MOUNTAIN WEATHER INFORMATION SERVICE

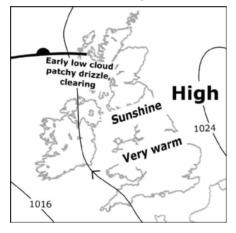
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 19 June, 2025



British Mountain Summary: Based on forecast chart for noon 19 June, 2025

Low cloud over western Scotland covering hills in the morning particularly near coast, breaking up from the south to become increasingly sunny across the Highlands. Light southerly winds. Very warm with strong sunshine for England and Wales, warmer air extending into Scotland during the day.

Headline for West Highlands

Cloud patches gradually breaking. Warming up.

Detailed Forecast for Thursday, 19 June, 2025

How windy? (On the Munros)	South to southwesterly 10 to 15mph, locally 20mph around Mull, increasing a little later in day.		
Effect of wind on you?	Mostly small		
How wet?	No rain expected		
(Precipitation and its impact)	Misty drizzle possible on some coastal slopes if in cloud in the morning.		
Cloud on the hills?	Covering hills in morning, for longest Mull		
	Cloud banks most extensive around coastal slopes and islands, for a time more widely inland in the early morning, gradually clearing, but may last for several hours near Mull, tending to disperse into afternoon here.		
Chance of cloud free Munros?	50% rising to 80%		
Sunshine? Air clarity (below cloud)	Varied high cloud, some lower cloud in morning, misty some coasts; sun breaking through from south increasingly. Visibility becoming generally very good.		
How Cold? (at 900m)	8 to 10C from dawn and where in cloud, rising to 12 to 14C, then little change into evening and night.		
Freezing Level	Above the summits		

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West Highlands - Looking Ahead

	Friday 20 June	Saturday 21 June
How windy? (On the	Southerly 15 to 20mph inland, 25mph on	Southerly 20 to 30mph, possibly gusts
Munros)	hills nearest coast and on islands, gusty 30mph locally around ridges.	approaching 40mph at times around some slopes, particularly near coasts/islands.
Effect of wind on you?	Fairly small inland, but on coastal mountains may start to affect comfortable walking and balance if exposed.	Varied conditions, very blustery in places, affecting ease of walking and balance on exposed ridges.
How wet?	Rain unlikely	Low risk a shower
(Precipitation and its impact)	Small chance an odd spot from high cloud.	Uncertainty - most of the day dry, but possible spots from high cloud, small risk an isolated heavier shower forming.
Cloud on the hills?	None expected	Little or none
		Most mountains free of low cloud. Some cloud banks may drift onto coastal mountains, mainly south-facing slopes. Possible patches elsewhere if showers occur.
Chance of cloud free Munros?	Above 90%	80%
Sunshine? Air clarity (below cloud)	Sunshine and high cloud, which may sometimes obscure the sun. Visibility very good, slight haze toward central Scotland.	Sunshine and high cloud, may cloud over for periods. Visibility good, but slight haze likely.
How Cold? (at 900m)	14C from dawn, rising to 17C.	16C from dawn, up to 19C inland before midday, then likely to lower from west to 14C afternoon.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 20 June, 2025

Increasingly very warm air reaching all areas on southerly breezes through the rest of this week. Dry conditions, sunshine and fair-weather cloud, some patchy coastal cloud at times in west, locally gustier winds too. A more uncertain outlook into the weekend and early next week, a good deal of fine and warm weather, but risk of some rain or showery bursts at times, temperatures likely easing back. A more changeable Atlantic southwesterly pattern likely emerging, although how soon this takes hold is very uncertain.

Forecast issued at 16:00 on Wednesday, 18 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.