

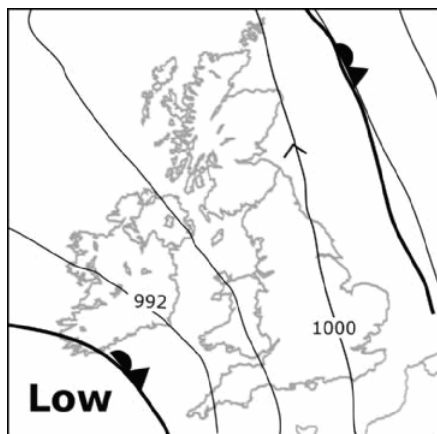
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Monday, 9 February, 2026



### British Mountain Summary:

**Based on forecast chart for noon 9 February, 2026**

Overall very little change with occasional rain, or on higher slopes in Scotland, snow. Fog persistent on nearly all mountain areas. The wind continuing fairly light. Wales will from the southwest become windy with pulses of showery rain.

### Headline for West Highlands

Light wind; a little rain, or snow higher slopes. Persistent fog.

## Detailed Forecast for Monday, 9 February, 2026

<b>How windy? (On the Munros)</b>	South to southeasterly 10 to 15mph, strongest coastal hills.
<b>Effect of wind on you?</b>	Small
<b>How wet?</b> (Precipitation and its impact)	<b>Precipitation, mostly light, here and there. Total rainfall small.</b> Occasional drizzle and rain, or above 700m snow (often only flurries). Locally precipitation lasting an hour or so but total precipitation small.
<b>Cloud on the hills?</b>	<b>Nearly all mountains foggy.</b> Generally, persistent fog above 400 to 600m. Cloud base will be higher near the west coast and across Lochaber, where 700-900m, or near and west of Loch Linnhe a few breaks may occur to 1050m.
<b>Chance of cloud free Munros?</b>	<b>Almost nil</b>
<b>Sunshine?</b> Air clarity (below cloud)	A few pockets of sun, most likely Lochaber, where visibility often excellent. Many areas remaining dull and at times misty or murky.
<b>How Cold? (at 900m)</b>	0C
<b>Freezing Level</b>	800 to 1000m.

## West Highlands - Looking Ahead

	<b>Tuesday 10 February</b>	<b>Wednesday 11 February</b>
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southeasterly between 30 and 40mph  <b>Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.</b>	Confidence in forecast is low: Easterly in the range 25 to perhaps 40mph, although may be lighter toward central belt. <b>Arduous or perhaps difficult walking and significant wind chill more northern ranges may spread south during day.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain and snow on and off</b> Rain, drizzle or above about 600m snow, although toward the coast in Lochaber, the precipitation infrequent and amounting to little.	<b>Rain and snow</b> Frequent perhaps constant rain and snow for periods, although mostly rain below 450 to 800m - colder air extending south. There may be little precipitation in total near and west of Loch Linnhe.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Most mountains persistently foggy: base rising and breaking toward coast</b> Persistent fog above 300 to 450m, most of region. Better conditions Mull and Lochaber, especially near and west of Loch Linnhe, cloud base typically 600 to 900m, but may break off some higher summits if only briefly. <b>Almost nil</b>	<b>Very extensive, but cloud base higher toward west</b> Most hills persistently cloud covered above 500 to 750m. Western mountains may have higher cloud base, possibly for periods 800 to 1000m. <b>Less than 10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widely dull and murky. Toward the coast north from Mull mostly cloudy but often very good or excellent visibility, particularly west of Loch Linnhe.	Little or no sun. Very poor or appalling visibility in snow, otherwise mostly very good.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	0 or -1C Will feel near -12C directly in the wind.  Between 800 to 1050m	1 to -2C: tending to lower from north. Will feel as cold as minus 10C directly in the wind.  Dropping from north to between 700 and 1100m.

**Planning Outlook****All mountain areas of Britain from Tuesday, 10 February, 2026**

A change from mid week as a low centre crosses Britain bringing stronger wind and initially rain . But precipitation will turn to snow Scottish Highlands on Wednesday then progressively southwards into England and Wales on Thursday - with most terrain frozen and fresh snow lying on most mountains by Friday morning. Cold 'winter' conditions will then persist through next weekend.

**Forecast issued at 19:22 on Sunday, 8 February, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.