

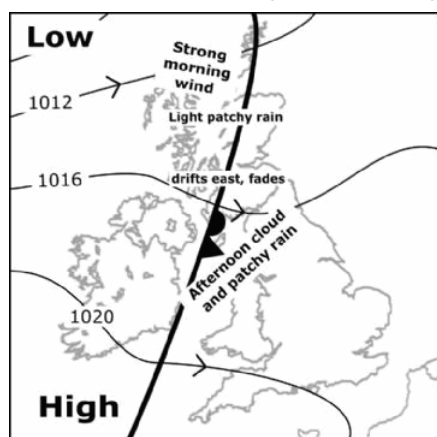
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 25 July, 2025



British Mountain Summary:

Based on forecast chart for noon 25 July, 2025

Cloud and patchy rain in western Scotland clears east, progressively easing; far east Scotland substantially dry and clear. Patchy cloud over high English and Welsh summits in the morning, deteriorating with the arrival of patchy rain through afternoon. East Wales and south Pennines substantially dry and free of cloud.

Headline for West Highlands

Morning rain and fog; improving, best inland

Detailed Forecast for Friday, 25 July, 2025

How windy? (On the Munros)	Southwesterly 20 to 25mph, may reach 30mph at times highest tops, notably Lochaber. Tending to shift westerly as the day goes.
Effect of wind on you?	Starting to affect comfortable walking and balance in places on exposed ridges. Feeling cool on higher terrain.
How wet? (Precipitation and its impact)	Morning patchy rain drifts east, largely fading Patchy light rain sets in across western hills early morning, often drizzly over high tops. Rain will drift inland and tend to fade, may leave occasional light showers. Towards evening, some local light showers will drift onto the coasts and high tops nearby.
Cloud on the hills? Chance of cloud free Munros?	Lifting to higher slopes, some breaks Covering the hills widely from dawn above 600-800m, lowest toward coast. Lifting into middle of day to upper slopes, then regularly breaking, best well inland. Cloud may linger a bit longer near Trossachs/Argyll. Cloud likely to come and go above 1000m, at times lower in west. 10% rising to 50%
Sunshine? Air clarity (below cloud)	Sun beginning to break out later morning/early afternoon, breaks most frequent well inland/east. Visibility becoming very good below cloud though some haze around coastal and nearby inland slopes.
How Cold? (at 900m) Freezing Level	9 to 10C at dawn, cooling to 8C through morning on coastal mountains. Little or no change for inland mountains. Feeling near or just below freezing where exposed to wind on high tops. Above the summits

All mountain areas of Britain from Saturday, 26 July, 2025

Forecast issued at 16:29 on Thursday, 24 July, 2025

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