

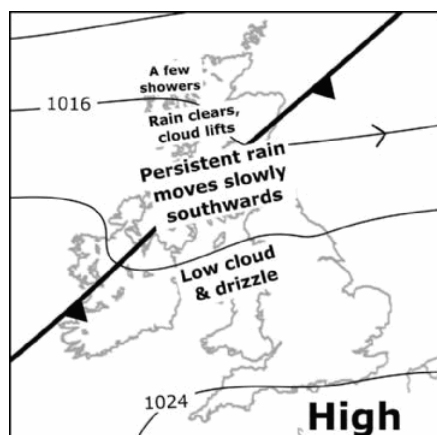
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 7 October, 2025



British Mountain Summary:

Based on forecast chart for noon 7 October, 2025

A swathe of fairly persistent rain and drizzle drifts gradually southwards over Scotland into northern England, some heavier pulses of rain. Brighter skies follow across the Highlands from the northwest, cloud base rising, brief showers. Wales has low cloud and drizzle in west. Gusty southwesterlies.

Headline for West Highlands

Wet morning, rain clears south, cloud lifts and breaks; wind eases.

Detailed Forecast for Tuesday, 7 October, 2025

How windy? (On the Munros) Effect of wind on you?	Southwest then westerly, gusty 40-50mph from dawn into early morning, for longest in south; tending to ease to 20-25mph. Starting to rise a little into the night to 25-30mph. Buffeting and difficult walking early morning, but improving, soonest in Lochaber to become fairly small, though feeling cool in exposure.
How wet? (Precipitation and its impact)	Rain sometimes heavy in morning, slowly clears southwards Rain persistent in the morning, heavy at times. Rain tending to fade and break up from the northwest into middle of day Lochaber to Mull, during the afternoon for Loch Lomond to Arran. One or two showers possible later near Mull. Wet underfoot, fast-flowing streams.
Cloud on the hills? Chance of cloud free Munros?	Extensive in rain, but rising during day, breaks to tops Shrouding the mountains widely in the morning, to lower elevations nearer to coasts during rain. Cloud base rising as rain eases, soonest in Lochaber, breaks toward upper slopes, but patches come and go above 1000-1200m afternoon. 20% rising to 70% from northwest into afternoon.
Sunshine? Air clarity (below cloud)	Largely cloudy morning, hazy, or poor visibility in rain. Improving with brighter skies developing from north, some sun breaking through and visibility very good.
How Cold? (at 900m) Freezing Level	7C from before dawn, then dropping during daytime to 4 or 5C. Directly in the wind feeling near -5C. Above the summits, but dropping close to Ben Nevis top during the day.

All mountain areas of Britain from Wednesday, 8 October, 2025

Strong westerly winds prevail into the second half of this week, gale-force over Scottish mountains; prepare for considerable chill factor. Drizzly rain and low cloud most persistent western areas. Pressure gradually rises from the south, improving conditions toward the weekend as wind drops lighter, most places become dry and cloud tends to break. Northwest Scotland likely to hold on to stronger winds, cloud and some drizzle into Saturday. Scope for inversion conditions to develop with some valley fog and varied low cloud. Settled weather is likely to continue into next week, with pleasant days and cool nights.

Forecast issued at 16:31 on Monday, 6 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.