

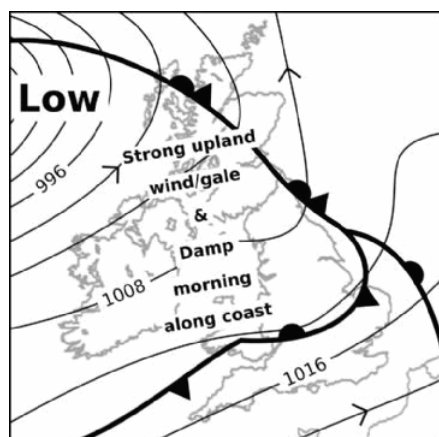
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 17 September, 2025



British Mountain Summary:

Based on forecast chart for noon 17 September, 2025

Strong upland wind, gale force at times. Persistently damp morning across all west-coastal regions, fading to various extents into the afternoon. Extensive cloud in most areas. Very wet underfoot in England and Wales with streams in spate after heavy overnight rain.

Headline for West Highlands

Upland gale developing; generally damp

Detailed Forecast for Wednesday, 17 September, 2025

How windy? (On the Munros)	South or southeasterly 25mph becoming southwesterly 30-45mph. Increasing further to 50mph or even 55mph by late afternoon or early evening.
Effect of wind on you?	Soon arduous, blustery conditions, affecting ease of walking and balance on ridges. Further deterioration into evening. Significant wind chill.
How wet? (Precipitation and its impact)	Rain on and off Light rain on and off throughout the day, more persistent and locally heavier for a few hours in the morning. Tending to fade into the afternoon and evening, especially well inland.
Cloud on the hills?	Extensive near west coast Cloud extensive on high ground, especially where rain is frequent. Struggling to lift above 600m near the west coast. Higher chance of breaks well inland.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Mostly overcast with layers of high cloud. Visibility very good if dry, reduced to poor if areas of rain develop.
How Cold? (at 900m)	7C. Feeling sub-zero in the wind, -5C or below as speeds increase.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Thursday 18 September	Friday 19 September
How windy? (On the Munros)	Forecast details still uncertain. Southwesterly 35 to 45mph, risk sustained 55mph. Very gusty.	Forecast details uncertain. West to southwesterly 30-45mph. Chance of a lull to 20-25mph in afternoon.
Effect of wind on you?	Difficult walking conditions will make progress challenging. Very powerful gusts may easily blow you over. Significant wind chill.	Feeling blustery with balance affected at times, especially morning. Significant wind chill.
How wet? (Precipitation and its impact)	Likely wet near coast Heavy, on-and-off showers likely near the west coast, especially Lochaber. These may merge to become persistent rain. Chance of Loch Lomond NP and Arran remaining dry.	Showery Showers on and off through the day, particularly near the coast in Lochaber. There is a chance these may fade in the afternoon. Only a few 'spots in the wind' well inland.
Cloud on the hills?	Extensive where raining Extensive cloud down to coastal slopes where in rain. Regions that remain dry will have a much higher cloud base, which may be above the summits over Loch Lomond NP and Arran.	Widespread Cloud shrouding most higher ground, especially near the coast. Base will lower and cloud thicken during and after any showers. Highest cloud base will be well inland, but is unlikely to clear the summits.
Chance of cloud free Munros?	50%	20%
Sunshine? Air clarity (below cloud)	Little or no sun in many places, but patchy or widespread sunshine if out of rain. Poor visibility near the coast.	Glimpses of weak sunshine at times. Poor or very poor visibility.
How Cold? (at 900m)	7C. Feeling around -5C in the wind.	7C. Feeling below -5C in the wind.
Freezing Level	Well above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 18 September, 2025

Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on the highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

Forecast issued at 16:30 on Tuesday, 16 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.