

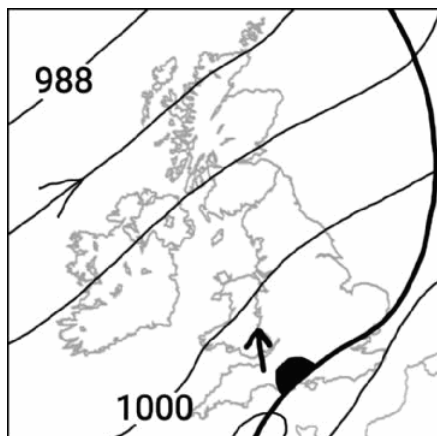
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Thursday, 15 January, 2026



### British Mountain Summary:

**Based on forecast chart for noon 15 January, 2026**

Blustery and chilly south-westerly winds bringing occasional snow and hail showers, most prevalent across the west Highlands. Rain falling below 500m. Drier for England and Wales, but risk of marked deterioration later for southern and eastern Wales as rain and summit snow edges in from the south.

### Headline for West Highlands

Snow or hail showers and blustery south-westerly winds. Hill fog extensive.

## Detailed Forecast for Thursday, 15 January, 2026

<b>How windy? (On the Munros)</b>	Southwesterly 25 to perhaps 35mph. May ease a little later.
<b>Effect of wind on you?</b>	<b>Strong enough to make walking arduous where exposed and balance at times difficult. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Heavy hail and snow showers</b> Succession of hail and snow showers (mostly rain lower coastal slopes). Small risk thunder.
<b>Cloud on the hills?</b>	<b>Unlikely to clear the Munros</b> Higher areas almost always cloud covered. Cloud base typically 400 to 700m near the coast and 500 to 900m elsewhere. Highest cloud base bear and north of Glen Spean and lochs Treig and Ossian .
<b>Chance of cloud free Munros?</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sunshine. Very varied visibility: sometimes excellent, but appalling in snow.
<b>How Cold? (at 900m)</b>	-1C, but feeling more like -10C in direct exposure to the strongest winds.
<b>Freezing Level</b>	750m, marginally higher close to the coast.

**All mountain areas of Britain from Friday, 16 January, 2026**

A small scale low will pull away early on Friday morning to the North Sea to leave drier and chilly conditions into the weekend with a south to south-easterly airflow developing. Looking further ahead, a colder continental influence may be drawn in on south to east winds, but the extent of this is uncertain. The snow pack across the Scottish Highlands will be enhanced by further spells of snowfall where fronts edge in from the west, whilst for England and Wales snow accumulating on the hills at times, perhaps in the form of showers from the east.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.