

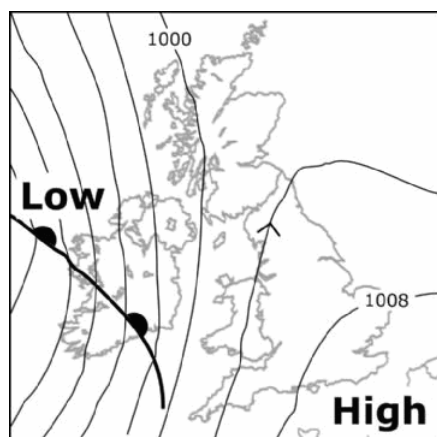
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 30 October, 2025



British Mountain Summary:

Based on forecast chart for noon 30 October, 2025

A temporary lull in the wind will give way as later in the day upland gales reach western mountains. Substantially dry, although 'patchy' rain will reach Wales and later in the day SW Scotland and NW England. Higher terrain frozen across the Scottish Highlands.

Headline for West Highlands

Increasingly windy: Upland severe gales developing.

Detailed Forecast for Thursday, 30 October, 2025

How windy? (On the Munros)	Southeasterly 10-20mph morning, locally 30mph near coast. Progressively strengthening 40, to 60mph western mountains by dusk.
Effect of wind on you?	Morning: mostly small. Then particularly near coast, sudden buffeting and wind chill become considerable, by dusk difficult.
How wet? (Precipitation and its impact)	Little or no precipitation Widespread rain (initially snow above 800m) spreading north at about dusk.
Cloud on the hills?	Very little all day. Most likely to form Loch Lomond NP. Fragments slow to lift off some higher slopes, but most summits cloud free by about midday. May come and go all day above about 600m Loch Lomond NP (most likely Trossachs area).
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Bright sunshine will give way from south as high cloud thickens. Superb visibility in the hills; a few pockets of fog valleys and corries.
How Cold? (at 900m)	0C; rising slowly through the day. Will feel as cold as minus 12C in the wind later in day.
Freezing Level	800m rising toward 1100m. Note, frost many valleys morning.

West Highlands - Looking Ahead

	Friday 31 October	Saturday 1 November
How windy? (On the Munros)	Southerly, speeds increasing quickly with height to around 50mph; strongest coastal mountains where locally 60mph.	Southwesterly in the range 30 to 40mph; particularly gusty near precipitation.
Effect of wind on you?	Widely difficult walking where exposed on higher areas and significant wind chill in upland gales.	Walking difficult and considerable wind chill on higher areas, especially near precipitation.
How wet? (Precipitation and its impact)	Areas of rain; least wet N Lochaber Rain frequently or almost constantly. But north across Lochaber, particularly near and north of Glen Spean, total rainfall becoming small or negligible.	Frequent precipitation Overnight rain clearing to sudden heavy showers - sometimes one after another, particularly western mountains. Hail and increasingly snow, by mid afternoon snow as low as 700m.
Cloud on the hills?	Very extensive; breaks to higher slopes Lochaber Loch Lomond NP and near Mull: Persistent fog from a few hundred metres up. Elsewhere, cloud base between 600 and 900m, but toward and north of Glen Spean, breaks to 1050 to 1200m.	Widespread, particularly western mountains. Cloud widely covering higher areas from dawn. Will improve intermittently as cloud base rises to around 750m western mountains and 900m central highlands. Near precipitation cloud often forming lower slopes.
Chance of cloud free Munros?	Less than 10%	10%
Sunshine? Air clarity (below cloud)	Weak sunshine at times mainly or only Lochaber. Widely dull elsewhere. Very good or excellent visibility Lochaber, but persistently poor in rain.	Brief patches of sun, mainly toward central highlands. Sometimes good visibility but often very poor in precipitation.
How Cold? (at 900m) Freezing Level	7C. Will feel more like minus 7C directly in the wind. Above the summits.	2 dropping toward 0C. Will feel as cold as minus 12C directly in the wind. 1250m dropping to 950m.

Planning Outlook

All mountain areas of Britain from Friday, 31 October, 2025

A long period (well into November) of frequent rainfall, particularly western mountains where widely considerable accumulation, strong or gale force upland winds and low cloud. Temperatures generally higher than at present: brief interludes in Scotland where freezing level drops below higher summits.

Forecast issued at 15:55 on Wednesday, 29 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.