

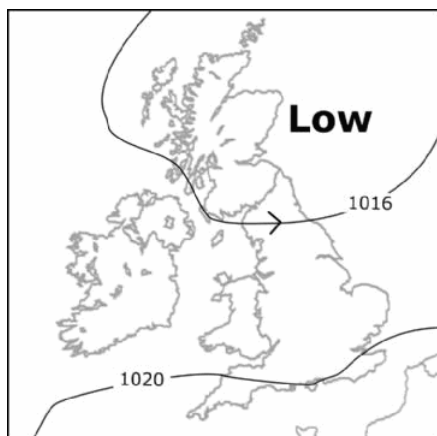
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Thursday, 14 August, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 14 August, 2025

Continued very humid weather, and a change toward less warmth, will lead to vary varied conditions - difficult to give detail - across the hills. Areas of rain, in places thundery, and low cloud will be most extensive morning; but an overall improvement will be slow and patchy.

### Headline for West Highlands

Areas of rain and low cloud mostly morning: will tend to improve.

## Detailed Forecast for Thursday, 14 August, 2025

<b>How windy? (On the Munros)</b>	Direction variable 10mph or less; tending to become westerly and perhaps 15 or 20mph by evening.
<b>Effect of wind on you?</b>	<b>Small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patches rain; thundery in places. Will tend to improve.</b> A mix of patches of drizzly rain and heavy thundery rain will drift northwards, missing some areas whilst raining for perhaps several hours in other areas. Will tend to improve, although still rain here and there later afternoon.
<b>Cloud on the hills?</b>	<b>Varied: some summits clearing, but overall extensive particularly near coast</b> Fog, sometimes from coastal cliffs up (particularly morning) and from lower slopes up up to a few miles inland. Further inland, very varied morning, areas of low cloud, but some summits free of cloud. Slowly more higher slopes and summits will clear.
<b>Chance of cloud free Munros?</b>	<b>20% near the coast to in afternoon 50% well inland</b>
<b>Sunshine?</b> Air clarity (below cloud)	Ranging from frequently dull near the coast and particularly morning misty, to occasional sunshine well inland with haze gradually thinning.
<b>How Cold? (at 900m)</b>	13 to 16C, warmest well inland.
<b>Freezing Level</b>	Above the summits

## West Highlands - Looking Ahead

	Friday 15 August	Saturday 16 August
<b>How windy? (On the Munros)</b>	Generally northwesterly 10mph or less.	Direction varied; almost calm on some summits, rarely more than 10mph.
<b>Effect of wind on you?</b>	<b>Negligible</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain not expected</b>	<b>Rain very unlikely</b>
<b>Cloud on the hills?</b>	<b>Very extensive; but breaking off some or many higher areas</b>  Continued low confidence: With continuing high humidity, there may well be at least ribbons of fog from some or many valleys upward in morning. There may be little improvement all day some coastal slopes, but otherwise, increasingly the fog lifting.	<b>Most summits cloud free, particularly afternoon</b>  Banks of fog after dawn, in places from valleys or lower slopes up, but some areas, particularly toward the coast cloud free. By midday, still low cloud here and there, but the mountains increasingly cloud free.
<b>Chance of cloud free Munros?</b>	<b>20% rising to 60%</b>	<b>30% rising to 80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widely dull morning, but increasingly sunshine breaking through - possibly staying dull and misty Jura and Mull. Elsewhere, fog clearing to excellent visibility	Cloud breaking (initially western mountains) increasingly widely to give bright sunshine. Excellent or superb visibility after the fog and mist clears.
<b>How Cold? (at 900m)</b>	10C close to the coast to in afternoon 15 to perhaps 17C well inland.	Ranging between 7 and 11C after dawn to 13 to 16C afternoon, generally coldest where in cloud.
<b>Freezing Level</b>	Above the summits.	Above the summits.

## Planning Outlook

### All mountain areas of Britain from Friday, 15 August, 2025

High pressure, generally centred near northern Britain, will develop and persist well into next week, bringing low rainfall (although here and there thundery showers) and for most mountains extensive sunshine and light wind. Nevertheless, cloud will come and go, most widely across more eastern mountains. It will remain very warm.

### Forecast issued at 14:58 on Wednesday, 13 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.