

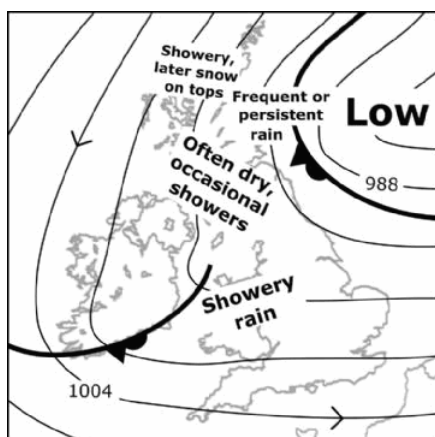
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 24 October, 2025



British Mountain Summary:

Based on forecast chart for noon 24 October, 2025

Cold northerly winds gale force across Scottish mountains. Showery in the north, most frequent precipitation for the Cairngorms, turning to snow on higher tops. Drier with some sun SW Highlands. Areas of rain extend into Borders and northern England with time. Frequently showery in Wales, particularly south.

Headline for West Highlands

Increasingly windy, gales. Often dry, some sun, local showery rain.

Detailed Forecast for Friday, 24 October, 2025

How windy? (On the Munros) Effect of wind on you?	Northerly 25 to 35mph at first, soon strengthening from north, soonest during morning in Lochaber, increasingly widely 40-50mph, in afternoon reaching 60mph higher Ben Nevis group. Conditions increasingly arduous then difficult, affecting balance and mobility. Significant wind chill, becoming severe higher mountains around Ben Nevis.
How wet? (Precipitation and its impact)	Precipitation on and off Showery precipitation on and off, more frequent at times on northern ranges and sometimes pushing southward over more inland mountains. Falling as sleet on highest summits. Driest toward the coast and western Loch Lomond NP.
Cloud on the hills? Chance of cloud free Munros?	Varied on higher slopes, breaks southwest Whilst bases will vary, often covering higher slopes, with bases around 800-1000m, generally lowest north and inland Lochaber in showers. Some higher breaks toward Arrochar and Glen Etive areas. 40%
Sunshine? Air clarity (below cloud)	Occasional sun, mostly southwestern areas. Visibility sometimes poor due to rain.
How Cold? (at 900m) Freezing Level	2 or 3C (dropping to 0C after dark). Feeling like -10 to -15C in the strongest winds on high tops. Close to highest tops, generally above 1300m, then lowering from dusk to 900m.

West Highlands - Looking Ahead

	Saturday 25 October	Sunday 26 October
How windy? (On the Munros) Effect of wind on you?	North to northwesterly 35 to 55mph, sustained speeds strongest Ben Nevis group; squally gusts widely in showers. Be prepared for arduous conditions, difficult mobility higher up. Significant wind chill, severe on high tops.	Northwest turning west or briefly SW'ly afternoon; 25 to 40mph, a window of lower speeds, but risk increasing again. Conditions likely to vary; a period when fairly small, but then risk more challenging again. Prepare for considerable wind chill.
How wet? (Precipitation and its impact)	Occasional showers, mostly north Occasional showers moving in on the northerly winds, most in north Lochaber and down west coast. Snow initially above 500-600m, lifting to 900m. Occasional hail.	Snow showers on tops, then steady rain A few showers moving inland from the coast in the morning, locally more frequent, snow falling above 700-800m. Tending to merge into more constant precipitation, turning sleet possibly rain to highest tops.
Cloud on the hills?	Capping tops, most widely in north Cloud likely to cap tops in fog often, most widely north Lochaber and western coastal hills. Further inland and south, cloud breaking off the tops for periods.	Varied on tops, becoming extensive Cloud banks most frequent near coasts and islands early in the day, bases 700-900m, some breaks well inland. Filling in and lowering from west in rain, widely 600-800m, but 500m or lower near coast with time.
Chance of cloud free Munros?	40% north, 70% south.	40% dropping to 10%
Sunshine? Air clarity (below cloud)	Bursts of sun, mostly widely in the south. Visibility very good out of showers, but poor or very poor in precipitation.	Any early sun weak, high cloud thickens to become overcast. Visibility starting good away from showers, becoming poor in rain.
How Cold? (at 900m) Freezing Level	-2C lifting to 0 or 1C, but feeling like -12 to -15C in the wind. 700m lifting to 900-1000m, highest coastal areas and toward south; lowering again into evening.	-1C rising to +2C afternoon. If exposed to stronger winds, feeling like -10C. 800-900m, plus frost in some inland glens at dawn. Rising near/above higher tops afternoon-evening; then 1200m into night.

Planning Outlook

All mountain areas of Britain from Saturday, 25 October, 2025

A cold weekend; higher summits close to freezing point in England and Wales and below in Scotland. Substantially dry on many mountains but areas of frequent showers (hail and snow), mainly NW and W Highlands (where wind close to gale on Saturday) and north and west Wales. By Sunday afternoon, increasing threat of rain setting in on many western mountains - ahead of a less cold but often windy and wet few days. Westerly winds prevail, later in week trending southerly.

Forecast issued at 16:30 on Thursday, 23 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.