MOUNTAIN WEATHER INFORMATION SERVICE

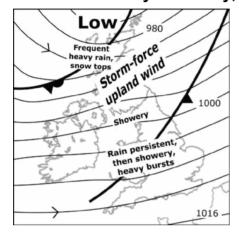
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 28 November, 2025



British Mountain Summary: Based on forecast chart for noon 28 November, 2025

Stormy conditions over Scottish mountains, easing only toward dusk; frequent or persistent rain and hill snow, heaviest western mountains. Severe gales high tops England & Wales, squally stormy gusts for a time with heavy bursts of rain. Risk of hail and isolated thunder, mainly western areas.

Headline for West Highlands

Stormy mountain winds, easing later. Heavy rain, hail, snow tops.

Detailed Forecast for Friday, 28 November, 2025

How windy? (On the Munros)	Southwesterly 70 to 80mph, peak strength early in the morning across Lochaber, gusts approaching 100mph highest tops. Turning westerly later afternoon, starting to drop to 30-40mph toward dusk, or less into night.	
Effect of wind on you?	Extensively very difficult conditions with severe wind chill and buffeting - any mobility challenging mid-heights upward. Strong gusts into glens. Improving only late in the daytime.	
How wet? (Precipitation and its impact)	Frequent showers, snow higher slopes, risk thunder Showers frequent and falling as snow above 800-900m. By afternoon, merging into more prolonged rain and snow on tops. Risk of hail and isolated lightning.	
Cloud on the hills?	Extensive upper slopes, bases varying Bases varying rapidly, but generally around 700-900m. Lowest bases coastal hills where at times in showers patches down to 500m.	
Chance of cloud free Munros?	20%	
Sunshine? Air clarity (below cloud)	Fleeting bursts of sun, mainly well inland. Visibility often poor due to rain, or on upper slopes snow.	
How Cold? (at 900m)	0 or 1C, to 2C nearest west coast. Wind chill feeling like -15 to -20C.	
Freezing Level	900 to 1100m, highest near west coast.	

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West Highlands - Looking Ahead

	Saturday 29 November	Sunday 30 November
How windy? (On the Munros) Effect of wind on you?	Northerly, 15 to 25mph, may increase to 30mph through day. Be prepared for significant wind chill in the north wind and some buffeting.	Variable 10-15mph or less. Tending to strengthen southerly, risk 20-30mph coasts before dusk, widely 40-50mph into night. Likely small possibly much of daylight, but possibly becoming more blustery in west with time; deteriorating into night.
How wet? (Precipitation and its impact)	Mostly dry	Precipitation unlikely during day
	Likely dry, bar snow flurries west coast for a time.	Most likely staying dry all daylight. Small chance an isolated light flurry. From dusk, light rain likely west, risk then heavier with hill snow inland into night.
Cloud on the hills?	Varying, mainly confined to tops.	Local patches, otherwise clear
	Cloud cover variable across area, but tending to come and go across higher tops from Lochaber and down the west coast.	Fragments of cloud around some slopes and corries, some mist possible in the valleys. Greater risk of patchy cloud NE of Ben Nevis early in day. Later, cloud banks may form on islands if wind increases.
Chance of cloud free Munros?	60%	70%
Sunshine? Air clarity (below cloud)	Variable cloud and occasional sun. Visibility mostly very good.	Winter sunshine and some thin high cloud, which may start to thicken from west. Visibility excellent.
How Cold? (at 900m)	-1 or -2C. Feeling like -10C if exposed to stronger wind.	-1 to -3C, coldest inland, where also small variation with height. Feeling like -10 to -15C later if wind increases.
Freezing Level	600 to 800m, lowest in Lochaber.	Much inland terrain frozen, frost in glens all day out of sunlight. Only partly frozen below 600m near to coasts.

Planning Outlook

All mountain areas of Britain from Saturday, 29 November, 2025

Colder over the weekend with the mountains near or below freezing point, including frost into glens in Scotland by Saturday night. A small scale low on Saturday most likely affects England and Wales bringing rain, upland snow and a core of strong winds for a time. Sunday then mostly dry, bright and cold. Next week, Atlantic lows passing across or just north of Britain will bring frequent rainfall to western mountains together with upland gales. A mix of chilly westerly air and some milder southwesterlies. Freeze-thaw cycles, with periods of fresh snow mostly for Scottish hills, briefly high tops elsewhere.

Forecast issued at 7:00 on Friday, 28 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.