

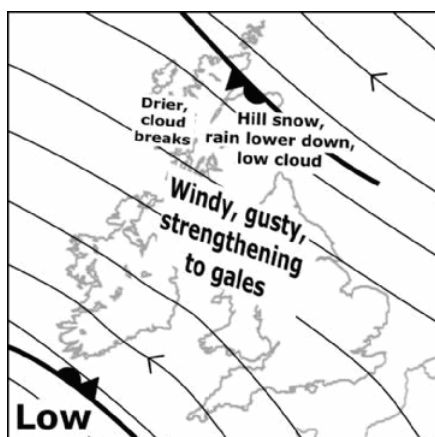
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 2 February, 2026



British Mountain Summary:

Based on forecast chart for noon 2 February, 2026

Strong and gusty east-southeasterlies, gale-force in places, speeds generally increasing over England & Wales with time. Snow frequent or persistent for eastern Scottish hills, rain lower ground; whiteout over higher areas with blanket cloud. Largely dry west coasts with higher and more broken cloud.

Headline for West Highlands

Increasing wind. Snow flurries, drier and higher cloud west.

Detailed Forecast for Monday, 2 February, 2026

How windy? (On the Munros)	Southeasterly 25-30mph, gusty and tending to strengthen widely to 35-40mph, gusts toward 50mph during afternoon southern areas, or by dusk in Lochaber; little change then into evening.
Effect of wind on you?	Fairly small at first, deteriorating, becoming strenuous-to-arduous with significant wind chill, soonest toward south. Gusts increasingly knocking you off balance.
How wet? (Precipitation and its impact)	Precipitation mostly inland and south, snow tops Patchy rain, or increasingly snow flurries above 700m, focused on inland areas south and east of Rannoch Moor, becoming more persistent with time. Very little reaching coast and west Lochaber.
Cloud on the hills?	Mostly south and inland higher areas Cloud often covers most high terrain from Loch Lomond to Creag Meagaidh above 800 to 1000m, bases to mid-slopes during precipitation, also often shrouding tops on southern island hills. Well broken west of Loch Linnhe, some clear summits, but varied banks drifting westwards with time.
Chance of cloud free Munros?	30% inland, to 50% western Lochaber.
Sunshine? Air clarity (below cloud)	Regularly sunny west coast near Mull, some lower western inland slopes too. Very good visibility out of precipitation, but rapidly turning poor during snow/sleet.
How Cold? (at 900m)	-1C. Coast and island tops up to 0 or +1C. Feeling like -10 to -13C in the wind, later -15C.
Freezing Level	800 to 1000m, highest toward the coast, tending to lower inland later in daytime, toward 600m by dusk Creag Meagaidh and areas near/east of Rannoch Moor.

All mountain areas of Britain from Tuesday, 3 February, 2026

Easterly winds prevail this week, strong to gale force over many hills for sustained periods. Freezing levels will vary, but in the Highlands rarely above 800m away from the west coast, at times sub-zero from 400-500m upward. In England and Wales only occasionally dropping below 600m, and at times just above freezing to high tops. Further snow focused on eastern Scottish mountains, with additional accumulations and drifting; very little further west. Some periods of hill snow for England and Wales during midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

Forecast issued at 16:26 on Sunday, 1 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.