

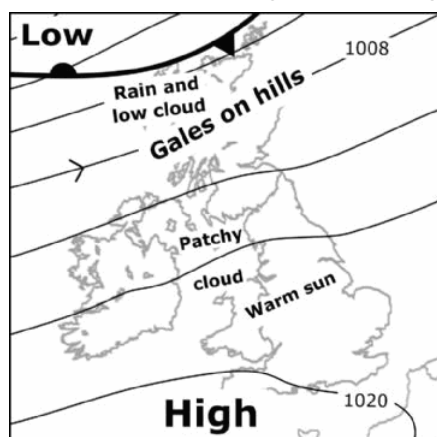
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 8 August, 2025



British Mountain Summary:

Based on forecast chart for noon 8 August, 2025

Gale-force winds persist over higher terrain in Scotland. Rain and drizzle throughout the day toward the northwest, low cloud covering western mountains extensively; higher cloud bases eastwards. Cloud banks common on hills near the Irish Sea, clearer with more sun eastwards over England & Wales.

Headline for West Highlands

Upland gales, severe highest tops. Rain mostly morning, low cloud.

Detailed Forecast for Friday, 8 August, 2025

How windy? (On the Munros)	Southwesterly 40 to 55mph, stronger gusts 60mph+ at times on higher Ben Nevis range. Speeds tending to increase further toward evening into night, 60-70mph on tops.
Effect of wind on you?	Walking arduous over higher terrain, forward progress difficult on high tops, you may be blown over in strong gusts. Significant wind chill.
How wet? (Precipitation and its impact)	Patchy rain and drizzle, fading Rain on and off, but more persistent and occasionally heavier in Lochaber in morning. Easing to drizzle and in south largely fades out afternoon-evening. Into night, some heavier rain develops.
Cloud on the hills?	High terrain and coastal slopes often shrouded Fairly extensive above 700m with patches to lower slopes on western coastal slopes and islands. Cloud tending to lift well inland but struggles to clear much higher than 900m, local breaks central highlands afternoon.
Chance of cloud free Munros?	Below 10% coasts, 20% inland.
Sunshine? Air clarity (below cloud)	Patchy sun well inland; little sun expected near the coast. Visibility limited by haze and rain.
How Cold? (at 900m)	7 or 8C, rising to 9C or locally warmer. Mull and coastal Lochaber see little change. Feeling like -3C in the wind.
Freezing Level	Above the summits

All mountain areas of Britain from Saturday, 9 August, 2025

A mixed southwesterly weather pattern prevails. Often windy, especially Scotland. Fronts coming in from the Atlantic bringing periods of rain most frequently in west and northwest Scotland. Small amounts of rain reaching eastern Scotland, more often dry. Patchier and less frequent rain for western England and Wales - higher pressure building for periods to give drier and warmer weather here. Low cloud often shrouding western tops, sometimes to lower elevations near coasts, higher cloud bases eastwards with better breaks.

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