

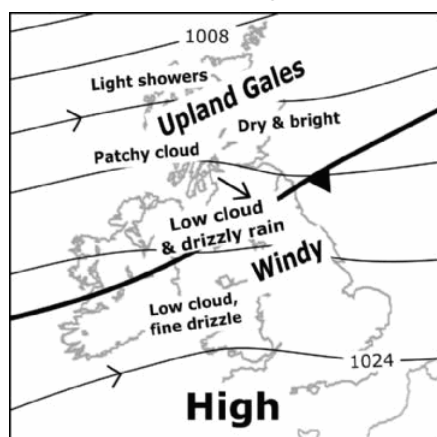
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 28 June, 2025



British Mountain Summary:

Based on forecast chart for noon 28 June, 2025

Southwesterly winds gale force across Scottish mountains and highest tops in northern England. Light showers northwest Scotland, variable cloud over western tops, brighter eastwards. A weakening front slips slowly south with drizzly rain lingering for Lake District. Low cloud persists for western England & Wales.

Headline for West Highlands

Gales over mountains. Largely dry, varied cloud on tops.

Detailed Forecast for Saturday, 28 June, 2025

How windy? (On the Munros)	Southwesterly 40-50+mph at dawn, very strong gusts over tops. Easing to 35-40mph, though stronger gusts will remain.
Effect of wind on you?	Walking arduous with considerable buffeting - beware difficult conditions early. Significant wind chill.
How wet? (Precipitation and its impact)	Morning rain in the south fades Rather wet underfoot following previous rain, fast-flowing streams. A little patchy rain from Arran to Glencoe early in the morning, slipping south and fading. Occasional drizzly showers onto coastal slopes of Lochaber/Loch Linnhe.
Cloud on the hills? Chance of cloud free Munros?	Breaks to tops becoming more frequent Mostly covering high areas from dawn, more extensive south of Glencoe, lower toward Clyde sea lochs. Cloud will lift and break, patches coming and going above 1000m. High tops of Lochaber and coastal slopes west of Loch Linnhe may clear only intermittently, though bases rising more often afternoon. Becoming 70%, 40% west Lochaber.
Sunshine? Air clarity (below cloud)	Glimpses of sun becoming more frequent, best inland and on lower slopes. Excellent visibility though hazy near coast.
How Cold? (at 900m) Freezing Level	6 to 8C at dawn - cool to the north, warmer to the south. Most areas cooling to near 6C. Arran likely a degree warmer. Feeling like -5C in the wind. Above the summits

West Highlands - Looking Ahead

	Sunday 29 June	Monday 30 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 20-25mph in morning, strengthening from the south with time, risk 35-40mph particularly west coast hills. Fairly small, may start to feel noticeable on exposed ridges. Risk becoming more strenuous over coastal mountains.	South to southwesterly 30 to 40mph, risk 50mph higher terrain, particularly coastal areas; powerful gusts high passes. Arduous walking on many higher areas, buffeting gusts, risk more difficult toward coast, especially Mull.
How wet? (Precipitation and its impact)	A little light rain mainly coasts Patchy drizzly rain along the coast tending to drift northward during the day, may become more persistent light rain near Mull, some drizzle moving inland, but amounting to very little most inland areas.	Risk heavy rain developing Spots of rain from high cloud, local bursts of rain forming. More frequent rain likely coasts near Mull. Increasing risk more widespread rain developing, heavy near coast, possible thunder.
Cloud on the hills?	Regular breaks to inland tops, deteriorating Banks of cloud drifting over coastal slopes to 700-800m, higher bases and more patchy inland with regular breaks to tops. Increasingly low cloud from the south, filling in widely above 800m, or to lower slopes near to coasts/sea lochs.	Lowest and most persistent coasts Risk persistent very low cloud coastal areas, islands and sea lochs. Low cloud may be fairly widespread in morning, tending to lift and break during middle of day, but lowering again in rain.
Chance of cloud free Munros?	80% inland for a time, lowering to 20%	10% coast, rising to 50% inland afternoon.
Sunshine? Air clarity (below cloud)	Patchy sun through high cloud, becoming overcast through afternoon. Very good visibility inland, some haze.	An array of high cloud largely obscuring the sun. Coastal areas may remain misty, elsewhere visibility good out of cloud.
How Cold? (at 900m) Freezing Level	6 or 7C early. Warming from the south, reaching 14C; 11C north later afternoon, but feeling like 3 to 5C in stronger wind. Above the summits	11C where in cloud, up to local 15C well inland; very humid. Likely to drop considerably evening-night, toward 5C. Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 29 June, 2025

Strong south to southwesterly winds draw warm and very humid air across all areas during the next few days, hot toward the Peak District and Wales. Drizzle and low cloud near west coasts, then a frontal system toward northwest Scotland will eventually make progress eastwards, bringing bursts of rain later Monday into Tuesday, followed by a sharp drop of temperature, back below 5C for a time over Scottish high tops. Risk of scattered thundery showers Tuesday-Wednesday. High pressure is expected to rebuild from the south later in the week bringing fine and warmer conditions for many. Uncertainty further ahead as weather patterns become slow-moving and winds often lighter.

Forecast issued at 16:01 on Friday, 27 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.