

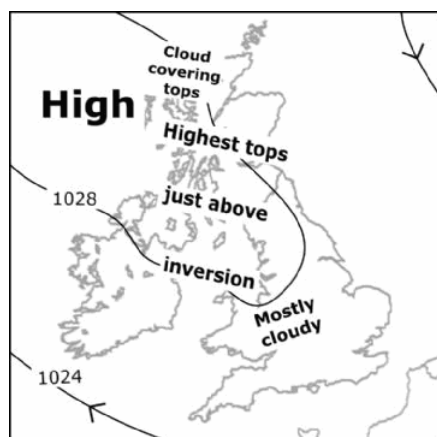
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 16 October, 2025



British Mountain Summary:

Based on forecast chart for noon 16 October, 2025

Higher mountain tops particularly in the southern half of the Highlands remain above an inversion; low-level cloud rising, locally thinning gradually. Further north and especially northwest, cloud will cloak upper slopes. In the Lakes and Snowdonia, very highest summits also near or just above the cloud-top.

Headline for West Highlands

Low cloud banks, higher tops likely above inversion. Light winds.

Detailed Forecast for Thursday, 16 October, 2025

How windy? (On the Munros)	Variable or mostly north-northwesterly, 10mph or less.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	Damp air where in cloud Where within fog, some very fine drizzle drifting around and rock surfaces will be slick.
Cloud on the hills? Chance of cloud free Munros?	Cloud lifts to upper slopes, breaks inland-southern areas From dawn, covering most mid-slopes, most extensive all day near coast. More broken inland, cloud top 900-1000m at first, slightly higher on/north of Ben Nevis group. Cloud layer lifts higher, but tends to break up slowly inland & south, some hills clearing completely. Highest summits around Ben Nevis likely stay above patchy cloud. 70% on the tops, lowering to 50% Lochaber
Sunshine? Air clarity (below cloud)	Highest tops sunny above an inversion at least in the morning. Little sun below the cloud near the coast. Some bright or sunny spells Loch Lomond NP afternoon. Good visibility below cloud.
How Cold? (at 900m) Freezing Level	4 to 6C, little change with height in morning. Starting cooler in some inland glens. Above the summits

West Highlands - Looking Ahead

	Friday 17 October	Saturday 18 October
How windy? (On the Munros) Effect of wind on you?	Easterly 10-15mph, some gusts; soon southeasterly. Rising to 20mph coastal areas south of Mull afternoon. Fairly small	South to southeasterly, tending to increase 20 to 30mph, may reach 40mph around higher tops later, soonest near coast. Becoming more blustery, starting to affect ease of walking and balance on exposed tops and ridges.
How wet? (Precipitation and its impact)	No rain expected	Rain unlikely Local fine drizzle if in cloud.
Cloud on the hills? Chance of cloud free Munros?	Mostly high terrain with breaks Some patchy cloud at various heights in the morning, local fog in the inland glens. Some highest summits may start just above cloud, but will lift to high terrain, likely clinging to high tops most of the day but many areas will see breaks. 50%	Varied low cloud Most persistent low cloud focused around Loch Lomond NP, may persist on hills all day. Good breaks north into Lochaber, with highest bases northern Ben Nevis group, but patches may linger around tops. 40%
Sunshine? Air clarity (below cloud)	Glimpses of sun though weakened by high cloud. Excellent visibility, some haze near the southern islands.	Glimpses of sun, best in Lochaber. Visibility good, but some haze, particularly southern areas.
How Cold? (at 900m) Freezing Level	5 or 6C Above the summits	4C, but feeling near -5C in the wind, later colder. Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 17 October, 2025

Gradually lowering pressure over the next few days will tend to push the inversion layer increasingly higher up - with time the cloud banks enveloping even higher slopes, although this level will vary across the country up to Saturday. Southeasterly breezes will start to freshen, soonest in west coastal areas. Breaks in the cloud sheet will therefore be best in areas to the northern lee-side of major hill groups. By late Saturday, winds may approach gale-force in the west. Fronts moving in from the Atlantic bring a risk of rain onward into Sunday, although extent of this is uncertain. A more unsettled outlook into next week is likely.

Forecast issued at 16:38 on Wednesday, 15 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.