

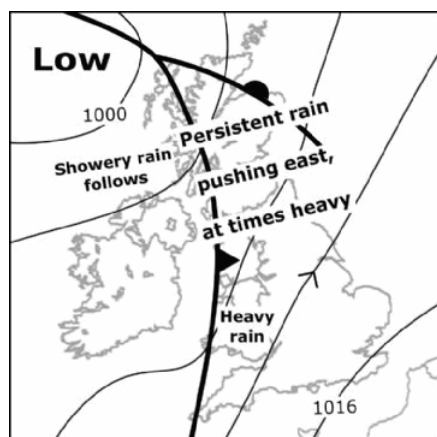
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Sunday, 9 November, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 9 November, 2025

A swathe of rain advances eastwards across all regions during the day, heaviest over south-facing hill groups, patchier northwards across the Highlands, breaking up with time in the west, leaving a few showers, rising cloud bases. Windy, up to gale force high tops, most sustained in Wales.

### Headline for West Highlands

Strongest winds in morning. Wet morning, drier afternoon.

## Detailed Forecast for Sunday, 9 November, 2025

|                                                   |                                                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b>                 | South to southwesterly 35-40mph for a few hours during the morning, up to 45mph coastal tops in south at first. Easing to 25mph into afternoon.                                                                                                                                                                                        |
| <b>Effect of wind on you?</b>                     | <b>Arduous walking in morning with considerable buffeting and wind chill in gusts. Improving afternoon, but still blustery in exposure.</b>                                                                                                                                                                                            |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Heavy rain in morning, especially south; showers afternoon</b><br>Intermittent rain from dawn, soon more frequent and setting in for several hours, heaviest sustained falls from Loch Lomond to Glencoe in morning. Then easing and clearing eastwards, leaving patchy showery rain in afternoon. Wet underfoot, streams in spate. |
| <b>Cloud on the hills?</b>                        | <b>Extensive, some improvement afternoon</b><br>Hills likely shrouded much of the day from 500-600m up, lower bases along the coast, locally down to coastal cliffs, mostly 600-800m inland Lochaber. Cloud bases rising from west afternoon to 700-900m, some breaks higher up.                                                       |
| <b>Chance of cloud free Munros?</b>               | <b>10%, up to 30% afternoon.</b>                                                                                                                                                                                                                                                                                                       |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Overcast.<br>Mostly poor visibility though improving during afternoon as rain clears.                                                                                                                                                                                                                                                  |
| <b>How Cold? (at 900m)</b>                        | 6C, dropping a little into the afternoon to 4 or 5C.<br>Feeling like -3 to -5C in direct wind.                                                                                                                                                                                                                                         |
| <b>Freezing Level</b>                             | Above the summits                                                                                                                                                                                                                                                                                                                      |

**All mountain areas of Britain from Monday, 10 November, 2025**

A cloudy and wet week ahead as several low pressure cores draw frontal systems across the British Isles. Rain at times extensive and heavy, streams in spate with a risk of flooding, primarily western mountains. Winds start fairly light but soon increase with gales becoming widespread by Tuesday, which may persist for several days. Temperatures remain mild until later in the week when cold air begins pushing into northern Scotland - timing and extent of the arrival of cold air remains uncertain but high terrain of Scotland and possibly northern England may start to see more snow around or after next weekend.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.