

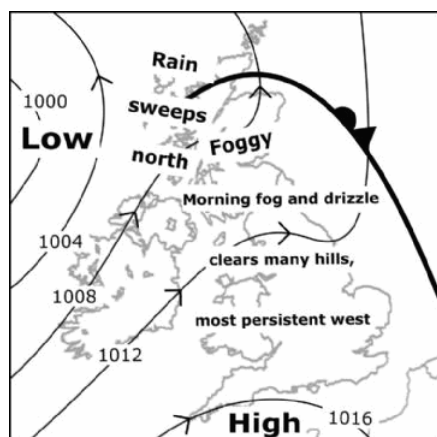
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 8 November, 2025



British Mountain Summary:

Based on forecast chart for noon 8 November, 2025

Morning rain in western Scotland with fog on most high terrain; lower and more extensive fog central and southern highlands. A misty, drizzly start on high terrain of England and Wales, though improving - cloud increasingly broken, particularly east of high tops. Feeling mild in moderate winds, a slight cooling later.

Headline for West Highlands

Periods of rain along the coast; extensive fog

Detailed Forecast for Saturday, 8 November, 2025

How windy? (On the Munros) Effect of wind on you?	From dawn, southeasterly 15-25mph, strongest toward coasts and on islands, possibly reaching up to 30mph briefly in the morning. Wind will shift southwesterly afternoon and settle near 10-15mph, though strengthening into nighttime. Feeling blustery over higher terrain and coastal areas in the morning. Winds ease for mostly small effects afternoon.
How wet? (Precipitation and its impact)	Morning rain then showers, mostly coastal Rain drifts northward along the coast where it will be locally persistent for a few hours. Some rain inland as well though more patchy as it passes northward. High tops in cloud remaining drizzly for a time, then some showers drifting from offshore later in the day.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive, local breaks forming later Covering many hills all day, shrouding hills from 400-600m upward; most persistent low cloud in southern areas, with some fog in glens and coastal cliffs. Local breaks forming, more often late in the day through ragged fog patches will cling to various heights. 20%
Sunshine? Air clarity (below cloud)	Often overcast, though turning brighter with glimpses of sun later. Often foggy in cloud and drizzle, but visibility very good out of these conditions.
How Cold? (at 900m) Freezing Level	6 or 7C from dawn, lowing to 4 or 5C. Inland glens will similar become cooler rapidly later afternoon. Feeling below freezing if in stronger wind on high tops. Above the summits

West Highlands - Looking Ahead

	Sunday 9 November	Monday 10 November
How windy? (On the Munros)	A swathe of 35-40mph winds passes west to east through the day, risk 45mph coastal tops.	Generally southerly through variable, 15mph or less. A risk of stronger afternoon winds though confidence is low.
Effect of wind on you?	Arduous walking with considerable buffeting and wind chill in gusts. Stability will be challenging in exposure.	Likely small
How wet? (Precipitation and its impact)	Rain soon frequent, particularly coasts Intermittent rain from dawn, becoming more frequent as the day goes and setting in for several hours at a time along the coast. Rain could be heavy over and near Glencoe.	Dawn rain soon clears to the north Detail uncertain: showery rain broadly from dawn soon clears southern hills and progressively clearing north. Odd showers follow. May be drier sooner.
Cloud on the hills?	Extensive Hills likely shrouded much of the day from 500-600m up, lower bases along the coast, locally down to coastal cliffs. Bases higher inland at first, soon lowering in rain. A chance of cloud breaks forming late in the day on the islands.	Well-broken banks at various heights Extensive from 700m up, lower bases southern coastal areas. Cloud will break from the south into banks clinging to slopes at various heights, mostly above 800m. Highest tops and the southern islands more often in cloud.
Chance of cloud free Munros?	Less than 10%	Rising to 50%
Sunshine? Air clarity (below cloud)	Overcast. Mostly poor visibility though locally excellent out of fog and rain.	Overcast at first, sunny bursts increasingly breaking out and increasingly excellent visibility - some haze near the Central Belt.
How Cold? (at 900m)	7C coastal slopes, cooler inland starting near 5C and rising somewhat. Feeling like -3 to -5C in direct wind.	4C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 9 November, 2025

A cloudy and wet week ahead as several low pressure cores draw frontal systems across the British Isles. Rain at times extensive and heavy, streams in spate with a risk of flooding, primarily western mountains. Winds start fairly light but soon increase with gales becoming widespread by Tuesday, which may persist for several days. Temperatures remain mild until later in the week when cold air begins pushing into northern Scotland - timing and extent of the arrival of cold air remains uncertain but high terrain of Scotland and possibly northern England may start to see more snow around or after next weekend.

Forecast issued at 15:55 on Friday, 7 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.