

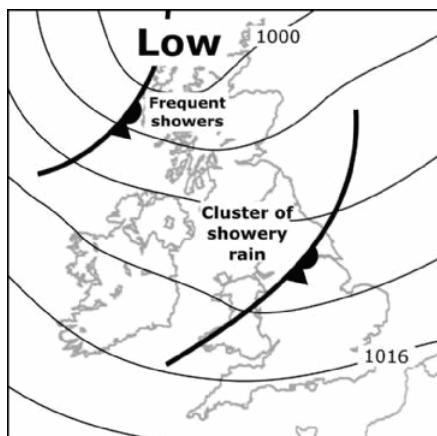
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 1 June, 2025



British Mountain Summary:

Based on forecast chart for noon 1 June, 2025

Low pressure brings a cold and blustery westerly airflow. Area of rain southern Highlands southwards, will clear in morning, brighter conditions following. Showers transferring inland from west coast, concentrated NW Highlands and later NE Scotland, where risk of thunder. Turning mostly dry later in the day for England and Wales.

Headline for West Highlands

Early rain, then lull, before frequent showers return. Hill fog persisting.

Detailed Forecast for Sunday, 1 June, 2025

How windy? (On the Munros)	Southwesterly 15-20mph before midday, becoming westerly, later northwesterly, 30-40mph. Strongest near coast where may lift to 45mph for a few hours.
Effect of wind on you?	Small in the morning. Afternoon: increasingly very blustery; balance beginning to be affected and risk of arduous conditions, perhaps difficult west coast. Cold for June; significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers into afternoon Batch of heavy rain Lochaber southwards, soon clearing early in morning. Scattered showers, initially drizzly follow, will develop into some heavy downpours into afternoon, and gradually drifting eastwards. Risk hail, with sleet on Ben Nevis summit. Drier into evening.
Cloud on the hills? Chance of cloud free Munros?	Extensive near coast, some breaks inland for a time. Cloud down to lower slopes on and near the west coast in the morning. Inland, will tend to slowly rise and break up a little for a time toward midday, but unlikely to clear upper slopes, before then reforming widely through afternoon as showery trough brings frequent precipitation. 30%
Sunshine? Air clarity (below cloud)	Patchy sunshine developing for a time, particularly on lower slopes away from the coast. Excellent visibility inland, but becoming poor in drizzly showers or heavy downpours.
How Cold? (at 900m) Freezing Level	4 or 5C. Feeling as cold as -5C in the afternoon wind. Above the summits.

All mountain areas of Britain from Monday, 2 June, 2025

Atlantic low pressure systems will continue to dominate and bring a sustained period of westerly winds for the next 7 to 10 days. High rainfall western mountains, with periods of strong to gale force westerly winds bringing significant chill factor. Best of the drier and brighter weather for eastern ranges. Freezing level at times down to 1200-1400m in Scotland, bringing occasional snow to the highest Munro tops.

Forecast issued at 16:22 on Saturday, 31 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.