

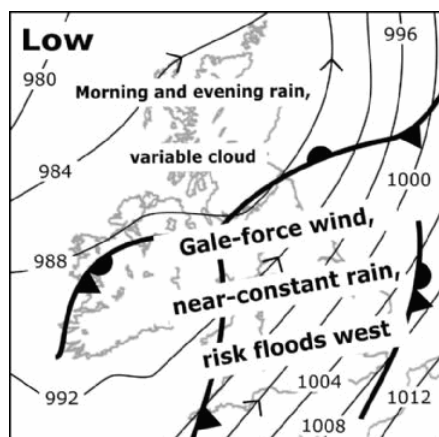
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 1 December, 2025



British Mountain Summary:

Based on forecast chart for noon 1 December, 2025

Morning rain and snow in Scottish Highlands breaks for several hours then returns from the south later. Rain more persistent over the Southern Uplands with heavy bursts south and a risk of strong winds. Gales and rain widely across England and Wales, increasing risk of flooding in Lakeland and west Wales.

Headline for West Highlands

Morning and evening rain, variable cloud

Detailed Forecast for Monday, 1 December, 2025

How windy? (On the Munros)	Soon southwesterly typically 20-25mph, stronger winds pre-dawn. Direction will vary somewhat afternoon and a chance of easing, perhaps into a lull for a few hours before winds rise again into night.
Effect of wind on you?	Some uncertainty: fairly small much of the region during daylight, but the morning breeze may linger for longer.
How wet? (Precipitation and its impact)	Showers, more rain and hill snow likely Overnight hill snow turning to rain before dawn and breaking into scattered showers by late morning. Showers mostly near the coast, perhaps drifting up Loch Linnhe. Further rain setting in with time from south late in the day, turning back to snow on tops. Showers into Lochaber overnight with hail.
Cloud on the hills?	Fairly extensive, some higher breaks for a time Banks of cloud at various heights from dawn, often shrouding many southern and coastal hills more extensively. Some higher breaks around the midday hours. Lowering widely from the south as rain develops.
Chance of cloud free Munros?	30% dropping below 10%
Sunshine? Air clarity (below cloud)	Some early sunny spells as rain breaks, turning largely overcast. Visibility locally may be good out of cloud for a time in morning, but then poor in rain/snow.
How Cold? (at 900m)	2C most of the day, then lowering later afternoon, reaching 0C into nighttime; risk lowering earlier. Feeling like -10C or below if exposed to stronger winds.
Freezing Level	Rising from before dawn, above most summits for a time, then tending to drop to 1200m, overnight likely to 900-1000m.

West Highlands - Looking Ahead

	Tuesday 2 December	Wednesday 3 December
How windy? (On the Munros) Effect of wind on you?	South-southwesterly 30-35mph, squally gusts over 40mph coastal Lochaber in showers, sometimes high tops inland. Affecting comfortable walking and balance on exposed ridges and tops, at times more challenging. Considerable wind chill.	Southwesterly 30-40mph, risk stronger early. An easing trend, particularly south, perhaps 20mph by dusk here. Strenuous walking most of the day, balance and stability will be affected. Significant wind chill.
How wet? (Precipitation and its impact)	Hail showers particularly near Mull Showery bursts most common over coastal hills, frequent for a time near Mull and Loch Linnhe, with hail, at times snow above 800m. Fewer showers inland and toward south, locally more often dry.	Rain breaks to showers Often raining from dawn, heavy showery bursts along the coast; driest around Arran/Argyll. Rain breaks into showers, mostly Glencoe northward, most frequent along the coast; more scattered to the south.
Cloud on the hills?	Most persistent coasts, breaks Lochaber Covering coastal slopes most of the day, bases varied 600 to 900m, plus some lower banks on southern slopes in Loch Lomond NP in morning. Breaks above 1000m most often north/east of Ben Nevis and the southern islands.	Extensive high terrain with lower banks Extensive over high terrain most or all day with banks regularly drifting lower in rain and snow, particularly Clyde Sea Lochs to Mull. A few higher breaks form here and there, though always a risk of cloud lowering again.
Chance of cloud free Munros?	30%, to 50% inland Lochaber and south islands.	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly inland, visibility good when dry, but reduced in showers, locally poor at times near coast.	Only scattered glimpses of weak sunshine. Variable visibility as fog and precipitation comes and goes, though excellent where clear.
How Cold? (at 900m) Freezing Level	0C Wind chill feeling around -10C. 900m	1C. Feeling like -13C in direct strongest wind. 1000m

Planning Outlook

All mountain areas of Britain from Tuesday, 2 December, 2025

A risk of local flooding remains on Tuesday in Wales and the Lake district following Monday's heavy rain.

Areas of low pressure circulating to the west and north will dominate the weather pattern in the week ahead, bringing generally unsettled weather. Temperatures near average - higher mountains near or just below freezing point likely for the remainder of the week. Often showery and cloudy in the west with broader bands of rain regularly passing east. Wind speed likely to vary though often quite strong with risk of gales coming and going.

First indications suggest unsettled weather will remain dominant into the weekend.

Forecast issued at 16:24 on Sunday, 30 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.