

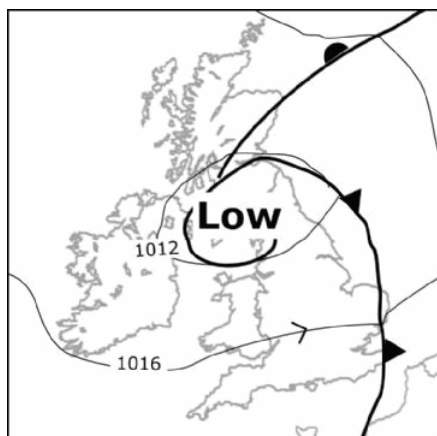
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 14 June, 2025



British Mountain Summary:

Based on forecast chart for noon 14 June, 2025

Varied across Britain through the day, particularly England and Wales, where some sunshine will be interspersed with rain (including thunderstorms), low cloud and changes in wind speed and direction. Changes slower in Scotland where broadly a band of thundery rain will move northwards.

Headline for West Highlands

Thundery rain and low cloud.

Detailed Forecast for Saturday, 14 June, 2025

How windy? (On the Munros)	Direction varied, but mostly easterly. Frequently 15mph or less, perhaps 25mph at times well inland.
Effect of wind on you?	Mostly small, but gusty for periods - these could well unbalance you.
How wet? (Precipitation and its impact)	Thundery rain most of morning; then tending to ease. Thundery rain much of the day (dry for a few hours post dawn Lochaber/Mull). Generally from afternoon heavy bursts becoming infrequent, initially near central belt and occasionally ceasing. Considerable rain some areas; some burns rising rapidly.
Cloud on the hills?	Soon very extensive, although some breaks to higher slopes near coast Soon frequent or persistent fog higher slopes, and toward central highlands fog sometimes as low as 400m. May improve at times late in day: perhaps breaks toward or above 900m.
Chance of cloud free Munros?	Soon only 10%
Sunshine? Air clarity (below cloud)	Cloudy or dull and misty most or all day.
How Cold? (at 900m)	9C.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Sunday 15 June	Monday 16 June
How windy? (On the Munros)	Westerly, 25mph.	Between southwest and west; 30mph - perhaps 35mph higher summits.
Effect of wind on you?	Mostly fairly small	Expect increasing buffeting with height: walking often arduous where exposed on highest areas. Considerable wind chill.
How wet? (Precipitation and its impact)	Drizzly rain, mainly toward coast Drizzly rain, generally within 10 miles of so of the general lie of the west coast (including near Loch Linnhe) and Loch Etive. Further inland, drizzly showers rarely.	Little or no rain Risk of a few showers.
Cloud on the hills?	Unlikely to clear all day; very low cloud base near the coast Within 10 miles of so of the general lie of the west coast: cloud base sometimes lower than 300m coastal slopes and rarely above 500m at all. Further inland; cloud base will tend to rise, by afternoon mostly above 650m, perhaps 800m central highlands.	Persistent near coast; cloud base rising to higher tops well inland Near the coast north from Jura: Hills foggy all day, the cloud base typically 400m. Elsewhere: cloud base rising to 800 to 1050m, highest well inland.
Chance of cloud free Munros?	10%	30%
Sunshine? Air clarity (below cloud)	Pockets of sun lower slopes well inland. Often misty near the coast; very good visibility well inland.	Patches sunshine and very good visibility; but sun rare and hazy near the coast (north from Jura).
How Cold? (at 900m)	6 to 9C - coldest coastal hills	7 to 11C warmest easternmost summits afternoon.
Freezing Level	Above the summits.	Will feel close to freezing point directly in the Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 15 June, 2025

Colder air from the west will reach all areas by Sunday. However, low cloud still extensive on western mountains, together with drizzly showers. Little rainfall most of next week and increasingly warm, although western Scotland colder with occasional rain as weakening fronts affect particularly the NW Highlands. By mid week it should be fine everywhere - although it may not last into the following weekend.

Forecast issued at 16:12 on Friday, 13 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.