

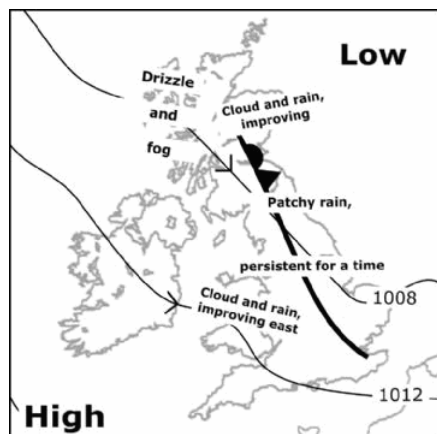
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 22 July, 2025



British Mountain Summary:

Based on forecast chart for noon 22 July, 2025

Drizzly and dull for west Scotland, rain and cloud increasingly breaking in the east with some breaks to tops. Patchy rain and morning fog across most of England and Wales too, cloud tending to lift though most tops likely remain in cloud. Cloud and drizzle will linger on west slopes of Lakeland and Wales.

Headline for West Highlands

Drizzly and dull with a fresh breeze

Detailed Forecast for Tuesday, 22 July, 2025

How windy? (On the Munros)	West to northwesterly 15-25mph, some stronger breezes possible around Arran/Trossachs in the morning. Trending towards 15-20mph as the day goes.
Effect of wind on you?	Fairly small most of the day though some uncomfortable breezes near Arran/Trossachs in the morning. Feeling cool in highest wind.
How wet? (Precipitation and its impact)	Frequent rain, then drizzly Lochaber Rain and drizzle fairly widespread in the morning with some local heavy bursts. Southern areas becoming dry through afternoon, rain and drizzle will lingering further north, quite persistent on high terrain.
Cloud on the hills?	Extensive most of the day Shrouding western mountains widely above 400-600m all day, lowest toward coasts. Well inland, fairly persistent above 600-800m, highest bases in Loch Treig area. Chance of some breaks forming later around Ben Cruachan southward.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Little sun expected - only few glimpses in the south later if any. Visibility good below cloud, but reduced widely during rain.
How Cold? (at 900m)	9 or 10C, little change all day. May cool slightly on the islands from Mull southward as evening approaches . Feeling like 3 to 5C in strongest wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Wednesday 23 July	Thursday 24 July
How windy? (On the Munros) Effect of wind on you?	Northwesterly 15-20mph. Islands south of Mull often seeing 25mph winds. Fairly small; walking inconvenienced at times on islands and coasts south of Mull.	Westerly or variable 10mph or less. At dawn, more northerly with stronger breezes around Islay/Argyll. Negligible.
How wet? (Precipitation and its impact)	Rain in the north fading after noon Often drizzly on Lochaber and high tops of Glencoe, odd patches onto southern coastal slopes. Rain tending to fade through afternoon.	Fine drizzle in cloud Where in cloud, fine drizzle drifting around and feeling damp. May isolate largely onto coastal slopes as the day goes.
Cloud on the hills? Chance of cloud free Munros?	Extensive, some improvement inland Extensive above 600m Lochaber and coastal slopes with patches drifting lower; higher bases central Highlands/Trossachs. Tending to lift and break, possibly clearing summits momentarily in the Trossachs/eastern Glencoe hills. Coastal and island hills unlikely to clear. 10%, rising to 30% well inland	Fog on high slopes with breaks, best later Extensive fog early - highest tops well inland may be near the top of the fog layer. Fog will rise to shroud tops with bases between 800-900m, though beginning to break. Breaks increasing later in the day though cloud will regularly return, layers onto middle coastal slopes. 20%, rising to 50% late in the day
Sunshine? Air clarity (below cloud)	Little sun, only glimpses inland though weakened by high cloud. Excellent visibility where cloud clears.	Often cloudy with a few glimpses of sun, more frequent/extended later in the day. Very good visibility.
How Cold? (at 900m) Freezing Level	9 or 10C in the morning, coolest temperatures along the coast. Rising only slightly, near 11C central Highlands. Above the summits	9C rising to 10 to 12C, warmest in the central Highlands. Coastal slopes will see little or no rise. Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 23 July, 2025

High pressure slowly begins building on Wednesday, beginning a settling trend from the west. Some heavy rain in eastern areas will ease away on Thursday with only spotty showers remaining. Into the weekend, weather will notably settle with increasing sun across England and Wales with decent sunny spells in east Scotland. A predominantly west-southwesterly breeze will facilitate cloud and occasional rain patches into west Scotland.

A changeable outlook through late July with rain affecting all areas at times, most frequent in western Scotland, some settled periods too. Often breezy with near average temperatures.

Forecast issued at 16:30 on Monday, 21 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.