

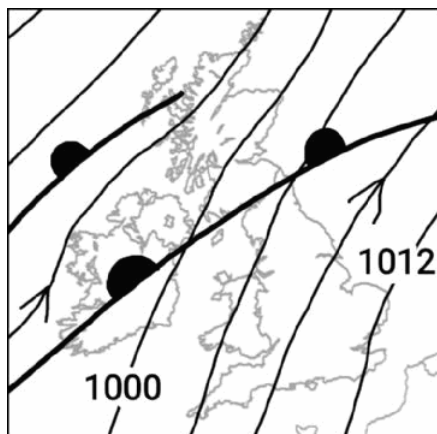
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 4 November, 2025



British Mountain Summary:

Based on forecast chart for noon 4 November, 2025

Strong to gale-force south to south-westerly winds bringing frequent rainfall and extensive hill fog once more, especially across England and Wales, and into western and southern parts of Scotland. Drier, with the best cloud breaks, towards north Highland and northern Cairngorm NP.

Headline for West Highlands

Extensive hill fog, light rain and drizzle. Gales will ease.

Detailed Forecast for Tuesday, 4 November, 2025

How windy? (On the Munros)	South to higher up southwesterly 40 to perhaps 50mph for a time. Easing down to 20 to 30mph in afternoon.
Effect of wind on you?	Continued difficult conditions in morning where exposed on higher areas, where wind chill significant and walking a struggle. Easing into afternoon.
How wet? (Precipitation and its impact)	Light rain and drizzle mostly west Rain and drizzle on and off, frequent west of Loch Linnhe, but total rain generally small across the region. Well inland only spots in the wind occasionally, often dry east of Ben Nevis group. Into the night, more persistent rain develops from the south. Very wet underfoot following previous rainfall.
Cloud on the hills?	Higher areas persistently foggy Extensive hill fog above 400 to 700m, lowest on south-facing coastal slopes. Near & north of Glen Spean and lochs Treig and Ossian, base mostly 700-900m with some breaks likely.
Chance of cloud free Munros?	10% coastal hills, 50% north Lochaber.
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly well inland across Lochaber and toward central highlands. Otherwise, mostly dull and misty.
How Cold? (at 900m)	7C Will feel as cold as minus 5C directly in the wind in morning.
Freezing Level	Above the summits.

All mountain areas of Britain from Wednesday, 5 November, 2025

Forecast issued at 7:20 on Tuesday, 4 November, 2025

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