

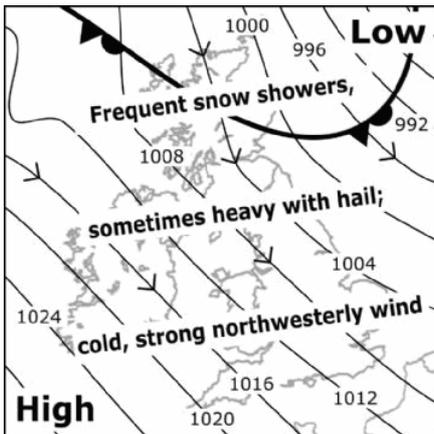
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 25 March, 2026



British Mountain Summary:

Based on forecast chart for noon 25 March, 2026

Widespread hail and snow showers, at times heavy with a risk of isolated lightning. Fewer showers in the N Pennines and southeast Scotland for a few morning hours, but returning afternoon. Gales widespread as well with sudden strong gusts, easing only slightly in Scotland. Cold, staying below freezing above 500-600m.

Headline for West Highlands

Frequent snow and hail showers; gales, easing somewhat

Detailed Forecast for Wednesday, 25 March, 2026

How windy? (On the Munros)	Northwesterly 35 to 45mph, varying speeds with squally gusts around showers, risk up to 55mph. An easing trend in the north afternoon, speeds at times lowering to 30-35mph, but staying gusty, speeds remaining high Islay to Loch Lomond.
Effect of wind on you?	Walking strenuous with frequent buffeting, in places more arduous over higher exposed terrain with severe wind chill. Beware sudden strong gusts, necessitating additional effort to maintain stability.
How wet? (Precipitation and its impact)	Frequent hail and snow, at times persistent Showery snow and hail falling to lower slopes, frequent to at times near-constant over coastal areas, but extending inland across all the region. Risk of isolated thunder & lightning.
Cloud on the hills?	Varying over tops, occasionally reaching mid-slopes Cloud base constantly changing, will come and go all day above 900m, frequently capping high tops toward coasts, patches at times to 600m during heavier showers. Briefly clearing tops. At times, cloud shrouds high terrain more extensively.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Bursts of bright sunshine. Visibility intermittently very good, but appalling at times in showers with brief whiteout over tops.
How Cold? (at 900m)	-3C, slight rise into afternoon. Wind chill feeling like -20C or colder on high tops in strongest wind.
Freezing Level	400m from dawn, lifting to 500-600m, slightly higher away from showers.

West Highlands - Looking Ahead

	Thursday 26 March	Friday 27 March
How windy? (On the Munros) Effect of wind on you?	NW'ly 15-25mph early. Easing to 10-15mph and shifting W'ly, later SW'ly, restrengthening into evening. Walking impeded with some stability challenges in exposure early in the day, easing to fairly small.	Westerly 30-40mph, trending towards higher speeds with time, 45mph into evening. Walking increasingly arduous in exposure with significant wind chill, conditions deteriorating through afternoon.
How wet? (Precipitation and its impact)	Mostly dry, rain arrives through afternoon Dry most of the day. Patchy snow arrives on high coastal slopes around midday, spreading widely into evening and turning to rain, heavy falls overnight near the coast.	Snow showers become widespread Showers affecting Lochaber from dawn, snow to 600m, some hail too. Drier to the south at dawn, but showers gradually spread more widely, heavier falls for a time afternoon with the snowfall level lowering.
Cloud on the hills? Chance of cloud free Munros?	High tops early, becoming extensive Most hills clear in the morning, a few cloud caps over high tops from Mull to Clyde Sea Lochs, possibly more widely on tops above 1200m. Cloud lowering to the tops from the west afternoon, filling in across high terrain by evening, to middle or lower slopes near the coast. 80%, lowering to 20% through afternoon	Variable, lowest and most persistent west Cloud comes and goes all day above 700-800m, most persistent along the west coast and as low as 600m during showers. Well-broken inland and south in the morning, but increasingly frequent during afternoon showers. 60% early, lowering to 30% west coast
Sunshine? Air clarity (below cloud)	Sunshine early in the day, soon weakened by high cloud, increasingly overcast. Excellent visibility, deteriorating afternoon as fog lowers.	Bursts of bright sunshine, mostly inland, perhaps rare along the west coast. Variable visibility, intermittently very good, but poor or appalling during snow showers.
How Cold? (at 900m) Freezing Level	-4C, rising to -2C, sharply rising into night, several degrees above freezing. Feeling as cold as -15 in direct wind early. 200-400m, higher along the coast. A slight rise, then sharply lifting above the summits as evening approaches.	-1C, sunny southern Munros may briefly rise a degree; lowering, -2 or -3C by night. Feeling like -13 to -15C in direct wind. Lowering from overnight, 800m at dawn, lowering to 600-700m through the day.

Planning Outlook

All mountain areas of Britain from Thursday, 26 March, 2026

Thursday starts chilly with clear skies for many, snow then rain moves into western areas with time. Strong northwesterly winds prevail as the weekend starts, brining cooler temperatures and a mix of showers and sun across most areas, the showers likely snowy to middle elevations with some hail mixed in. The cool, spring-like conditions will allow showers to become heavier and more widespread in the afternoon. Sunday into next week sees high pressure southwest of the country, producing drier weather with sun breaks, a trend towards milder temperatures too, but several low pressure systems to the north draw bands of rain eastward, mostly affecting Scotland, occasionally northern England and Wales. A risk of cooler northerly winds re-establishing later in the week, though detail is uncertain.

Forecast issued at 15:41 on Tuesday, 24 March, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.