

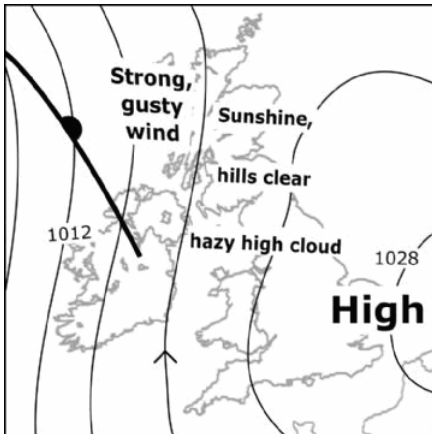
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 6 April, 2026



British Mountain Summary:

Based on forecast chart for noon 6 April, 2026

Gusty southerly winds, strongest on west coastal mountains in Scotland. A chilly start with frost, notably chilly at first in the Highlands, gradually warming up to rise above freezing later to all tops. Generally dry, with sun and a veil of high cloud, but most hills clear. A little rain may graze western Scotland later.

Headline for West Highlands

Gusty wind, near-gale coastal tops. Mostly dry, local light rain west.

Detailed Forecast for Monday, 6 April, 2026

How windy? (On the Munros)	Southerly 25 to 35mph, strongest west coastal mountains, may increase a little more widely, local 40mph on islands.
Effect of wind on you?	Affecting ease of walking and balance on ridges and higher tops, particularly more coastal mountains; notably gusty on some downslopes north of high tops.
How wet? (Precipitation and its impact)	Drizzly rain mostly near coast afternoon Many places dry all day. A little patchy rain or drizzle mostly coastal areas near Mull into afternoon, feeling generally damp where in cloud over many coastal tops for a time. Substantial fresh snow cover across the mountains.
Cloud on the hills?	Mostly coastal slopes, little inland Patchy cloud banks mostly over western mountains in the morning above 800m, well broken inland. Cloud banks may linger or fill in near coast and on some islands for a time during afternoon, some patches into Loch Lomond NP, but inland Lochaber often clear all day.
Chance of cloud free Munros?	40% coast/islands, to 80% well inland.
Sunshine? Air clarity (below cloud)	Sun mostly weak through high cloud, but very good visibility inland. Hazier toward coast, thicker overcast skies possible, may become poorer visibility.
How Cold? (at 900m)	-1C from dawn, rising to +2C locally +4C afternoon. Feeling like -7 to -12C directly in wind.
Freezing Level	Hard frost inland glens in morning, particularly Lochaber, much mountain terrain frozen all day, but air temperature rising above freezing to tops by late in day.

West Highlands - Looking Ahead

	Tuesday 7 April	Wednesday 8 April
How windy? (On the Munros) Effect of wind on you?	South to southeasterly 30 to 50mph, very variable, typically strongest Mull; powerful gusts some northwest downslopes. Challenging conditions coastal mountains, variable but sudden buffeting gusts also inland, not necessarily on tops.	South to southwesterly 20 to 30mph, strongest Lochaber to Mull, tending to strengthen during day, later 40mph. Fairly small inland & south for many hours, but becoming more blustery, locally more gusty and challenging with time.
How wet? (Precipitation and its impact)	Rain later coasts Patchy rain pushing onto coastal areas in afternoon, mostly spots from high cloud, possibly an odd burst of rain forming mainly later in the day. By evening onward, more persistent rain setting in west, inland into night.	Rain or summit snow more likely later A little patchy rain, an odd showery burst possible, small amounts. Later in day, more persistent rain likely returns from the west. Some sleet or snow falling above 900m.
Cloud on the hills?	Little if any much of day Patchy mist some glens at first. The mountains generally clear much of the day, but later some cloud banks form mainly on islands and nearest coast, filling in further by evening onward into night.	Varied morning, widespread by evening Varied cloud banks from dawn, to some lower slopes in the morning, may linger for a few hours in southern areas, tending to lift and break. Then later in day, likely lowering more extensively from west.
Chance of cloud free Munros?	80%	50%
Sunshine? Air clarity (below cloud)	Sun best early in day, becoming fairly weak through high-level cloud, tending to thicken to cover the sky. Visibility very good; islands may be hazier.	Fairly cloudy, a little weak sun, but a veil of high cloud thickens again from west. Visibility very good, but locally misty start; reducing later if rain develops west.
How Cold? (at 900m) Freezing Level	6C rising to 9C. Directly in the stronger wind, feeling below freezing, in places nearer to -5C. Above the summits. Possible slight frost some sheltered inland glens at dawn.	2 to 4C, coolest northwest from Ben Nevis. Feeling like -10C directly in the wind, risk later nearer -15C. Likely close to freezing on higher tops around 1100-1200m in Lochaber.

Planning Outlook**All mountain areas of Britain from Tuesday, 7 April, 2026**

Quite warm by Tuesday, but strong to gale force southerly winds widely, very gusty in places, not just over the highest tops; dry for many, rain encroaching into western Scotland, thawing of recent snow. Staying warm on Wednesday for England & Wales at least, becoming cooler over western Scotland, then more widely cooler Thursday; milder by Friday, then likely chilly again by weekend - cooler spells will drop sub-zero on Scottish tops. A changeable mix of weather with some rain and showers with snow or hail on the hills, and often windy late week into the weekend in Scotland, whilst England & Wales will be generally drier and less windy in the outlook.

Forecast issued at 16:29 on Sunday, 5 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.