

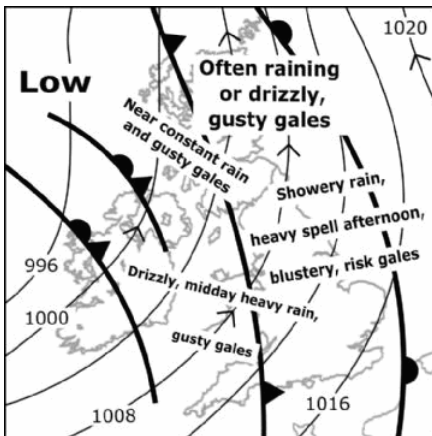
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Wednesday, 15 April, 2026



### British Mountain Summary: Based on forecast chart for noon 15 April, 2026

Widespread gales, powerful gusts over tops and down northern slopes, severe at times in Scotland, particularly west. Persistent rain for many, brief dry windows east (notably Pennines), then heavy rain sweeps east afternoon, followed by showers, only easing late in the day. Mild air, but feeling cold in wind.

### Headline for West Highlands

Near-constant rain and gales, severe gusts near the coast

## Detailed Forecast for Wednesday, 15 April, 2026

<p><b>How windy? (On the Munros)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Southerly 45-55mph, some variability but with powerful gusts, not just high slopes, locally variable direction, approaching 60mph+ at times. An easing tendency later, notably along the coast, but always a risk of stronger gusts returning.</p> <p><b>Challenging conditions with significant wind chill in exposure all day; constant chaotic gusts making it difficult to stay on your feet; any forward progress tortuous in most powerful wind.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Persistent rain, brief breaks inland north</b></p> <p>Rain frequently streaming in from the south, setting in nearly constantly for periods with heavy falls; occasional brief breaks in the rain, notably inland north around midday, but often drizzly on high terrain during these lulls too.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free Munros?</b></p>	<p><b>Extensive, local slight improvements</b></p> <p>A sheet of cloud shrouds the mountains, largely to lower slopes in the morning, as low as coastal cliffs in the south. A slight lift of bases inland-north, best around Creag Meagaidh, but unlikely breaking above 800-900m.</p> <p><b>10%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Overcast and dull most of the day, poor visibility in persistent rain.</p>
<p><b>How Cold? (at 900m)</b></p> <p><b>Freezing Level</b></p>	<p>6 or 7C, little change with height from dawn. A rapid cooling from the west as night falls.</p> <p>Feeling as cold as -10C in strongest direct wind.</p> <p>Above the summits, may just graze the summit of Ben Nevis around dusk, lowering towards 1100m overnight.</p>

## West Highlands - Looking Ahead

	Thursday 16 April	Friday 17 April
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southwesterly 40-50mph in the morning, a gradual easing trend, 25-35mph later.  <b>Challenging conditions early with significant wind chill; greater effort to maintain stability. Improving trend.</b>	South-southeasterly 35-45mph, variable and risk higher speeds along west coast, to 55mph Mull and Lochaber coast.  <b>Walking often arduous in exposure with considerable wind chill, more challenging near the coast for periods</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent heavy showers, later easing</b> A stream of showers driving in from the west, frequent and heavy for several hours with risk of hail and thunder. Drizzly on the tops for a time as well, even between showers. Tending to slowly ease later.	<b>Rain most of the day, late heavy showers</b> Showery rain from before dawn soon sets in persistently for several hours with heavy falls. The rain will break into frequent showers with time, heaviest Mull to Loch Lomond and south, risk of hail and isolated lightning.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Extensive, slow improvement, best inland</b> Most terrain above 700-800m shrouded at dawn, lowest bases south and west, locally to coastal cliffs. A lifting trend, breaks to upper terrain well-inland, bases slow to rise above 600m closer to the coast. Only late in the day will higher summits possibly clear.  <b>20%</b>	<b>Fairly extensive</b> Cloud covers high terrain much of the day, often to middle slopes south. Highest bases Lochaber early, more extensively to middle slopes as rain sets in. Later, higher breaks in the north, though ragged cloud lingers on some lower slopes.  <b>10%, 40% north late in the day</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine breaking out on lower slopes with time, gradually to higher slopes too. Variable visibility, often poor in rain but excellent during breaks.	Mostly cloudy and often dull in rain with poor visibility. Sunny glimpses later with good visibility.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	1 or 2C, rising to 3C; southern islands milder, perhaps to 5C. Feeling like -10C in direct wind. About 1100-1200m at dawn, gradually lifting to clear all summits.	4 or 5C. Feeling as cold as -10C in strongest wind.  May just touch the summit of Ben Nevis at dawn from overnight, soon lifting off the summit.

## Planning Outlook

### All mountain areas of Britain from Thursday, 16 April, 2026

Unsettled conditions as the weekend approaches: showery on Thursday (local hail and lightning in Scotland), more rain and often heavy on Friday, accompanied by gusty winds, gales over mountains for periods; some bright spells on Thursday and later Friday too. Temperatures will tend to rise several degrees during daylight, even when cloudy, and often becoming warm in the valleys; slopes north of major hill groups often milder too. Saturday sees continued showers, mostly north and west where staying blustery, but a trend towards higher pressure building through late weekend into early next week. Confidence in detail for oncoming high pressure remains very low: a risk of chilly easterly wind for a time with showers, mostly east and southern areas.

### Forecast issued at 16:25 on Tuesday, 14 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.