

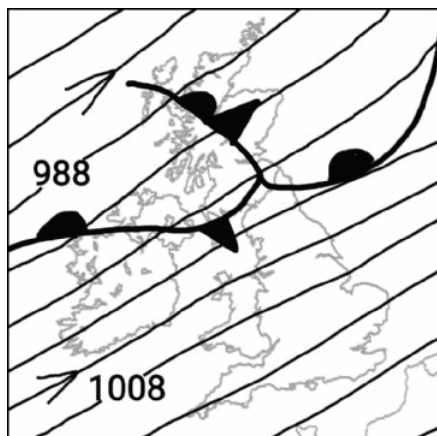
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 3 November, 2025



British Mountain Summary:

Based on forecast chart for noon 3 November, 2025

Gale to, in places, severe gale force south-westerlies will drive in very extensive low cloud across the hills and rainfall. The rain will be near constant across western mountains, and on and off across eastern areas. Significant wind chill.

Headline for West Highlands

Severe south-westerly gales with heavy rainfall and very extensive low cloud.

Detailed Forecast for Monday, 3 November, 2025

How windy? (On the Munros)	Southwesterly 50 to 60mph.
Effect of wind on you?	Widely difficult walking - in places any mobility a struggle - significant wind chill.
How wet? (Precipitation and its impact)	Near constant rain Near constant rain, sometimes heavy; Least rainfall central highlands and near Clyde sea lochs. Very wet underfoot; risk local flooding.
Cloud on the hills?	Very extensive and low Fog persistently shrouding the mountains, widely from lower slopes up. Some breaks higher up near and north of Glen Spean and near lochs Treig and Ossian, but cloud base rarely above 750m.
Chance of cloud free Munros?	Almost nil
Sunshine? Air clarity (below cloud)	Dull and misty. Poor visibility though temporary improvements.
How Cold? (at 900m)	7 or 8C. Will feel as cold as minus 6C directly in the wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Tuesday 4 November	Wednesday 5 November
How windy? (On the Munros) Effect of wind on you?	South to higher up southwesterly 40 to perhaps 50mph. Continued difficult conditions where exposed on higher areas, where wind chill significant and walking a struggle.	Variable wind directions are expected, often 10-15mph or less, but may become southerly 15 to 25mph in south later. Mostly small
How wet? (Precipitation and its impact)	Frequent or perhaps persistent rain. Rain or frequent showers most of day. Very wet underfoot particularly Lochaber.	Frequent rain, but tending to ease. Frequent pulses of rain in morning, some heavy. Tending to ease off in the afternoon to leave a footprint of patches of drizzle leftover.
Cloud on the hills? Chance of cloud free Munros?	Higher areas persistently foggy Widely persistent fog above 400 to 600m. Near & north of Glen Spean and lochs Treig and Ossian, base mostly 600m, perhaps locally 900m. 10%	Widespread and to very low bases Low cloud will blanket the hills in fog, down to the very lowest slopes across southern ranges and up the west coast. 10%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly near & north of Glen Spean and lochs Treig and Ossian. Otherwise, mostly dull and misty.	Overcast. Visibility often poor due to rain.
How Cold? (at 900m) Freezing Level	7C Will feel as cold as minus 5C directly in the wind. Above the summits.	6 to 8C Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 4 November, 2025**

Remaining very unsettled with as a series of deep Atlantic lows, and their associated fronts, continue to cross Britain over the next week to ten days. Frequently windy, with high rainfall, particularly on western mountains (rain at some stage almost daily) and cloud will frequently cover higher areas. Only rarely cold enough for snow higher mountains in Scotland.

Forecast issued at 12:53 on Sunday, 2 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.