MOUNTAIN WEATHER INFORMATION SERVICE

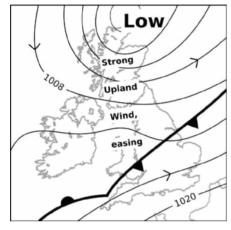
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 16 September, 2025



British Mountain Summary: Based on forecast chart for noon 16 September, 2025

Strong upland winds across the UK in the morning will ease from the west into the afternoon. Frequent showers in west-coastal regions; more scattered inland with the Peak District and Cairngorms National Parks becoming or staying largely dry. Extensive cloud on most high ground. Temperatures feeling cool.

Headline for West Highlands

Strong upland wind, easing. Occasional showers.

Detailed Forecast for Tuesday, 16 September, 2025

How windy? (On the Munros)	Northwesterly 25 to 35mph will tend to moderate gradually into the afternoon toward 20mph, initially on the west coast.	
Effect of wind on you?	Arduous conditions through morning, perhaps difficult in the south for a time, significant wind chill. Easing later on.	
How wet?	Occasional showers, mostly south	
(Precipitation and its impact)	Scattered showers, rarely heavy. May remain rather frequent on/near Arran.	
Cloud on the hills?	Fairly extensive, but rising to tops.	
	Extensive banks from dawn from mid slopes upwards, patches to 400m west coast. Bases will lift and break to become mostly above 900-1100m afternoon.	
Chance of cloud free Munros?	20% lifting to 60%	
Sunshine? Air clarity (below cloud)	Overcast start, but patchwork of sunshine breaking through into the afternoon. Visibility becoming very good.	
How Cold? (at 900m)	6C. Feeling below freezing in the wind, at times nearer -5C.	
Freezing Level	Above the summits	

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West Highlands - Looking Ahead

	Wednesday 17 September	Thursday 18 September
How windy? (On the Munros)	Still some uncertainty: Southeasterly becoming southwesterly 30 to 45mph, highest near coast. Risk 50mph evening.	Forecast details very uncertain. Southwesterly 40 to 50mph, risk sustained 60mph. Very gusty.
Effect of wind on you?	Expect arduous, blustery conditions, affecting ease of walking and balance on ridges. Further deterioration into evening likely.	Difficult walking conditions will make progress challenging. Very powerful gusts may easily blow you over. Significant wind chill.
How wet? (Precipitation and its impact)	Light rain on and off	Likely wet near coast
	Light rain on and off throughout the day, potentially becoming more persistent, and perhaps heavier, for a few hours in places.	Heavy, on-and-off showers likely near the west coast, especially Lochaber. These may merge to become persistent rain. Chance of Loch Lomond NP and Arran seeing only small amounts of rain.
Cloud on the hills?	Extensive near west coast	Extensive where raining
	Cloud extensive on high ground, especially where rain is frequent. Higher chance of breaks well inland.	Extensive cloud down to coastal slopes where in rain. Regions that remain dry will have a much higher cloud base, inland Loch Lomond NP best chance for breaks.
Chance of cloud free Munros?	20%	30%
Sunshine? Air clarity (below cloud)	Mostly overcast with layers of high cloud. Visibility very good if dry, reduced to poor if areas of rain develop.	Little or no sun in many places, but patchy or widespread sunshine if out of rain. Poor visibility near the coast.
How Cold? (at 900m)	5 or 6C. Feeling sub-zero in the wind, -5C or below if speeds increase.	7C. Feeling around -5C in the wind.
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Planning Outlook

All mountain areas of Britain from Wednesday, 17 September, 2025

An ongoing unsettled outlook generally dominated by low pressure. Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

Forecast issued at 16:31 on Monday, 15 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.