

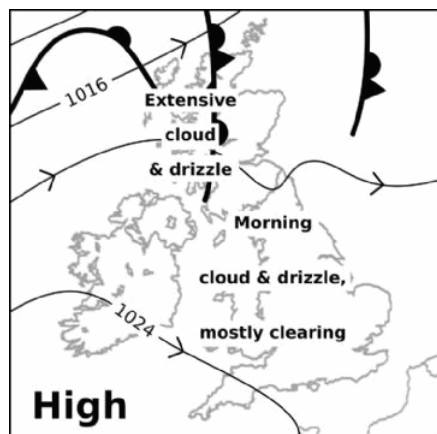
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join Mountaineering Scotland  
[www.mountaineering.scot](http://www.mountaineering.scot) #ThinkWINTER

## General Summary for Wednesday, 9 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 9 July, 2025

Extensive cloud and drizzle near the all western coasts; improving in the afternoon when only a few patches remain, most extensive on the Cuillin where it will also be windy. Cloud base higher well inland with occasional breaks; clearing Peak District and parts of Wales. Feeling cool in Scotland and mild in England and Wales.

### Headline for West Highlands

Damp atmosphere with low cloud & west-coastal drizzle

## Detailed Forecast for Wednesday, 9 July, 2025

<b>How windy? (On the Munros)</b>	West to southwesterly 15 to 25mph. Strongest near the coast.
<b>Effect of wind on you?</b>	Fairly small, but feeling breezy on exposed higher areas. Gusty inland.
<b>How wet?</b> (Precipitation and its impact)	<b>Damp, light rain</b> Drizzly much of the day particularly coastal areas, some steady light rain for periods, making rock surfaces slippery. Smaller amounts and patchier drizzle further inland.
<b>Cloud on the hills?</b>	<b>Extensive, lowest coasts</b> Blanket low cloud throughout the day, often to lower elevations on coastal slopes and near sea lochs. Cloud base around 600m inland, some breaks to 800m east from Ben Nevis group.
<b>Chance of cloud free Munros?</b>	<b>10% near coast; 30% well inland</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and misty, poor visibility particularly further west; good visibility where below cloud well inland.
<b>How Cold? (at 900m)</b>	Around 10 to 12C, but feeling cooler in the wind. Little change all day. Humid. Coolest near the coast.
<b>Freezing Level</b>	Above the summits

## All mountain areas of Britain from Thursday, 10 July, 2025

A humid southwesterly wind midweek produces extensive low cloud across west and northwest Scotland with some drizzly rain. Drier with sun and broken mid cloud in eastern Scotland, improving in southern areas. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week; higher temperatures and more sunshine extending into Scotland with time. A fine and very warm weekend in prospect, low risk of thundery showers forming toward the west. Cooler with a greater risk of showers early next week.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.