

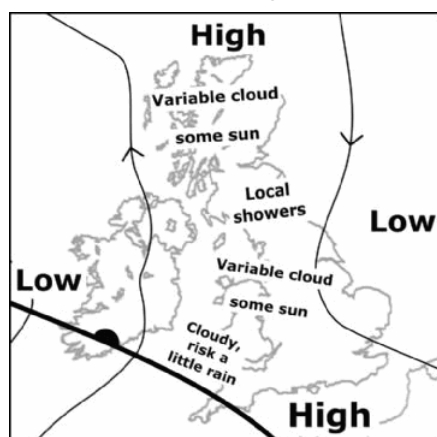
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 16 July, 2025



British Mountain Summary:

Based on forecast chart for noon 16 July, 2025

Fine much of the day for many areas, cloud covering some hill slopes in the morning, tending to lift above many summits. A little patchy rain mostly southern Scotland and northern England in the morning, tending to fade. Isolated showers into afternoon. Mostly light winds.

Headline for West Highlands

Largely dry, chance a shower; cloud patches clear. Light wind.

Detailed Forecast for Wednesday, 16 July, 2025

How windy? (On the Munros)	Variable direction 10mph or less most areas. Locally easterly 10-15mph near Loch Lomond and on Arran, mainly morning.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	Rain unlikely Chance of an isolated shower, mainly inland afternoon.
Cloud on the hills?	Patches clearing Local pockets of mist or cloud just above some glens from dawn. Fragments of cloud briefly form around some slopes but all disperse or lift above the tops. Near coast around Mull, some cloud banks slow to disperse.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, some mist possible in morning, otherwise visibility excellent.
How Cold? (at 900m)	10C rising to 13C, locally 15C well inland afternoon.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Thursday 17 July	Friday 18 July
How windy? (On the Munros) Effect of wind on you?	South or southeasterly, 20 to 25mph, at times 30mph coastal mountains and some high tops well inland at times. Blustery over exposed higher terrain, particularly in west, affecting balance on some ridges.	Southerly 20-25mph, at times 30mph on higher tops and particularly toward Mull. Breezy over higher slopes, may start to affect comfortable walking in exposure, more often further west.
How wet? (Precipitation and its impact)	Rain and drizzle Drizzle frequent on coasts and islands, feeling damp much of day widely in cloud. Occasional pulses of steadier rain moving northwards, tending to set in for longer with time.	Patchy rain and showery bursts Rain or drizzle on and off, more frequent toward the coast and islands. Some heavier showery pulses of rain drifting northeastwards across the region, may fade out for periods afternoon.
Cloud on the hills? Chance of cloud free Munros?	Extensive, lowest coasts Shrouding the hills widely, from lower elevations upward most coastal areas. Inland, progressively higher cloud bases, some breaks above 800m mainly north and east from Ben Nevis group. 10%, to 30% inland Lochaber.	Fairly extensive, lowest near coasts Covering higher slopes most or all day, to 600-700m or at times lower near to coasts. Lowering inland during rain. Occasional breaks forming above 900m afternoon, most common toward north and east of Rannoch Moor. 10% coasts, to 30% well inland.
Sunshine? Air clarity (below cloud)	Sun unlikely, rare glimpses through high cloud inland. Misty poor visibility near coast, better below cloud inland.	A little weak sun through cloud. Visibility good below cloud, but poor in rain.
How Cold? (at 900m) Freezing Level	10 to 12C, quite humid. Above the summits	10C where in cloud, up to 12C inland hills; little variation all day. Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 17 July, 2025

Humid air moves in from the southwest on Thursday with drizzly rain and low cloud particularly in western regions. A mixed outlook, as slack low pressure drifts slowly over the British Isles, giving slow-moving showers and increasingly thundery downpours, these most extensive over England and Wales into the weekend. Staying fairly warm, quite humid. Often low wind speeds, but south-southeasterlies may increase at times. By next week, west to southwesterlies likely to prevail, with some rain or drizzle at times mostly western Scotland, often dry further south and east.

Forecast issued at 16:00 on Tuesday, 15 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.