MOUNTAIN WEATHER INFORMATION SERVICE

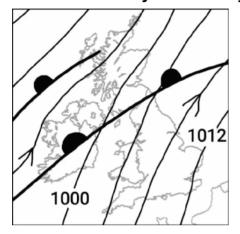
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 4 November, 2025



British Mountain Summary: Based on forecast chart for noon 4 November, 2025

Strong to gale-force south to south-westerly winds bringing frequent rainfall and extensive hill fog once more, especially across England and Wales, and into western and southern parts of Scotland. Drier, with the best cloud breaks, towards north Highland and northern Cairngorm NP.

Headline for West Highlands

Extensive hill fog, light rain and drizzle. Gales will ease.

Detailed Forecast for Tuesday, 4 November, 2025

How windy? (On the Munros)	South to higher up southwesterly 40 to perhaps 50mph for a time. Easing down to 20 to 30mph in afternoon.	
Effect of wind on you?	Continued difficult conditions in morning where exposed on higher areas, where wind chill significant and walking a struggle. Easing into afternoon.	
How wet?	Light rain and drizzle mostly west	
(Precipitation and its impact)	Rain and drizzle on and off, frequent west of Loch Linnhe, but total rain generally small across the region. Well inland only spots in the wind occasionally, often dry east of Ben Nevis group. Into the night, more persistent rain develops from the south. Very wet underfoot following previous rainfall.	
Cloud on the hills?	Higher areas persistently foggy	
	Extensive hill fog above 400 to 700m, lowest on south-facing coastal slopes. Near & north of Glen Spean and lochs Treig and Ossian, base mostly 700-900m with some breaks likely.	
Chance of cloud free Munros?	10% coastal hills, 50% north Lochaber.	
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly well inland across Lochaber and toward central highlands. Otherwise, mostly dull and misty.	
How Cold? (at 900m)	7C Will feel as cold as minus 5C directly in the wind in morning.	
Freezing Level	Above the summits.	

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West Highlands - Looking Ahead

	Wednesday 5 November	Thursday 6 November
How windy? (On the Munros)	Variable wind directions are expected, often 10-15mph or less, but may become southerly 15 to 25mph in south later.	Southerly 25 to 35mph
Effect of wind on you?	Mostly small	Blustery, perhaps at times arduous over higher terrain. Marked chill where exposed to the wind.
How wet?	Rain easing for a time, returning later.	Patches of rain and drizzle
(Precipitation and its impact)	Patches of rain and drizzle from dawn, but tending to fizzle out for a time. Later in the afternoon, or perhaps into the evening, risk of more rain returning from south.	Patches of drizzle on and off through the day, perhaps some heavier rain at dawn from an overnight front, but soon clearing north. Steadier rain perhaps later again.
Cloud on the hills?	Widespread and to very low bases	Extensive
	Low cloud will blanket the hills in fog, down to the very lowest slopes across southern ranges and up the west coast.	Within a humid atmosphere, cloud banks will cover hills widely, but to varying levels. Scope for northern hills to see breaks, perhaps between cloud layers.
Chance of cloud free Munros?	10%	20%
Sunshine? Air clarity (below cloud)	Overcast.	Mostly overcast.
	Visibility often poor due to rain.	Visibility rather hazy, and poor in drizzle.
How Cold? (at 900m)	6 to 8C	8C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 5 November, 2025

Remaining very unsettled with as a series of deep Atlantic lows, and their associated fronts, continue to cross Britain over the next week. Frequently windy, with high rainfall, particularly on western mountains (rain at some stage almost daily) and cloud will frequently cover higher areas. Only rarely cold enough for snow higher mountains in Scotland.

Forecast issued at 7:20 on Tuesday, 4 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.