

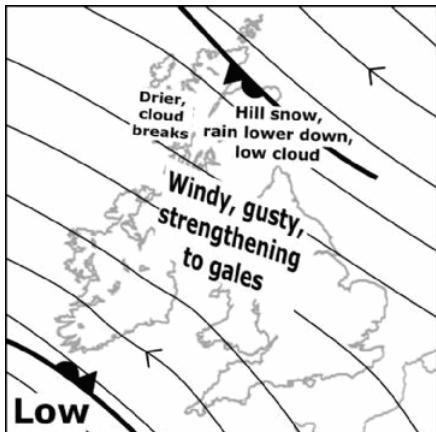
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 2 February, 2026



British Mountain Summary:

Based on forecast chart for noon 2 February, 2026

Strong and gusty east-souasterlies, gale-force in places, speeds generally increasing over England & Wales with time. Snow frequent or persistent for eastern Scottish hills, rain lower ground; whiteout over higher areas with blanket cloud. Largely dry west coasts with higher and more broken cloud.

Headline for West Highlands

Increasing wind. Snow flurries, drier and higher cloud west.

Detailed Forecast for Monday, 2 February, 2026

How windy? (On the Munros)	Southeasterly 25-30mph, gusty and tending to strengthen widely to 35-40mph, gusts toward 50mph during afternoon southern areas, or by dusk in Lochaber; little change then into evening.
Effect of wind on you?	Fairly small at first, deteriorating, becoming strenuous-to-arduous with significant wind chill, soonest toward south. Gusts increasingly knocking you off balance.
How wet? (Precipitation and its impact)	Precipitation mostly inland and south, snow tops Patchy rain, or increasingly snow flurries above 700m, focused on inland areas south and east of Rannoch Moor, becoming more persistent with time. Very little reaching coast and west Lochaber.
Cloud on the hills?	Mostly south and inland higher areas Cloud often covers most high terrain from Loch Lomond to Creag Meagaidh above 800 to 1000m, bases to mid-slopes during precipitation, also often shrouding tops on southern island hills. Well broken west of Loch Linnhe, some clear summits, but varied banks drifting westwards with time.
Chance of cloud free Munros?	30% inland, to 50% western Lochaber.
Sunshine? Air clarity (below cloud)	Regularly sunny west coast near Mull, some lower western inland slopes too. Very good visibility out of precipitation, but rapidly turning poor during snow/sleet.
How Cold? (at 900m)	-1C. Coast and island tops up to 0 or +1C. Feeling like -10 to -13C in the wind, later -15C.
Freezing Level	800 to 1000m, highest toward the coast, tending to lower inland later in daytime, toward 600m by dusk Creag Meagaidh and areas near/east of Rannoch Moor.

West Highlands - Looking Ahead

	Tuesday 3 February	Wednesday 4 February
How windy? (On the Munros)	Easterly 40 to 55mph, very gusty in places around higher mountains and downslope west of high terrain.	Easterly 30 to 50mph, very gusty for a time. Tending to lessen and turn south-southeasterly.
Effect of wind on you?	Challenging walking conditions, more difficult in places, frequent buffeting affecting balance; significant wind chill.	Challenging conditions with frequent buffeting gusts and significant wind chill; gradually improving from south.
How wet? (Precipitation and its impact)	Snow mostly well inland Snow most frequent in areas south and east from Rannoch Moor. Patchy flurries extend west, light rain spots below 500m, but often dry much of west coast.	Snow or sleet inland and south Snow most frequent central highlands south of Rannoch Moor. Sleet southern areas from Arran to Loch Lomond, with time may turn to rain increasingly higher up. Patchier or very little west Lochaber.
Cloud on the hills?	Fairly extensive, breaks west Often covering inland mountains above 800 to 1000m, banks of cloud drifting westwards, but more broken toward coast, best west of Loch Linnhe.	Fairly extensive tops, breaks west Cloud covering most higher mountains, most persistent above 800 to 1000m inland and southern areas, locally lower Loch Lomond to Clyde and Arran. Higher bases and some breaks west of Loch Linnhe.
Chance of cloud free Munros?	30%	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly toward coast, where visibility mostly good. Some haze toward south. Very poor visibility in snow and cloud.	Largely cloudy, dull and misty central highlands, whiteout if in fog and snow. Brighter westward, local glimpses of sun and good visibility below cloud.
How Cold? (at 900m)	-3C well inland, to -1C coast and islands. Wind chill feeling like -15 to -18C.	-3C inland, up to -1C near coast, rising slightly during day. Wind chill feeling like -12 to -17C.
Freezing Level	500m well inland, to 600-700m further west, or locally varied higher up nearest coast and on the islands.	500 to 700m, locally higher near coast and on islands. Onward into evening likely to rise variably higher up.

Planning Outlook

All mountain areas of Britain from Tuesday, 3 February, 2026

Easterly winds prevail this week, strong to gale force over many hills for sustained periods. Freezing levels will vary, but in the Highlands rarely above 800m away from the west coast, at times sub-zero from 400-500m upward. In England and Wales only occasionally dropping below 600m, and at times just above freezing to high tops. Further snow focused on eastern Scottish mountains, with additional accumulations and drifting; very little further west. Some periods of hill snow for England and Wales during midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

Forecast issued at 16:26 on Sunday, 1 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.