

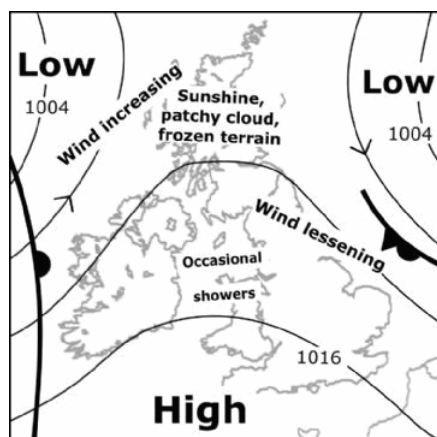
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 30 November, 2025



British Mountain Summary:

Based on forecast chart for noon 30 November, 2025

A fine day for many places, sunshine and broken cloud. Much terrain frozen in the Highlands, where a lull in wind, later strengthening southerlies in west. Strong northwesterlies for England and Wales tend to drop. Some local showers move inland from the Irish Sea. Deteriorating all areas into night.

Headline for West Highlands

Light wind, but increasing later. Sun then high cloud thickens.

Detailed Forecast for Sunday, 30 November, 2025

How windy? (On the Munros)	Variable 10-15mph or less. Tending to strengthen southerly, reaching 30mph around Mull and Jura up to dusk, widely increasing to 50mph into night.
Effect of wind on you?	Small much of daylight inland, but becoming more blustery near coast with time; deteriorating into night.
How wet? (Precipitation and its impact)	Coastal showers, rain/snow into night Most likely staying dry inland all daylight. Odd light showers around the islands and far west coast. From dusk, light rain moves onto islands then widely heavier with hill snow inland into night.
Cloud on the hills?	Local patches, otherwise clear Fragments of cloud around some slopes and corries, some mist possible in the valleys. Greater risk of patchy cloud NE of Ben Nevis early in day. Later, cloud banks form on islands as wind increases.
Chance of cloud free Munros?	70%, later 30% coast/islands.
Sunshine? Air clarity (below cloud)	Winter sunshine and some thin high cloud, which thickens with time from west. Visibility excellent.
How Cold? (at 900m)	-1 to -3C, coldest inland, where also small variation with height. Rising into night. Feeling like -10C if exposed to increasing wind later; colder after dark.
Freezing Level	Much inland terrain frozen, frost in glens all day out of sunlight. Only partly frozen below 600-800m coasts/islands. Then into night rising to upper slopes.

West Highlands - Looking Ahead

	Monday 1 December	Tuesday 2 December
How windy? (On the Munros) Effect of wind on you?	Southerly or variable; typically 20-25mph or sometimes less during day. Small risk increasing to gales later mainly in south. Some uncertainty, likely fairly small much of the region, but beware chance of worsening especially southern hills.	South to southwesterly 25 to 35mph, squally gusts over 40mph coastal hills in showers, sometimes high tops inland. Affecting comfortable walking and balance on exposed ridges and tops, at times more challenging. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers, more rain and hill snow likely Overnight hill snow finishing mainly as rain toward higher slopes, fading before dawn. A few showers near coast, but risk further persistent rain setting in with time from south, turning back to snow on tops. Showers into night with hail.	Hail showers particularly near Mull Showery bursts most common over coastal hills, frequent for a time near Mull, with hail, at times snow above 800m. Fewer showers inland and toward south, locally more often dry.
Cloud on the hills?	Fairly extensive, lowering Banks of cloud at various heights from dawn, shrouding many southern and coastal hills more extensively, some breaks Lochaber. Lowering widely as rain/snow develops.	Most persistent coasts, breaks Lochaber Covering coastal slopes most of the day, bases varied 600 to 900m, plus some lower banks on southern slopes in Loch Lomond NP in morning. Breaks above 1000m most often north/east of Ben Nevis.
Chance of cloud free Munros?	30% dropping below 10%	30%, to 50% inland Lochaber.
Sunshine? Air clarity (below cloud)	Largely overcast, dull in rain. Visibility locally may be good out of cloud for a time in morning, but then poor in rain/snow.	Glimpses of sun mostly inland, visibility good when dry, but reduced in showers, locally poor at times near coast.
How Cold? (at 900m) Freezing Level	2 or 3C, then late in day nearer 0C. Feeling like -10C or below if exposed to stronger winds. Rising from before dawn, above most summits for a time, then tending to drop to 1200m, after dark likely 900-1000m.	0 or 1C. Wind chill feeling around -10C. 900 to 1000m

Planning Outlook

All mountain areas of Britain from Monday, 1 December, 2025

Areas of low pressure circulating to the west and north will dominate the weather pattern in the week ahead, bringing generally unsettled weather. Southwesterly air and briefly milder into Monday - prolonged heavy rain for England and Wales bringing renewed concern for flooding. Then typically cooler with showery conditions - higher mountains near or just below freezing point likely for the remainder of the week - some snow on tops, occasional hail. Wind speed likely to vary, some squally gusty spells, but also some lulls possible during the week.

Forecast issued at 7:00 on Sunday, 30 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.