

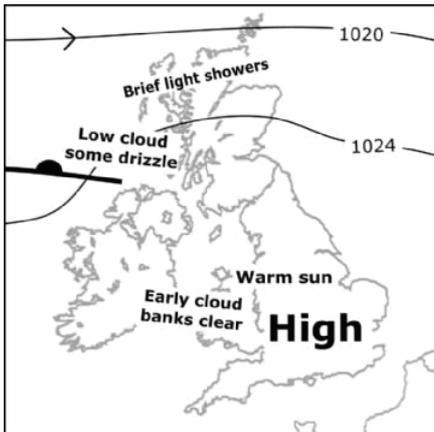
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Wednesday, 18 June, 2025



British Mountain Summary:

Based on forecast chart for noon 18 June, 2025

West to southwest breezes will feel cool over Scottish mountains, strongest toward the north. Cloud will be drawn onto western hills, some drizzly rain or brief showers. Higher cloud eastwards, often above tops. England & Wales dry and mostly sunny, warmest south.

Headline for West Highlands

Cool breeze. Cloud capping tops, some drizzle mainly coasts.

Detailed Forecast for Wednesday, 18 June, 2025

How windy? (On the Munros)	West to southwesterly 20-25mph, occasionally 30mph on higher tops around Ben Nevis, mainly morning.
Effect of wind on you?	Breezy over the mountains, occasionally may start to affect balance on exposed ridges. Feeling noticeably chilly.
How wet? (Precipitation and its impact)	A little rain and drizzle Amounts small, but occasional light rain or drizzle coming in from the Atlantic, locally more frequent at times near Jura. Rare brief drizzly showers well inland, but often dry.
Cloud on the hills?	Varied over tops, lowering at times coasts Low cloud often covering coastal hills, especially further south, bases 500-700m for periods, lowest where drizzly rain is frequent. Further north and inland, mostly above 800-1000m, breaks to tops at times.
Chance of cloud free Munros?	30% coasts, to 50% well inland.
Sunshine? Air clarity (below cloud)	Largely cloudy, hazy or misty especially southwest coastal areas. Some glimpses of sun and visibility good inland below cloud.
How Cold? (at 900m)	5C near coast and more widely in morning, to 7C well inland afternoon. Feeling sub-zero in the wind, near -5C high tops in morning.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Thursday 19 June	Friday 20 June
How windy? (On the Munros) Effect of wind on you?	South to southwesterly 10 to 15mph, locally 20mph around Mull, increasing a little later in day. Mostly small	Southerly 15 to 20mph inland, 25mph on hills nearest coast and on islands, gusty 30mph locally around ridges. Fairly small inland, but on coastal mountains may start to affect comfortable walking and balance if exposed.
How wet? (Precipitation and its impact)	No rain expected Misty drizzle possible on some coastal slopes if in cloud in the morning.	Rain unlikely Small chance an odd spot from high cloud.
Cloud on the hills?	Covering some hills in morning Cloud banks mostly around coastal slopes and islands, perhaps more widely inland in the morning, may last for a few hours, tending to disperse into afternoon.	None expected
Chance of cloud free Munros?	50% rising to 80%	Above 90%
Sunshine? Air clarity (below cloud)	Varied high cloud, some lower cloud in morning, misty some coasts; sun breaking through from south with time. Visibility becoming generally very good.	Sunshine and high cloud, which may sometimes obscure the sun. Visibility very good, slight haze toward central Scotland.
How Cold? (at 900m) Freezing Level	8 to 10C from dawn and where in cloud, rising to 12 to 14C, then little change into evening and night. Above the summits	14C from dawn, rising to 17C. Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 19 June, 2025

High pressure centred to the east draws very warm air in on southerly breezes through the rest of this week. Dry conditions, sunshine and fair-weather cloud, some patchy coastal cloud at times in west, locally gustier winds too. A more uncertain outlook into the weekend and early next week, a good deal of fine and warm weather possible, but risk of some rain or showery bursts at times.

Forecast issued at 16:00 on Tuesday, 17 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.