

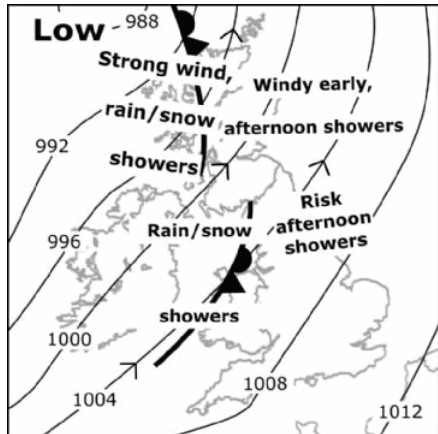
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 3 December, 2025



British Mountain Summary:
Based on forecast chart for noon 3 December, 2025

Widely breezy, strongest northern England and Scotland, early gales over high Munros; easing but staying blustery northwest Scotland. Showery rain onto west coast slopes down to Wales (snow on high terrain) most of the day, some reaching further east afternoon. Greatest chance of dry weather south Pennines.

Headline for West Highlands

Blustery, gales over Lochaber tops; snow showers, most north

Detailed Forecast for Wednesday, 3 December, 2025

How windy? (On the Munros)	Southerly 30-40mph, strongest coastal Lochaber with gusts near or above 45mph. An easing trend with a southwesterly shift, 25-30mph through remaining nearer 35mph Lochaber.
Effect of wind on you?	Blustery in exposure; balance and stability affected all day coastal Lochaber, perhaps requiring bracing for stability. Significant wind chill with a deterioration in the later overnight hours.
How wet? (Precipitation and its impact)	Rain/snow showers coastal north, more widely for a time Frequent showery bursts along the coast from Mull northward, sometimes pushing inland near and north of Loch Linnhe; snow above 800m, 700m inland. Showers more scattered south and inland, though perhaps more frequent for several afternoon hours.
Cloud on the hills?	Fairly extensive over high terrain, some variability Extensive over high terrain most or all day with banks regularly drifting lower in rain and snow, particularly Clyde Sea Lochs to Mull. A few higher breaks form here and there, though always a risk of cloud lowering again, notably later.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Only scattered glimpses of weak sunshine early. Variable visibility as fog and precipitation comes and goes, though excellent where clear.
How Cold? (at 900m)	0 or 1C; a very slight warming possible along southern coastal hills. Feeling like -13C in direct strongest wind.
Freezing Level	900-1000m, rising slightly on the southern islands.

West Highlands - Looking Ahead

	Thursday 4 December	Friday 5 December
How windy? (On the Munros) Effect of wind on you?	Detail uncertain: southeasterly 25-40mph; becoming variable in speed and direction, trending westerly. Beware of quickly changing conditions - winds often uncomfortable in exposure, though may become arduous.	Southerly, shifting southeasterly, 30-35mph. Rising to 45-55mph, strongest coast, further deteriorating into night. Comfortable walking affected from dawn, deteriorating first southwest then more widely into night. Significant wind chill.
How wet? (Precipitation and its impact)	Early rain/snow, easing inland Early rain/upland snow fairly widespread from Mull and Glencoe southward. A few patches drift north. Trending patchier more widely as the day goes, staying more frequent Mull and nearby coasts to the south.	Rain sets in widely afternoon Patchy morning sleet/snow drifts north and fades to only isolated pockets, if any. Rain (snow on high terrain) arrives to the southern islands afternoon, spreading widely and persistent into night; heaviest falls near Loch Lomond.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive but variable; local improvement Fairly extensive from dawn above 700-800m from Mull and Glencoe southward, likely lower bases near coasts. Higher bases Lochaber, a few local breaks north of Loch Linnhe, but also filling in here for periods. Some improvement south coast hills later. 30%	Southern coasts and near inland often shrouded Persistent cloud from middle slopes upward on coastal areas from Mull to Arran, as well as inland from Loch Lomond to Loch Lyon. More variable north, particularly Lochaber with some high breaks possible. Filling in more widely late into night. 40% Lochaber for a few hours, lowering to 20%
Sunshine? Air clarity (below cloud)	Little or no sun. Excellent visibility out of cloud and rain.	No sun expected. Good visibility in northern areas at first, turning poor as cloud and rain set in.
How Cold? (at 900m) Freezing Level	0 or 1C, some variability. Feeling like -10C in strongest wind. 800-1000m, highest along the coast and some variability.	Around 0C, slightly warmer southern islands. Will rise a few degrees in the overnight hours. Feeling like -15C in wind. Poorly defined, 600-800m though frosts at lower elevations, including in glens. Rising overnight.

Planning Outlook

All mountain areas of Britain from Thursday, 4 December, 2025

Low pressure circulating to the west and north will dominate the weather for the next 7 to 10 days, bringing generally unsettled weather. A brief period of slack pressure on Thursday into Friday will ease winds for a time though patchy rain will linger in several areas. Strong southwesterly winds return over the weekend bringing cloud and rain to many mountains, most persistent on southwestern slopes. Temperatures and freezing level will vary, but staying chilly with highest terrain likely near or below 0C. Several low pressure systems with then pass through next week, bringing frequent periods of cloud, rain, and strong wind, likely gale force on high terrain at times. Occasional windows of dry, brighter weather will occur, best chance east.

Forecast issued at 16:11 on Tuesday, 2 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.