

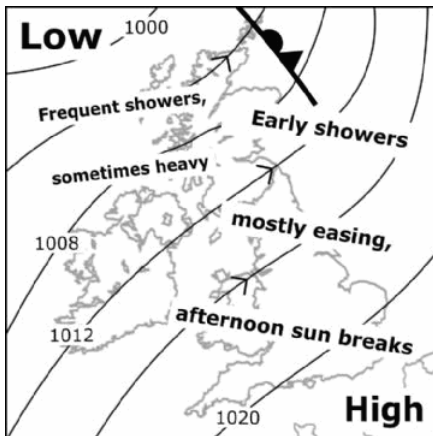
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 16 April, 2026



British Mountain Summary:

Based on forecast chart for noon 16 April, 2026

Dawn gales over summits of south Scotland and north England, strongest wind moving north, but staying breezy in northern parts of England and Wales. Showers for many in the morning, soon easing with sun breaks, but remaining frequent with heavy bursts in west Scotland; some rain approaches Wales later afternoon.

Headline for West Highlands

Frequent showers, easing later; often very windy

Detailed Forecast for Thursday, 16 April, 2026

| | |
|---|--|
| <p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p> | <p>Southwesterly 30-40mph in the morning, strongest speeds in the south which may be up to 45mph over highest tops before dawn. Strongest speeds will slip north through morning, but then an easing trend afternoon, 25-30mph, to 35mph highest tops.</p> <p>Challenging conditions early with significant wind chill; greater effort needed to maintain stability. An improving trend with time, notably south, but always blustery on high exposed tops.</p> |
| <p>How wet? (Precipitation and its impact)</p> | <p>Frequent heavy showers, later easing</p> <p>A stream of showers driving in from the southwest, frequent and heavy for several hours with risk of local hail. Drizzly on the tops for a time as well, even between showers. Tending to slowly ease through afternoon but always a risk during daylight. Rain from the southwest overnight.</p> |
| <p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p> | <p>Extensive, slow improvement, best chance of high breaks inland</p> <p>From before dawn, extensive cloud to middle slopes at least, locally to coastal cliffs. A lifting trend after sunrise, breaks to upper terrain well-inland, bases slow to rise above 600m closer to the coast. Base will vary as showers come and go, only late in the day will highest summits possibly clear, if at all.</p> <p>20%</p> |
| <p>Sunshine? Air clarity (below cloud)</p> | <p>Glimpses of sun breaking out on lower slopes with time, gradually to higher slopes too, best inland later in the day, but then high cloud builds into evening.</p> <p>Variable visibility, often poor in rain but excellent during breaks.</p> |
| <p>How Cold? (at 900m)</p> <p>Freezing Level</p> | <p>1 or 2C, rising to 3C, or 4C around Creag Meagaidh. Southern islands milder later, approaching 5C around dusk.</p> <p>Feeling like -10C in direct wind.</p> <p>About 1100-1200m at dawn, gradually lifting to clear all summits.</p> |

West Highlands - Looking Ahead

| | Friday 17 April | Saturday 18 April |
|--|--|--|
| How windy? (On the Munros) Effect of wind on you? | Southerly 40-45mph, variable and tending to strengthen, to 55-60mph Mull and Lochaber coast. Walking often arduous in exposure with considerable wind chill, increasingly difficult along the west coast. | Westerly 25 to 40mph, likely strongest over tops in Lochaber early in day, tending to drop a little, but gusty in showers. Blustery conditions affecting comfortable walking in exposure, likely improving. Considerable wind chill. |
| How wet? (Precipitation and its impact) | Rain most of the day, late heavy showers Showery rain from before dawn soon sets in persistently for several hours with heavy falls. The rain will break into frequent showers with time, regular heavy bursts and with a risk of local hail. | Showery, hail, snow higher tops Showery rain on and off throughout the day, frequent for periods toward coast, although fairly widespread by afternoon. Some hail, also snow falling on the Munros, perhaps later toward 800m. |
| Cloud on the hills? | Fairly extensive Cloud covers high terrain much of the day, extensive to middle slopes south in the morning during rain. Higher breaks through afternoon, best east, though variably lowering during showers to middle slopes with ragged lower patches too. | Varying over tops Covering higher slopes fairly widely, typically 700-1000m in morning, some breaks higher up, lower patches in showers; base rising during the day, but frequently capping higher summits. |
| Chance of cloud free Munros? | 10%, 30% north late in the day | 30% |
| Sunshine? Air clarity (below cloud) | Mostly cloudy and often dull in rain with poor visibility. Sunny glimpses later with good visibility. | Brief bursts of sun, some sun more often toward coast later in day. Visibility varying, at times very good, but poor during showers. |
| How Cold? (at 900m) Freezing Level | 4 or 5C. Notably cooling late in the day into night. Feeling as cold as -10C in strongest wind. Above the summits. | 2 or 3C, slight drop from late afternoon. Feeling like -10 to -13C directly in the wind. 1200m, to possibly as low as 1000m in Lochaber later in the daytime. |

Planning Outlook**All mountain areas of Britain from Friday, 17 April, 2026**

Friday stays windy with a band of rain passing east across the British Isles. A settling trend begins on Saturday, showers lingering in western areas, then the most settled conditions of the weekend on Sunday. Light or even negligible wind by Sunday with cool-to-mild temperatures, though perhaps on the chillier side in Scotland. The stronger sunshine will feel mild despite chiller temperatures.

More certainty regarding a dominance of high pressure next week: a mix of cloud and sun, often dry, and cool temperatures. Greatest chance of scattered showers in eastern areas, more cloud here, and some low fog in the mornings as well. Easterly wind at times quite blustery and gusty in England and Wales, generally lighter Scotland.

Forecast issued at 16:07 on Wednesday, 15 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.