MOUNTAIN WEATHER INFORMATION SERVICE

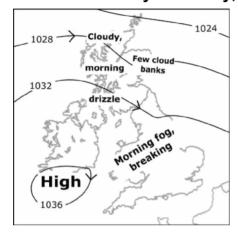
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 10 October, 2025



British Mountain Summary: Based on forecast chart for noon 10 October, 2025

Drizzly and cloudy in west Scotland, dry with well broken cloud to the east; strong gusty winds central and northern Scotland. Morning low cloud fairly extensive across England, largely clearing the Pennines - Lakeland fells will struggle to clear. A foggy start in Wales with drizzle on west slopes; breaks to many tops forming.

Headline for West Highlands

Blustery and often drizzly near the coast; higher cloud inland

Detailed Forecast for Friday, 10 October, 2025

How windy? (On the Munros)	Westerly 25 to 35mph, very gusty over high terrain, particularly early in the day. Strongest around Ben Nevis range, risk gusts of 50mph over high ground. May ease a little around the southern islands late in the day.		
Effect of wind on you?	Affecting comfortable walking, more strenuous on high terrain with buffeting gusts over ridges and passes, locally downslope. Marked wind chill.		
How wet? (Precipitation and its impact)	Largely dry, possible damp start Drizzly over the high tops through the morning, local patchy drizzle more broadly on slopes near the west coast. Fading with time.		
Cloud on the hills?	Fairly extensive, lowest coasts Cloud banks fairly persistent above 500-700m, lowest on coastal slopes. Some breaks forming higher with time well inland, though variably lowering. Highest summits may emerge near or just above top of the cloud layer.		
Chance of cloud free Munros?	30%		
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly well inland east of higher terrain; perhaps bright or even some sun on highest tops also if out of the cloud layer. Visibility limited by cloud and some haze on lower slopes; if high tops are above cloud, visibility will be excellent here.		
How Cold? (at 900m)	5 or 6C, little change with added height to higher summits. Feeling like -5C in the wind, locally cooler in gusts.		
Freezing Level	Above the summits		

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West Highlands - Looking Ahead

	Saturday 11 October	Sunday 12 October
How windy? (On the Munros) Effect of wind on you?	Westerly 10 to 20mph, lightest winds south. Gusty 25mph in places Ben Nevis range, not just on highest terrain. Fairly small most places, but sudden gusts may start to affect balance in a	Variable 10mph or less. Some local gustiness. Negligible.
How wet?	few locations around higher mountains. Rain very unlikely most places	Rain unlikely
(Precipitation and its impact)	Possibly an odd pocket of drizzle mainly west of Loch Linnhe.	
Cloud on the hills?	Covering much higher terrain all day	High tops above a cloud layer
	Cloud fairly extensive on the mountains above 600-800m; lowest near coast, local inland fog banks lower down from dawn. Highest tops near top of cloud layer. Base rising gradually, some breaks forming mostly inland afternoon.	Fog in the glens and corries from dawn with patchy banks up to middle slopes. Cloud tops near 900-1000m, lowest tops in the south. Tending to lift and breaks into patchy cloud between 800-1100m, a broader sheet of cloud near the coast.
Chance of cloud free Munros?	30%	50%, though 70% for highest tops (above a cloud layer)
Sunshine? Air clarity (below cloud)	Mostly cloudy, brief glimpses of sun. Visibility good below cloud.	Often cloudy, though some sunny breaks here and there. Excellent visibility above cloud, some lower haze.
How Cold? (at 900m)	6 to 8C; a slight rise in temperature with height.	8 or 9C. May warm towards 11C Clyde Sea Lochs and nearby islands. Increasing temperature with height.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 11 October, 2025

Westerly winds with some drizzle over high ground prevails in northern Scotland into Saturday, then high pressure establishes over the British Isles bringing light winds and dry weather conditions well into next week. Scope for inversion conditions this weekend and early next week with some valley fog and varied low cloud. Into the week, mixed cloud and sun with occasional longer spells of cloud or sunshine. Easterly winds are expected to increase with time for England and Wales, particularly in the south where there could be notable gusts over high terrain. Pleasant daytime temperatures, some cooler nights with slight frost where skies are clear.

Forecast issued at 16:13 on Thursday, 9 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.