

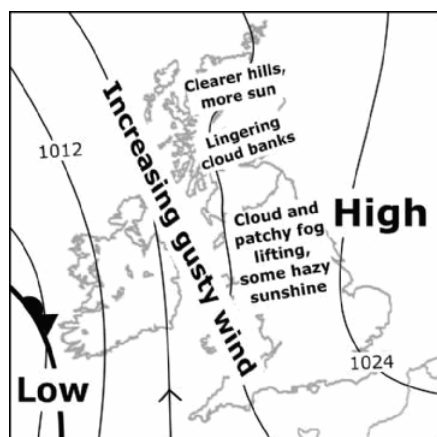
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 18 October, 2025



British Mountain Summary:

Based on forecast chart for noon 18 October, 2025

Breezy south-southeasterly winds, strongest and gustiest in west. Areas of low cloud on hill slopes and fog in some valleys from dawn. Cloud tends to rise and break, but persisting on some south-facing hills. Better northwards across the Highlands.

Headline for West Highlands

Strengthening wind. Varied low cloud, breaks northward.

Detailed Forecast for Saturday, 18 October, 2025

How windy? (On the Munros)	South to southeasterly, tending to increase 20 to 30mph, gusts reach 40mph around higher tops later, soonest near coast. Increasing further into the night, gusty 35-45mph.
Effect of wind on you?	Becoming more blustery, starting to affect ease of walking and balance on exposed tops and ridges. Deteriorating to upland gales into night.
How wet? (Precipitation and its impact)	Damp air some southern slopes Occasional local fine drizzle if in cloud, most common over southern coastal hills and islands.
Cloud on the hills?	Low cloud mostly south, breaks north Most persistent low cloud focused around Loch Lomond NP, banks on some hills all day, rising a little to 700-800m. Good breaks north into Lochaber, mostly above 900-1000m, with higher bases north from Ben Nevis, some highest tops may be near top of cloud layer in morning.
Chance of cloud free Munros?	30% south, to 60% north
Sunshine? Air clarity (below cloud)	Glimpses of sun, best in Lochaber, some thin high cloud builds. Visibility good, but some haze, particularly southern areas; improving into afternoon.
How Cold? (at 900m)	4C, slight rise into afternoon, local 6C north Lochaber, but feeling near -5C in the wind, later colder in stronger wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Sunday 19 October	Monday 20 October
How windy? (On the Munros) Effect of wind on you?	East to southeasterly, 35 to 50mph, speeds varying, lower later; widely very gusty, including through passes and lower Expect challenging walking conditions, sudden gusty areas knocking you off balance. Considerable wind chill.	Direction variable, mostly 10mph or less. Small
How wet? (Precipitation and its impact)	Widespread rain, heaviest south Rain soon spreading northeast across the region from dawn, setting in for sustained heavy rain over southern hill groups, somewhat lighter and patchier north of Ben Nevis. Starting to break up during afternoon into evening.	Largely dry, risk a little rain Patchy light showery rain possible, but a fair amount of dry weather during the day across the region. Greater risk of patchy rain near southern islands and coasts.
Cloud on the hills?	Extensive, lowest south Likely to blanket hills in Loch Lomond NP and coastal areas near the Clyde/Arran, to lower slopes in rain. Higher cloud base northwards, some breaks above 800-900m Glen Spean area.	Varied cloud banks, clearer areas Banks of cloud at various elevations from lower slopes upward from dawn, some slopes may be between cloud layers for a time. Tending to lift mostly above 800-1000m, substantial breaks may form.
Chance of cloud free Munros?	Below 10% south, 20% north.	50%
Sunshine? Air clarity (below cloud)	Sun unlikely, overcast all day. Mostly hazy, widely murky in rain; better below cloud in north Lochaber.	Mix of cloud and sun. Patchy mist early in day, visibility then very good below cloud.
How Cold? (at 900m) Freezing Level	4 to 6C, small change with added height. Feeling like -7 to -10C directly in the wind. Above the summits	6C, little change all day. Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 19 October, 2025

Fronts moving in from the Atlantic by Sunday bring rain, widely setting in heavy for several hours, soonest Wales, here later clearing.

A more unsettled outlook into next week as low pressure dominates with areas of rain and showers, which will vary locally day-to-day. Wind speeds will also vary, but some lulls. Potentially significantly colder later in the week with northerly winds, dropping below freezing on higher mountains, with snow showers especially Scottish Munros.

Forecast issued at 7:31 on Saturday, 18 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.