

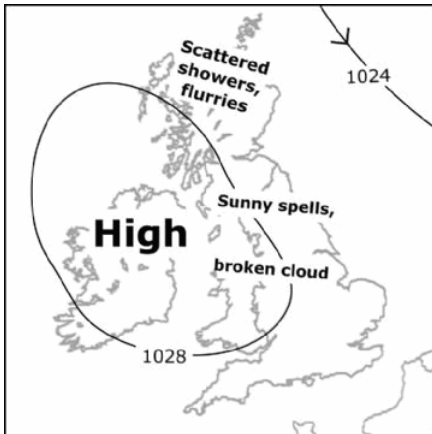
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Sunday, 19 April, 2026



### British Mountain Summary: Based on forecast chart for noon 19 April, 2026

Fine conditions for many places with patchy cloud and sun. A chilly breeze will be strongest in northern Scotland. Brief showers with snow flurries on hills in northwest Scotland in the morning. Well scattered mostly light showers across Scotland and northern England into afternoon and early evening.

### Headline for West Highlands

Moderate breeze and chilly, broken cloud and sun.

## Detailed Forecast for Sunday, 19 April, 2026

<b>How windy? (On the Munros)</b>	Northwesterly 20mph, locally 25mph early morning Ben Nevis northward, shifting northerly and easing a little to 15-20mph.
<b>Effect of wind on you?</b>	<b>Feeling breezy and chilly in exposure especially early in the day, but easing to smaller effects.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rare local brief showers/flurries</b> Isolated brief showers mostly near/west of Loch Linnhe in morning, falling as snow flurries above 600m, fading to become largely dry, just a chance of a very isolated brief shower inland afternoon.
<b>Cloud on the hills?</b>	<b>Summits clearing</b> Patchy cloud over hills in morning, most common toward west Lochaber, local mist inland glens. Bases soon lift after sunrise above 900m and the summits likely clear by afternoon. Lochaber and Mull may see patches come and go.
<b>Chance of cloud free Munros?</b>	<b>50% rising to 90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	A patchwork of cloud and sun. Excellent visibility.
<b>How Cold? (at 900m)</b>	0C rising to 3C afternoon. Feeling like -5 to -8C directly in the wind, coldest in the morning.
<b>Freezing Level</b>	900m in the morning, plus frost many inland glens at dawn. Lifting to just touch the highest summits or above.

## West Highlands - Looking Ahead

	Monday 20 April	Tuesday 21 April
<b>How windy? (On the Munros)</b>	East or northeasterly, 20 to 25mph, occasional gustier areas.	Easterly 20 to 30mph, gusty in places around tops and some passes.
<b>Effect of wind on you?</b>	<b>Fairly small effect on walking, but in places rather blustery where exposed on high tops with considerable wind chill.</b>	<b>Marked wind chill in exposure, some blustery spots affecting ease of walking.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Scattered showers</b> Showers with soft hail, also snow falling above 600-800m, forming soonest toward Creag Meagaidh and Rannoch Moor, then brief showers possible more widely afternoon, but some places remain dry.	<b>Precipitation unlikely</b> Substantially or completely dry. Chance of local light rain spots around cloud inland, snow grains on higher slopes.
<b>Cloud on the hills?</b>	<b>Occasionally capping tops</b>  Patchy cloud banks soon mostly above 800m, most common north and east from Glen Spean in the morning, clearer start near the coast. Broken cloud patches then likely to come and go above 1000-1200m.	<b>Lifting above many tops</b>  Patchy cloud over higher slopes mostly above 800-1000m in the morning, tending to lift higher and increasingly break. Western tops often clearer.
<b>Chance of cloud free Munros?</b>	<b>60%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine mostly west coastal areas in morning, but cloud inland tending to fill in more widely. Occasional sun breaking through. Visibility mostly very good.	Variable cloud and sun, best further west. Visibility very good or excellent.
<b>How Cold? (at 900m)</b>	0C rising to 3 or 4C afternoon. Where exposed to wind, feeling like -5C, to possibly nearer -10C early in day.	0C rising to 3C afternoon. Directly in the wind, feeling as cold as -10C in the morning.
<b>Freezing Level</b>	800-900m from dawn, plus frost in some glens. Rising to 1200-1300m or just above highest tops during afternoon.	900m early morning, patchy slight frost some western glens. Rising to 1200-1300m or just above high tops afternoon.

**Planning Outlook****All mountain areas of Britain from Monday, 20 April, 2026**

A cool northeasterly wind into Monday brings a scattering of showers, but plenty of dry weather too. High pressure stays nearby to the north of Britain through the week ahead giving a run of dry days with sunshine typically best in the west, but many mountains often free of low cloud. A cool easterly wind prevails for England and Wales, strongest toward the south, whilst Scotland has often lighter winds. Some overnight frosts. Daytime temperatures near average, typically a few degrees above freezing on high tops through midweek. Dry, settled conditions are likely to continue into next week.

**Forecast issued at 16:00 on Saturday, 18 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.