

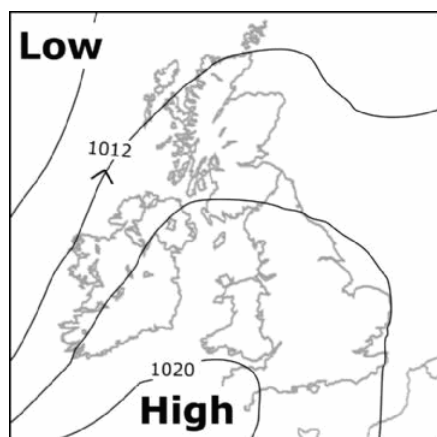
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Saturday, 14 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 14 February, 2026

A transient ridge of high pressure will bring a cold but mostly sunny day although a few snow flurries on some western hills. Nearly all terrain frozen. Toward dusk, initially near the west coast the wind will increase quickly - ahead of severe upland gales and snow overnight.

### Headline for West Highlands

Terrain frozen. Light wind; extensive sun but the odd snow flurry.

## Detailed Forecast for Saturday, 14 February, 2026

<b>How windy? (On the Munros)</b>	West later southerly, initially 20mph before a prolonged lull of 10-15mph. Strengthening quickly toward dusk - may exceed 40mph by 6pm.
<b>Effect of wind on you?</b>	<b>Small or negligible - but very difficult conditions quickly developing from dusk.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Likely dry during daylight</b> Most mountains dry. But risk of a snow shower or flurry.
<b>Cloud on the hills?</b>	<b>Nearly all mountains cloud free</b> Most hills free of cloud. Here and there, cloud persisting higher slopes and corries, whilst near showers cloud will come in at around 600m - and more widely west of Loch Lomond northwest to Mull through afternoon.
<b>Chance of cloud free Munros?</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Bright sunshine, particularly toward central mountains, before high level cloud spreads east afternoon. Excellent or superb visibility.
<b>How Cold? (at 900m)</b>	-3 or -4C. With time, feeling as cold as -15 to 18C in wind.
<b>Freezing Level</b>	Terrain frozen from valleys up. Through day freezing level becoming 400 to 600m, highest west coastal and sunlit slopes.

## West Highlands - Looking Ahead

	<b>Sunday 15 February</b>	<b>Monday 16 February</b>
<b>How windy? (On the Munros)</b>	Mostly westerly 30mph.	Northwest veering northerly 30 to 40mph.
<b>Effect of wind on you?</b>	<b>Significant wind chill and widely arduous walking on higher areas. Particularly difficult conditions near precipitation.</b>	<b>Considerable wind chill and walking arduous - or particularly near precipitation sometimes difficult.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent hail and snow</b> Persistent snow before dawn. Then succession of sudden, sometimes heavy, hail and snow showers - in places precipitation rarely ceasing over an hour or two giving whiteout. Small risk lightning.	<b>Snow showers; sometimes frequent</b> Snow and hail showers, sometimes one after another, giving whiteout, and risk of the precipitation almost constant for a few hours. There may well be periods of little or no precipitation toward central highlands and Loch Lomond NP.
<b>Cloud on the hills?</b>	<b>Almost persistently covering the mountains; rapid cloud base changes.</b>  Sometimes breaking to near or above 900m at least fleetingly, but overall extensive cloud above 600m, and sometimes forming on lower slopes near precipitation.	<b>Extensive; highest cloud base toward central belt and central highlands</b>  Cloud base varying, sometimes quickly, between 350m near precipitation and otherwise 600 to 800m. Toward the central highlands and Loch Lomond NP, cloud rarely below 450m and breaks toward 1000m.
<b>Chance of cloud free Munros?</b>	<b>Less than 10%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Bursts of sunshine, mainly lower slopes toward central highlands. Fleetingly excellent visibility, but abruptly appalling or near zero in snow.	Occasional sunshine mainly central highlands and Loch Lomond NP. Very varied visibility; intermittently appalling or near zero in snow, but otherwise excellent.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	-1C. Will feel as close to minus 12C where exposed to the wind.  Nearly all terrain frozen, albeit freezing level rising erratically toward 800 or 900m.	-4C or -5C. Will feel around minus 15C directly in the wind.  750m, dropping toward 550m. Some valleys frozen or partly frozen after a frost.

**Planning Outlook****All mountain areas of Britain from Sunday, 15 February, 2026**

Persistent cold most mountain areas, particularly across Scotland next week. Further snow from time to time. England and particularly Wales will have intermittently higher freezing levels resulting in freeze-thaw cycles.

**Forecast issued at 16:48 on Friday, 13 February, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.