MOUNTAIN WEATHER INFORMATION SERVICE

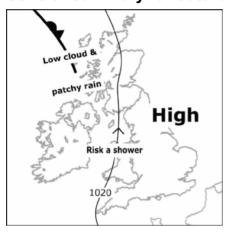
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 23 August, 2025



British Mountain Summary: Based on forecast chart for noon 23 August, 2025

Cloudy skies for many places, varied areas of low cloud on some hill slopes in the morning, largely lifting above the tops, but may continue to cap higher western mountains in Scotland, with a little rain occasionally. An odd shower in north Wales in afternoon. Winds

Headline for West Highlands

generally light.

A little rain locally, varied cloud; light-moderate breeze.

Detailed Forecast for Saturday, 23 August, 2025

How windy? (On the Munros)	South to southeasterly, 10mph or less inland areas. Nearer to coast and on islands 10-15mph, increasing a little to 15mph, occasional gusts 20mph into afternoon. Small, very locally feeling breezier where exposed near coast.	
Effect of wind on you?		
How wet?	Local spots or a shower	
(Precipitation and its impact)	Most places inland often dry. Spots of rain from high cloud layers, locally an odd light shower, mostly coastal areas. Tonight, the rain becoming more persistent near the coast and on the islands.	
Cloud on the hills?	Varied cloud on tops, mostly coasts	
	Fragments of cloud around some slopes and patchy mist some glens at first. Cloud banks drifting across higher slopes for periods, mostly around light rain, most common over coastal hills.	
Chance of cloud free Munros?	40% coasts, to 70% well inland.	
Sunshine? Air clarity (below cloud)	Largely cloudy; occasional sun and varied high cloud. Visibility excellent inland, locally reduced in patchy rain.	
How Cold? (at 900m)	7 to 9C from dawn, coolest well inland. Rising to 12C afternoon.	
Freezing Level	Above the summits.	

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West Highlands - Looking Ahead

	Sunday 24 August	Monday 25 August
How windy? (On the Munros)	South-southeasterly 15 to 25mph on islands & nearest coast, tending to increase; typically 10-15mph well inland.	South to southeasterly, strengthening, near coast/islands 25-35mph, reaching 50mph. Further inland: 15-25mph, later 35mph.
Effect of wind on you?	Becoming noticeably gusty in places over exposed coastal ridges, may start to affect balance. Mostly small inland.	Frequent buffeting near coast, increasingly challenging on islands. Starting to affect comfortable walking all higher terrain.
How wet?	A little rain mostly near coast	Rain unlikely until late
(Precipitation and its impact)	Spots of drizzle or light rain, mostly Mull and nearby coastal areas. An odd shower may drift inland.	Dry most or all day. Odd spots may move onto coastal areas. By evening, risk of steadier rain developing from southwest, may turn heavy.
Cloud on the hills?	Varied cloud on tops, breaks forming	Mostly little if any
	Cloud banks on upper slopes, most extensive in coastal areas in morning, down to some mid-slopes for a time especially on islands. Breaks to many tops afternoon, but patches may come and go.	Patchy cloud around some slopes in the morning, largely lifting and dispersing to leave the mountains generally clear. Cloud may come and go over coastal tops for periods.
Chance of cloud free Munros?	40% coast, rising widely to 70%	80%
Sunshine? Air clarity (below cloud)	Sun mostly weak through high cloud, thicker overcast cloud cover for periods. Visibility very good away from cloud.	Sun and patchy cloud, high cloud tending to thicken from the west. Visibility good, but a haze, particularly near the coast.
How Cold? (at 900m)	11C from dawn (warmer than inland glens at first), slight rise to 13C.	11 to 13C, warmest well inland. In the wind feeling below 5C, near 0C coastal mountains, more widely later.

Planning Outlook

All mountain areas of Britain from Sunday, 24 August, 2025

High pressure drifts slowly east, whilst low pressure over the Atlantic encroaches nearer in the early part of the new week. Southeasterly winds increasing Sunday-Monday, soonest for western regions, becoming much windier by Monday in west, then more widely with time. Areas of rain and showery bursts increasingly widespread as the week progresses as low pressure then rotates slowly over Britain - day-to-day detail becomes very uncertain. Warmer and more humid for a time, then cooler later in week.

Forecast issued at 8:43 on Saturday, 23 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.