

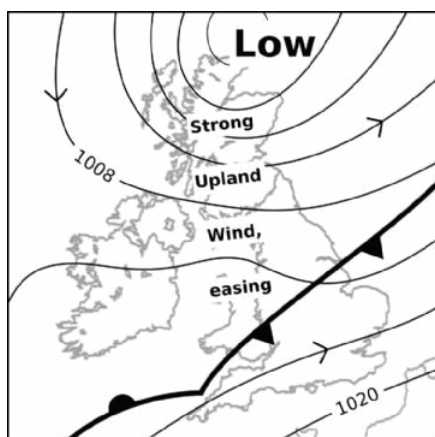
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Tuesday, 16 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 16 September, 2025

Strong upland winds across the UK in the morning will ease from the west into the afternoon. Frequent showers in west-coastal regions; more scattered inland with the Peak District and Cairngorms National Parks becoming or staying largely dry. Extensive cloud on most high ground. Temperatures feeling cool.

### Headline for West Highlands

Strong upland wind, easing. Occasional showers.

## Detailed Forecast for Tuesday, 16 September, 2025

<b>How windy? (On the Munros)</b>	Northwesterly 25 to 35mph will tend to moderate gradually into the afternoon toward 20mph, initially on the west coast.
<b>Effect of wind on you?</b>	<b>Arduous conditions through morning, perhaps difficult in the south for a time, significant wind chill. Easing later on.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Occasional showers, mostly south</b> Scattered showers, rarely heavy. May remain rather frequent on/near Arran.
<b>Cloud on the hills?</b>	<b>Fairly extensive, but rising to tops.</b> Extensive banks from dawn from mid slopes upwards, patches to 400m west coast. Bases will lift and break to become mostly above 900-1100m afternoon.
<b>Chance of cloud free Munros?</b>	<b>20% lifting to 60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast start, but patchwork of sunshine breaking through into the afternoon. Visibility becoming very good.
<b>How Cold? (at 900m)</b>	6C. Feeling below freezing in the wind, at times nearer -5C.
<b>Freezing Level</b>	Above the summits

## West Highlands - Looking Ahead

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## Planning Outlook

**All mountain areas of Britain from Wednesday, 17 September, 2025**

An ongoing unsettled outlook generally dominated by low pressure. Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

**Forecast issued at 16:31 on Monday, 15 September, 2025**

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