Otherwise just above freezing up to highest tops.

## Planning Outlook

### All mountain areas of Britain from Tuesday, 18 March, 2025

High pressure persists, maintaining dry conditions during this week. East to southeasterly winds will prevail, ushering in milder air from southern Europe with time - rising above freezing to highest summits into midweek. Cloud breaking up to offer sunnier skies more widely, but clear skies overnight will bring frosty dawns to many valleys and glens for several more nights ahead. By the end of this week, lowering pressure from Biscay will introduce an increasing risk of showery rain, soonest for Wales. Pressure may remain fairly high to the north, resulting in little rain for Scotland in the extended outlook. Late March may draw in some chillier air from the north once again.

### Forecast issued at 16:30 on Sunday, 16 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.