

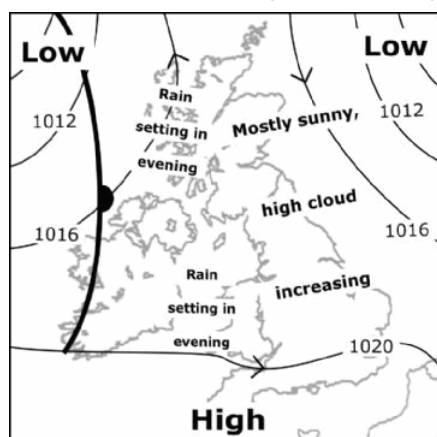
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 23 May, 2025



British Mountain Summary:

Based on forecast chart for noon 23 May, 2025

A sunny start for most. High cloud begins drifting over western areas, gradually thickening through afternoon. Patchy high cloud builds in eastern Scotland and down the spine of the Pennines before high cloud reaches these areas too. Overcast for most by dusk with rain setting into western coastal areas, spreading east overnight.

Headline for West Highlands

Patchy sun, high cloud increasing; evening rain setting in

Detailed Forecast for Friday, 23 May, 2025

How windy? (On the Munros)	Variable 10mph or less. Shifting southwesterly afternoon 15-20mph, further strengthening by dusk to 25-35mph, soonest and strongest near coast and islands.
Effect of wind on you?	Negligible much of the day. Some uncomfortable winds later afternoon, deteriorating into the evening - balance challenges may arise after sunset.
How wet? (Precipitation and its impact)	Setting in later afternoon into evening Dry for much of the daytime. Rain approaching from the west later afternoon, soonest Mull to Jura; extending inland through dusk, setting in steadier then heavier widely. Rain and drizzle continues during night.
Cloud on the hills?	Little if any until evening Isolated cloud caps may drift over highest terrain around Lochaber/Loch Linnhe at first, soon dissipating for cloud-free hills. Banks of cloud returning to high terrain along the coast later afternoon, widely filling in, lowering, and spreading inland into night.
Chance of cloud free Munros?	Above 90% most of daylight
Sunshine? Air clarity (below cloud)	Extensive sun through morning, high cloud filling in through afternoon, becoming overcast by evening. Superb visibility.
How Cold? (at 900m)	4C; well inland areas may be near 2C at dawn. Rising to 6 or 7C, reaching near 9C well inland.
Freezing Level	Above the summits. Frost inland glens at dawn.

All mountain areas of Britain from Saturday, 24 May, 2025

Low pressure facilitates a strong westerly Atlantic breeze over the weekend: blustery winds, low cloud, damp conditions for Saturday, then widely heavier rain is expected by Saturday night, accompanied by winds strengthening to gale force over many hills. Remaining very windy through Sunday and Monday with mountain gales; cooler too, with heavy showers, particularly frequent in western Scotland, a risk of hail and thunder. A changeable week follows, winds generally easing and likely a period of rain for England and Wales Tuesday. Eastern Scotland may be substantially dry with regular sun. Some improvement likely late week into the weekend.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.