

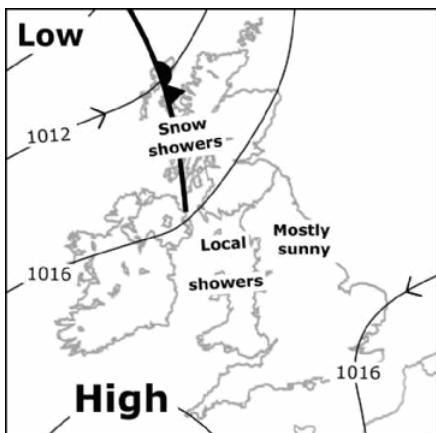
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 10 January, 2026



British Mountain Summary:

Based on forecast chart for noon 10 January, 2026

Most terrain frozen, snow cover over many hills, beware icy surfaces even lower down. Wind fairly light, but feeling blustery at times over Scottish mountains and later northern England. Some snow showers and flurries, mostly toward the west. Varied patchy cloud around hills, sunnier Pennines & NE Scotland.

Headline for West Highlands

Chilly wind. Occasional flurries, varied cloud.

Detailed Forecast for Saturday, 10 January, 2026

How windy? (On the Munros)	South or southwesterly 15 to 25mph, gusty in places on some downslopes to the north of higher mountains, mainly Lochaber. Strengthening rapidly later evening into the night to gales 50-70mph+.
Effect of wind on you?	Fairly small some slopes, but gusty spots may feel more noticeable locally, giving considerable wind chill. Deteriorating significantly into night.
How wet? (Precipitation and its impact)	Coastal showers, snow flurries move inland Showers most frequent near to coast, intermittent snow flurries pushing inland, here falling to lower slopes, but near coast mostly rain below 500m, some hail. Into night, snow to lower slopes inland or soon mostly rain near coast setting in.
Cloud on the hills?	Varied patches, more widely in showers Patchy cloud around some slopes and tops, may linger around corries. Some mist possible lower slopes inland. Cloud drifting over upper slopes above 800m more widely where showers occur.
Chance of cloud free Munros?	50%
Sunshine? Air clarity (below cloud)	Glimpses of weak sun. Visibility mostly very good away from showers, but in places beware difficult navigation if in fog over snow cover.
How Cold? (at 900m)	-2C, nearer 0C coastal tops. Feeling like -10C if exposed to wind.
Freezing Level	Terrain widely frozen inland; just above freezing around 300-500m, up to 600-700m near coast, slightly higher islands.

West Highlands - Looking Ahead

	Sunday 11 January	Monday 12 January
How windy? (On the Munros)	Southerly, in range 50 to 70mph much of daytime, but risk 70-80mph early morning and likely again into the night.	South to southwesterly 50 to 70mph, may fluctuate during the day, risk 80mph for a time higher Ben Nevis group.
Effect of wind on you?	Difficult conditions over the mountains; frequent buffeting and powerful gusts to some lower slopes, significant wind chill.	Difficult conditions, any mobility challenging, frequent buffeting even lower elevations. Significant wind chill.
How wet? (Precipitation and its impact)	Snow soon turning to heavy rain Snow and freezing rain starts overnight - well inland heavy snow may fall to lower slopes for a few hours. Into daytime, increasingly rain toward higher levels, often heavy widely. Very wet underfoot where snow melts.	Rain much of day, snow high tops Frequent to constant precipitation most of the region, often heavy near/west of Loch Linnhe; smaller amounts Loch Lomond to Arran. Falling as snow above around 900-1000m. Very wet underfoot where snow melts.
Cloud on the hills?	Extensive Shrouding most higher terrain all day, to lower slopes near coasts and over southern-facing groups widely. Highest cloud base north Lochaber, breaks above 800m at times.	Extensive, lowest coasts Covering the hills most or all day above 800m, often 500-600m coasts and islands. Some higher bases at times mainly north and east of Rannoch Moor.
Chance of cloud free Munros?	20%	20%
Sunshine? Air clarity (below cloud)	Overcast and mostly dull. Visibility generally very poor, appalling early in day if in snow on tops.	Rare or no sun. A general haze; visibility very poor in precipitation.
How Cold? (at 900m)	-1C rising to +2 or 3C, small variation of temperature with height inland. Wind chill feeling like -15C.	1 or 2C. Wind chill feeling around -15C where directly exposed on tops.
Freezing Level	Much terrain frozen to lower slopes inland from dawn, 600-800m+ coasts; rising variably above freezing toward all tops.	Near or just below freezing above 1000-1100m, chance of lowering further after dark.

Planning Outlook

All mountain areas of Britain from Sunday, 11 January, 2026

Thawing develops during Sunday, snow turning to rain, rising just above freezing toward highest tops in Scotland, whilst in England and Wales a more rapid and substantial thaw - beware unstable snowpack conditions, then becoming very wet underfoot where melting occurs. A complex and unsettled outlook next week, generally less cold than recently, but still often below freezing over Scottish mountains above 800-1000m, and at least intermittently below freezing over tops in England and Wales. A mix of snow and rain will fall, often snow on Scottish tops with fresh accumulations. Some showery days with hail. Wind will vary in speed and direction day-to-day, some lulls, but risk gales at times on hills.

Forecast issued at 16:06 on Friday, 9 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.