#### MOUNTAIN WEATHER INFORMATION SERVICE

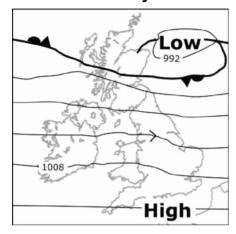
# **West Highlands**

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Tuesday, 28 October, 2025



# British Mountain Summary: Based on forecast chart for noon 28 October, 2025

For most, gusty upland gale or near gale force westerly winds, together with showers and fog covering most higher areas. More complicated in N Scotland, where low freezing level, but locally relatively benign with lighter wind and breaks in the cloud and precipitation.

## **Headline for West Highlands**

Widespread upland gales and rain, or snow higher tops.

## Detailed Forecast for Tuesday, 28 October, 2025

How windy? (On the Munros)	Westerly 35 to 50mph. Lochaber (particularly north of Glen Spean) may for at least part of the day have markedly lower speeds - but could change abruptly.		
Effect of wind on you?	Expect significant wind chill and difficult walking in gales, but perhaps relatively small impact north of about Glen Spean.		
How wet?	Rain on and off; snow higher slopes, particularly Lochaber		
(Precipitation and its impact)	Bands of rain will circulate within low pressure: in some areas the rain constant, often heavy over several hours whilst in other areas relatively little all day.  Snow above about 1050m, perhaps 600m near and north of Glen Spean.		
Cloud on the hills?	Very extensive		
	Mountains nearly all cloud covered most or all day. Here and there breaks to or perhaps above 900m, but particularly western mountains, cloud at or often below 450m.		
Chance of cloud free Munros?	10%		
Sunshine?	Rare if any glimpses of sun.		
Air clarity (below cloud)	Visibility often poor or very poor due to rain and snow.		
How Cold? (at 900m)	1 or 2C. Will feel as cold as minus 12C in the strongest wind.		
Freezing Level	1100 to 1300m.		

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## West Highlands - Looking Ahead

	Wednesday 29 October	Thursday 30 October
How windy? (On the Munros)  Effect of wind on you?	Very varied due to centres of low pressure close to Scotland: Speeds may be low, but risk 30 to 45mph.  Small or even negligible in some areas, but anticipate marked wind chill and arduous or difficult walking for periods.	Southeasterly 10 to 20mph morning, but locally 30mph near coast. Progressively strengthening; 40, perhaps 50mph by dusk.  Mostly small morning before particularly near coast, sudden buffeting and wind chill become considerable. Very difficult conditions after dark.
How wet? (Precipitation and its impact)	Some snow; may stay dry some areas.  Detailed confidence low: Bands of rain, perhaps heavy over a few hours, or above 700m snow, will circulate within low pressure.  Nevertheless, some areas may be substantially dry.	Little or no precipitation
Cloud on the hills?	Generally extensive; possible breaks to higher slopes in some areas.  Fairly widely fog across the hills, in places persistently on lower slopes, and extensive above 600m.  Nevertheless, in some areas, cloud base may well exceed 900m for periods.	Very little all day. Most likely Loch Lomond NP.  Fragments some higher slopes, but most summits cloud free.  May come and go all day above about 600m Loch Lomond NP (most likely Trossachs area).
Chance of cloud free Munros?	10%	70%
Sunshine? Air clarity (below cloud)	Little or no sunshine. The air generally very clear, but poor visibility in precipitation.	Bright sunshine will give way from south as high cloud thickens. Superb visibility in the hills; a few pockets of fog valleys and corries.
How Cold? (at 900m)	0 or 1C	-1C; rising slowly through the day.
Freezing Level	850-1000m. Frost in some valleys at first.	600m rising toward 900m. Note, frost many valleys morning.

## **Planning Outlook**

## All mountain areas of Britain from Wednesday, 29 October, 2025

Frequently windy toward and through next weekend with widespread upland gales - possibly storm force - bands of rain and low cloud. Warmer than at present. These conditions are likely to continue well into November as a lengthy series of Atlantic lows and associated fronts cross Britain.

#### Forecast issued at 12:59 on Monday, 27 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.