MOUNTAIN WEATHER INFORMATION SERVICE

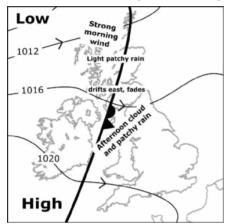
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 25 July, 2025



British Mountain Summary: Based on forecast chart for noon 25 July, 2025

Cloud and patchy rain in western Scotland clears east, progressively easing; far east Scotland substantially dry and clear. Patchy cloud over high English and Welsh summits in the morning, deteriorating with the arrival of patchy rain through afternoon. East Wales and south Pennines substantially dry and free of cloud.

Headline for West Highlands

Morning rain and fog; improving, best inland

Detailed Forecast for Friday, 25 July, 2025

How windy? (On the Munros)	Southwesterly 20 to 25mph, may reach 30mph at times highest tops, notably Lochaber. Tending to shift westerly as the day goes.	
Effect of wind on you?	Starting to affect comfortable walking and balance in places on exposed ridges. Feeling cool on higher terrain.	
How wet?	Morning patchy rain drifts east, largely fading	
(Precipitation and its impact)	Patchy light rain sets in across western hills early morning, often drizzly over high tops. Rain will drift inland and tend to fade, may leave occasional light showers. Towards evening, some local light showers will drift onto the coasts and high tops nearby.	
Cloud on the hills?	Lifting to higher slopes, some breaks	
Chance of cloud free Munros?	Covering the hills widely from dawn above 600-800m, lowest toward coast. Lifting into middle of day to upper slopes, then regularly breaking, best well inland. Cloud may linger a bit longer near Trossachs/Argyll. Cloud likely to come and go above 1000m, at times lower in west. 10% rising to 50%	
Sunshine? Air clarity (below cloud)	Sun beginning to break out later morning/early afternoon, breaks most frequent well inland/east. Visibility becoming very good below cloud though some haze around coastal and nearby inland slopes.	
How Cold? (at 900m)	9 to 10C at dawn, cooling to 8C through morning on coastal mountains. Little or no change for inland mountains. Feeling near or just below freezing where exposed to wind on high tops.	
Freezing Level	Above the summits	

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West Highlands - Looking Ahead

	Saturday 26 July	Sunday 27 July
How windy? (On the Munros)	West-southwesterly 20 to 30mph, strongest over higher tops in Ben Nevis group. Tending to rise as night falls.	Soon westerly 20-25mph; winds up to 35mph pre-dawn. Gradually turning northwesterly, breezes up to 30mph later.
Effect of wind on you?	Affecting ease of walking on higher terrain, more strenuous with buffeting gusts on exposed tops and ridges. Feeling chilly.	Comfortable walking often affected; some stability challenges in exposure early and late in the day. Feeling cool.
How wet?	Showery rain	Often raining, tending to break later
(Precipitation and its impact)	Often raining near and west of Loch Linnhe, sometimes more persistent. Patchier occasional rain further inland and south, but showery rain more widely afternoon.	Often raining Mull and Lochaber, quite persistent north. Most coastal summits will see drizzly rain well into the day. Tending to break into showery rain.
Cloud on the hills?	Extensive, lowest coasts	Extensive, improving somewhat inland
	Covering the mountains throughout the day, bases 600-800m, lower at times near coast and islands, some variation inland, occasional breaks above 1000m. Filling in again as nighttime approaches.	Extensive from morning, down to lowest coastal slopes much of the day. Bases tending to rise inland with breaks forming, though cloud often returning widely from 800-900m and up. Highest tops unlikely to clear.
Chance of cloud free Munros?	10%	10%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun well inland. Visibility good below cloud, slight haze toward coast.	Some glimpses of sun possible later. Good visibility though some haze near the coast.
How Cold? (at 900m)	7 or 8C, rising to 9C well inland. Feeling at or just below freezing in the wind, as cold as -5C on higher tops.	8C, rising up to 10C well inland; little or no change on coastal and nearby slopes. Feeling below freezing in strongest winds.

Planning Outlook

All mountain areas of Britain from Saturday, 26 July, 2025

Westerly winds with mixed weather will prevail through the weekend into next week, bringing patchy rain and some heavier showers at times pushing eastwards - Saturday into Sunday may be quite wet for the west of Scotland. Through the week, periods of rain will be punctuated with decent sun breaks, though northwest Scotland will struggle to clear for sun. Often breezy and feeling cool with temperatures lingering near or below average.

Likely remaining unsettled into the following weekend though details are uncertain.

Forecast issued at 16:29 on Thursday, 24 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.