

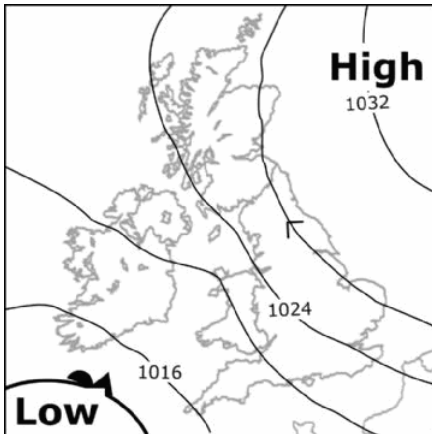
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Thursday, 30 April, 2026



**British Mountain Summary:**  
**Based on forecast chart for noon 30 April, 2026**

Unbroken bright sunshine nearly everywhere - beware of dehydration and sunburn. Windy, particularly morning southern Scotland southwards where upland gales in some areas. SW Wales often cloudy with increasing threat of a shower.

**Headline for West Highlands**  
 Bright sunshine. Locally gusty wind.

## Detailed Forecast for Thursday, 30 April, 2026

<b>How windy? (On the Munros)</b>	Southeasterly 20 to 30mph, strongest and most gusty Arran, Jura and Mull, where sometimes 35 or 40mph in morning.
<b>Effect of wind on you?</b>	<b>Varied but some noticeable gusty spots, more blustery affecting balance on some slopes, particularly on/near the islands.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>No rain</b>
<b>Cloud on the hills?</b>	<b>None expected</b>
<b>Chance of cloud free Munros?</b>	<b>Practically certain</b>
<b>Sunshine? Air clarity (below cloud)</b>	Unbroken sunshine, although some thin high cloud particularly toward west. Excellent or superb visibility.
<b>How Cold? (at 900m)</b>	6C rising to 8 to 11C afternoon (coldest Loch Lomond NP). Feeling near or just below freezing directly in the wind, coldest in the morning.
<b>Freezing Level</b>	Above the summits. Slight frost inland glens at dawn.

## West Highlands - Looking Ahead

	Friday 1 May	Saturday 2 May
<b>How windy? (On the Munros)</b>	Southerly, 15mph or on coastal hills 20-25mph.	(Low confidence in this forecast) Direction varied; widely 10mph or less.
<b>Effect of wind on you?</b>	<b>Fairly small</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Risk bursts of rain</b> Still some uncertainty: Some or most areas remaining dry, but patches of rain - ranging from a short burst to being steady for an hour likely to affect some areas.	<b>Rain becoming more widespread</b> After overnight rain, the morning probably largely dry. Increasingly bursts of rain, in places setting in and there may also be heavy thundery bursts.
<b>Cloud on the hills?</b>	<b>Little if any</b>  Most or all cloud above the mountains, but locally if rain occurs, patches may form at various heights for a few hours.	<b>Probably very extensive.</b>  Particularly toward the coast, cloud may for periods form below 300m. Even well inland in rain, fragments may form upward from forest canopies, although most cloud above 600m, and perhaps clearing to higher tops at times.
<b>Chance of cloud free Munros?</b>	<b>80%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sun mostly weak through a veil of high cloud, which may thicken to cover the sky. Visibility good or very good, some haze likely, particularly toward south.	Occasional sunshine. The air very clear, but visibility poor in rain.
<b>How Cold? (at 900m)</b>	10C coastal hills. Elsewhere rising to a very warm 14C by afternoon.	Between 5C near the coast and 8C, perhaps 10C well inland.
<b>Freezing Level</b>	Above the summits.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Friday, 1 May, 2026**

Less settled this weekend and into next week. Rain will not be extensive, but in some areas persistent for a few hours and some heavy, possibly thundery bursts - although particularly by Sunday local detail is as yet uncertain. Temperature levels will drop from the north, indeed early next week overnight and mornings higher slopes will be below freezing point Scottish Highlands, and further frosts are likely in valleys.

**Forecast issued at 7:35 on Thursday, 30 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.