

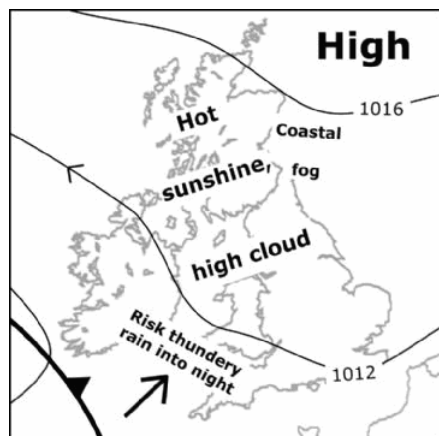
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 13 July, 2025



British Mountain Summary:

Based on forecast chart for noon 13 July, 2025

Very warm across the mountains from overnight, soon feeling hot in morning sun. Some valleys again approaching 30C by early afternoon, though mostly slightly less hot than Saturday. A veil of high cloud tending to weaken the sun. Local gusty E-SE'ly winds. Generally dry, later a chance of very isolated showers.

Headline for West Highlands

Very warm, sun and increasing high cloud, locally gusty.

Detailed Forecast for Sunday, 13 July, 2025

How windy? (On the Munros)	Southeasterly 15-20mph. Rising from Arran towards Trossachs and Mull later, gusts up to 30mph on islands.
Effect of wind on you?	Fairly small most areas. Noticeable breeze feeling more blustery later on islands and coastal slopes.
How wet? (Precipitation and its impact)	Small risk a late shower Chance of localised spots of rain from high cloud into the evening. Remote risk of an isolated thundery shower.
Cloud on the hills?	Hills clear
Chance of cloud free Munros?	100%
Sunshine? Air clarity (below cloud)	Sunny most of the day, high cloud increasingly present as day progresses. Very good visibility.
How Cold? (at 900m)	17 to 19C, already very warm from overnight; warmest inland Lochaber. Little change through the day. Valleys reaching 27C by early afternoon, locally approaching 30C.
Freezing Level	Above the summits

All mountain areas of Britain from Monday, 14 July, 2025

Low pressure is likely to be common in the extended outlook with slow-moving areas of showery rain, some thundery bursts locally, interspersed with drier days. Temperatures often on the warm side, some humid days.

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