

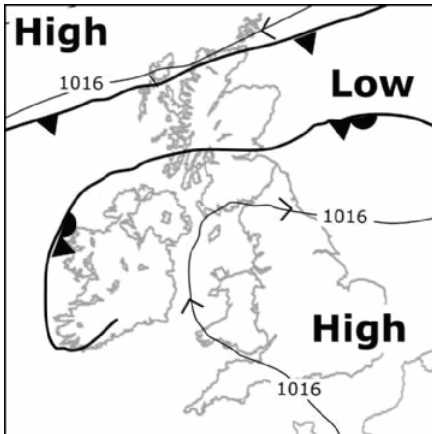
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 2 May, 2026



British Mountain Summary:

Based on forecast chart for noon 2 May, 2026

Very varied weather across the country: wettest in far northern and later eastern Scotland as cold and blustery weather penetrates southwards. Rain will later set in from south across Wales. Otherwise, areas of low cloud and pockets drizzle lifting to give patchy sunshine.

Headline for West Highlands

Colder. Showery rain, mainly afternoon.

Detailed Forecast for Saturday, 2 May, 2026

How windy? (On the Munros)	Direction varied; widely 10mph or less.
Effect of wind on you?	Negligible morning, but from north marked wind chill and and fairly widely uncomfortable walking in gusty winds (including on some lower slopes).
How wet? (Precipitation and its impact)	Rain becoming more widespread Largely dry, although a few patches of showery rain until mid afternoon when in places the rain setting in for an hour or two - there may be heavy, possibly thundery bursts.
Cloud on the hills?	Generally extensive - though may clear most summits for a few hours. Particularly toward the coast, cloud may for periods in morning form below 300m. Generally though, by late morning, most cloud above 900m, with some higher tops clearing. Will deteriorate again in rain, fragments from forest canopies up, and becoming
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Occasional sunshine. The air very clear, but visibility poor where raining.
How Cold? (at 900m)	Between 5C near the coast and 8C, perhaps 10C well inland afternoon.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 3 May	Monday 4 May
How windy? (On the Munros) Effect of wind on you?	Direction varied widely 10mph or less. May be or become north to northeasterly up to 20mph Arran & S Loch Lomond NP. Mostly negligible.	Northwesterly 20mph, perhaps 25mph for a few hours. Fairly small
How wet? (Precipitation and its impact)	Little or no rain Risk of the odd light shower. Low risk of rain approaching Scotland from the south affecting Arran and southern Loch Lomond NP - highest risk afternoon.	Occasional rain Frequently dry; although scattered showers and a trough may bring an hour or so of constant rain. Total rainfall small.
Cloud on the hills? Chance of cloud free Munros?	May persist higher tops Cloud may be extensive on higher slopes morning, but by midday should be above about 1000m, possibly 1200m. In rain later cloud likely to descend onto higher slopes. 60%	Extensive; particularly near the coast Cloud base likely to vary, generally rising through the morning to 650 to 900m, lowest coastal hills. However, near rain, expect cloud to be extensive for a couple of hours above 400 to 600m, temporarily on lowest slopes near the coast. 20%
Sunshine? Air clarity (below cloud)	Little or no sunshine. Excellent or superb visibility - though turning misty in rain.	Bursts of sunshine. Visibility generally good, most haze toward the coast. Temporarily poor in rain.
How Cold? (at 900m) Freezing Level	3C, rising to 5 to possibly 7C inland Lochaber. Just above highest summits. Frost some valleys at first.	2C within a few miles of the coast. Inland, rising by mid afternoon to 3 to on central highlands 6C. 1300m or above.

Planning Outlook**All mountain areas of Britain from Sunday, 3 May, 2026**

Lower than normal temperatures on the mountains most or all next week, particularly across the Scottish highlands where fresh snow in some areas and freezing level sometimes below 750m. Generally though, although the weather mixed, total rainfall will be fairly small and winds often light (at least until toward the weekend). Cloud will frequently be above mountain summits.

Forecast issued at 14:58 on Friday, 1 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.